

1 **Setting up a quantitative SPECT imaging network for a European**
2 **multi-centre dosimetry study of radioiodine treatment for thyroid**
3 **cancer as part of the MEDIRAD project**

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39 **Abstract**

40 **Background:** Differentiated thyroid cancer has been treated with radioiodine for
41 almost 80 years, although controversial questions regarding radiation related risks and
42 the optimisation of treatment regimens remain unresolved. Multi-centre clinical studies
43 are required to ensure recruitment of sufficient patients to achieve the statistical
44 significance required to address these issues. Optimisation and standardisation of
45 data acquisition and processing are necessary to ensure quantitative imaging and
46 patient-specific dosimetry.

47 **Material and methods:** A European network of centres able to perform standardised
48 quantitative imaging of radioiodine therapy of thyroid cancer patients was set-up within
49 the EU consortium MEDIRAD. This network will support a concurrent series of clinical
50 studies to determine accurately absorbed doses for thyroid cancer patients treated
51 with radioiodine. Five SPECT(/CT) systems at four European centres were
52 characterised with respect to their system volume sensitivity, recovery coefficients and
53 dead-time.

54 **Results:** System volume sensitivities of the Siemens Intevo systems (crystal
55 thickness 3/8") ranged from 62.1 to 73.5 cps/MBq. For a GE Discovery 670 (crystal
56 thickness 5/8") a system volume sensitivity of 92.2 cps/MBq was measured. Recovery
57 coefficients measured on three Siemens Intevo systems show good agreement. For
58 volumes larger than 10 ml, the maximum observed difference between recovery
59 coefficients was found to be ± 0.02 . Furthermore, dead-time coefficients measured on
60 two Siemens Intevo systems agreed well with previously published dead-time values.

61 **Conclusions:** Results presented here provide additional support for the proposal to
62 use global calibration parameters for cameras of the same make and model. This

63 could potentially facilitate the extension of the imaging network for further dosimetry-
64 based studies.

65 **Keywords**

66 Multi-Centre Trial, Dosimetry, Radioiodine, Differentiated Thyroid Cancer

67 **Background**

68 Radioiodine ($[^{131}\text{I}]\text{NaI}$) has been used to treat thyroid cancer following partial or total
69 thyroidectomy for nearly 80 years. Nevertheless, treatment regimens remain subject
70 to controversy and administered activities can vary widely, in part due to a lack of
71 evidence regarding potential risks from treatment. A consensus paper (1) developed
72 by experts from the American Thyroid Association (ATA) (2), the European
73 Association of Nuclear Medicine (EANM), the Society of Nuclear Medicine and
74 Molecular Imaging (SNMMI) and the European Thyroid Association (ETA) has
75 established several principles regarding treatment and has highlighted areas in need
76 of investigation. These 'Martinique principles' include the need to determine the
77 optimal prescribed activity of radioiodine for adjuvant treatment and for patients at low
78 risk. Furthermore, they recommend that major gaps in knowledge concerning the
79 optimal use of radioiodine should be addressed by prospective studies.

80 A review by Hackshaw et al. (3) concluded that it is not possible to determine from the
81 literature whether ablation success rates are higher with higher administered activities.
82 Several authors have hypothesised that the ablation success rate is dependent on the
83 absorbed dose delivered to residual thyroid tissue rather than on the activity
84 administered (4-7). A number of studies have shown that a large range of absorbed
85 doses is observed in patients when empirical activities are used (4-12). Previous
86 studies that have investigated the relationship between the absorbed dose to the
87 thyroid remnant and the treatment success rate have not been performed in a multi-
88 centre setting and treatment based on a dosimetry approach has, therefore, not been
89 widely adopted. Multi-centre prospective clinical studies are ultimately necessary to

90 resolve the controversies raised in the consensus paper (1) by the ATA, EANM,
91 SNMMI and ETA.

92 Clinical studies performed in a multi-centre setting enable a wider input into the trial
93 design and data analysis (13). A summary of the physics aspects of setting up a multi-
94 centre clinical trial involving imaging-based dosimetry has been provided in (14). Multi-
95 centre clinical studies involving a dosimetry component must be carefully planned and
96 a consistent approach to quality assurance should be implemented to allow for the
97 collation of results from the individual centres. Image data acquisition and processing
98 can only be standardised to a certain level due to local differences in logistics,
99 available equipment and constraints in ethics approvals and regulations.

100 Quantitative imaging is becoming more widely adopted (15) and will in future be part
101 of many multi-centre clinical studies in nuclear medicine. Guidelines for quantitative
102 imaging of ^{131}I have been provided by the Committee on Medical Internal Radiation
103 Dose (MIRD) in pamphlet 24 (16). The EANM has issued guidelines on internal
104 dosimetry for ^{131}I [mIBG] treatment of neuroendocrine tumours (17).

105 Multi-centre studies with a dosimetry component require the set-up of a network of
106 cameras able to perform quantitative imaging (14). Zimmerman et al. (18) set up a
107 multi-national, multi-centre phantom study to evaluate accuracy and reproducibility of
108 SPECT image quantification with ^{133}Ba as a surrogate for ^{131}I . Wevrett et al (19)
109 assessed the feasibility of using an international inter-comparison exercise for ^{177}Lu
110 as a means to ensure consistency between clinical sites. A study in the Netherlands
111 (20) reported on the variability in ^{177}Lu SPECT quantification between different state-
112 of-the-art SPECT/CT systems. Peters et al. (21) investigated the quantitative accuracy
113 and inter-system variability of various SPECT/CT systems with phantom

114 measurements using ^{99m}Tc in a multi-vendor and multi-centre setting. Dickson et al.
115 (22) proposed a framework for DaTSCAN (^{123}I]FP-CIT) imaging standardisation. An
116 example of a multi-centre clinical trial involving dosimetry for ^{123}I]NaI and ^{131}I]NaI is
117 SEL-I-METRY (23), a phase II clinical trial using quantitative SPECT imaging to
118 investigate the potential of selumetinib to resensitise advanced iodine refractory
119 differentiated thyroid cancer (DTC) to radioiodine. As part of SELIMETRY, a
120 quantitative SPECT imaging network was set up in the United Kingdom (24).

121 MEDIRAD is a European Horizon 2020 funded project investigating the implications
122 of medical low dose radiation exposure (25). The overall objectives of MEDIRAD Work
123 Package 3 (WP3) are to develop and implement the tools necessary to, for the first
124 time in a multi-centre setting, investigate the range of absorbed doses delivered to
125 healthy organs in patients undergoing thyroid ablation and to establish a threshold
126 absorbed dose required for a successful ablation. Absorbed dose estimates to the
127 thyroid remnant will be used to investigate the relationship between the radiation dose
128 to the remnant tissue and treatment success. A sub-task of WP3 is to assess the
129 variation between patient biokinetics, the success of ablation and the occurrence of
130 short to mid-term toxicities. This is a concurrent series of non-randomised, non-
131 blinded, prospective observational studies aiming to recruit 100 patients across four
132 centres (Royal Marsden Hospital, Universitätsklinikum Marburg, Universitätsklinikum
133 Würzburg and Institute Universitaire du Cancer de Toulouse Oncopole). A series of
134 SPECT or SPECT/CT (hereafter referred to as SPECT/(CT)) and whole-body scans
135 is performed following radioiodine therapy from 6 to 168 hours post-administration to
136 perform centralised dosimetry calculations for thyroid remnants, healthy organs and
137 metastases. Whole-body (WB) retention measurements and, for a sub-group of
138 patients, blood samples are collected to enable the calculation of WB and blood

139 absorbed doses. Patients are followed-up at regular clinical visits to assess the
140 success of ablation and discover short to mid-term toxicity.

141 The aim of this work was to develop the required methodologies and perform the
142 gamma camera performance assessments necessary for the set-up of an European
143 imaging network for quantitative [¹³¹I]NaI imaging to support a concurrent series of
144 dosimetry-based clinical studies for radioiodine therapy of thyroid cancer patients. A
145 degree of flexibility was required to enable the set-up of these centres due to
146 differences in local logistics and in the interpretation of radiation protection legislation
147 in the four participating centres located in the three countries. Local radiation
148 protection restrictions prevented the use of large amounts of liquid [¹³¹I]NaI to
149 determine dead-time of the systems.

150 **Methods**

151 **Setting up a network of gamma cameras for quantitative SPECT imaging**

152 The four centres involved in the MEDIRAD study were equipped with a total of 5
153 SPECT(/CT) systems which are summarised in Table 1. All SPECT(/CT) systems
154 were calibrated for quantitative high activity radioiodine imaging by performing pre-
155 study site visits involving measurements to determine system volume sensitivity,
156 recovery coefficients and dead-time characteristics for each SPECT(/CT) system used
157 for the study.

158 The system volume sensitivity characterises the system's response to a uniform
159 concentration of activity. SPECT recovery coefficients, defined as the ratio between
160 the observed activity concentration in tomographic imaging and the true activity
161 concentration (26), were determined to correct for partial volume and resolution effects

162 on the activity concentration measured in the reconstructed SPECT images. Dead-
163 time factors, defined as the ratio between the true count-rate and the observed count-
164 rate of a detector, are used to correct the acquired image counts for counts lost due
165 to detector paralysis when imaging high activities of ^{131}I .

166 Prior to the site set-up measurements, it was ensured that each centre had performed
167 the following routine quality control tests (27) according to local limits; Photopeak
168 position, ^{131}I and/or $^{99\text{m}}\text{Tc}$ intrinsic uniformity, centre of rotation for high-energy
169 collimators used in the study, SPECT/CT system alignment, extrinsic high-energy
170 collimator flood, QC of weighing scales used in these measurements and QC of dose
171 calibrators used in these measurements.

172 Activities used for the phantom measurements were measured with dose calibrators
173 that were traceable to a national standard, had been calibrated using an accredited
174 laboratory for calibration in the respective countries or was calibrated to a local
175 standard (e.g. a calibrated high purity germanium detector).

176 **Whole-body and SPECT acquisition and reconstruction protocols**

177 Standardised SPECT acquisition and reconstruction protocols were used on all
178 systems involved in the study for the site set-up measurements and all patient
179 measurements. Triple-energy scatter correction was used on all systems. CT
180 attenuation correction was performed using the local standard low-dose CT protocol.
181 As no hybrid SPECT/CT system was available for one centre, the Chang attenuation
182 correction (28) was applied for this centre. ^{131}I acquisition and reconstruction
183 parameters are summarised in Table 2 and Table 3. All SPECT/CT reconstructions
184 included resolution recovery.

185 **System volume sensitivity measurement**

186 A cylindrical or body shaped phantom with a volume greater than 6 litres was used for
 187 all system volume sensitivity measurements based on local availability of phantoms.
 188 The volume of each phantom was accurately determined by measuring the weight of
 189 water needed to completely fill the phantom. 40 ± 2 MBq of liquid [^{131}I]NaI, 1 gram of
 190 potassium iodine and 1 gram of sodium thiosulphate were added to the phantom. The
 191 activity of 40 MBq was chosen to minimise the influence of dead-time of the SPECT
 192 systems on the measurements. The activity was measured accurately using a
 193 radionuclide calibrator. An acquisition of 100 kilo counts (kcounts) per SPECT
 194 projection was performed using the parameters in Table 2 and the image was
 195 reconstructed locally at each centre using the SPECT reconstruction parameters listed
 196 in Table 3.

197 The system volume sensitivity Q_{vol} in counts-per-second per MBq (cps/MBq) was
 198 obtained from placing a 15 cm diameter volume-of-interest (VOI) in the centre of the
 199 reconstructed SPECT image of the phantom and was defined as:

$$200 \quad Q_{vol} = \frac{C_{VOI}}{a_{conc}^{mid} \cdot V_{VOI} \cdot \frac{\#P}{2} \cdot P_{time}} \quad (1)$$

201 where C_{VOI} is the number of counts in the 15 cm VOI, a_{conc}^{mid} is the activity concentration
 202 in the phantom decay corrected to the mid-point of the scan in MBq/ml, V_{VOI} is the
 203 volume of the 15 cm VOI in ml, $\#P$ is the number of projections and P_{time} is the time
 204 per projection in seconds. The division of $\#P$ by a factor of 2 originates from the 2
 205 detectors that were available for all SPECT(/CT) systems.

206 Uncertainty analysis was performed following recent EANM guidance (29).

207 Uncertainty in Q_{vol} , $u(Q_{vol})$, was estimated as:

208
$$\frac{u(Q_{vol})}{Q_{vol}} = \frac{u(a_{conc}^{mid})}{a_{conc}^{mid}} \quad (2).$$

209 $C_{VOI}, V_{VOI}, \#P, P_{time}$ were assumed to have no associated measurement uncertainty.

210 Uncertainty of a_{conc}^{mid} , $u(a_{conc}^{mid})$, was calculated as:

211
$$\left(\frac{u(a_{conc}^{mid})}{a_{conc}^{mid}}\right)^2 = \left(\frac{u(A_{mid})}{A_{mid}}\right)^2 + \left(\frac{u(V_{phantom})}{V_{phantom}}\right)^2 \quad (3)$$

212 where A_{mid} is the activity in MBq measured on the dose calibrator decay corrected to
 213 the mid-point of the scan and $u(A_{mid})$ is the uncertainty in the dose calibrator
 214 measurement. $u(A_{mid})$ was taken to be the measurement uncertainty provided on the
 215 calibration certificates for the respective calibrators or was assumed to be $\pm 5\%$ where
 216 the measurement uncertainty was unknown. This is the acceptable calibration
 217 tolerance for field instruments in the UK (30). $V_{phantom}$ is the phantom volume in ml.
 218 The uncertainty in the phantom volume $u(V_{phantom})$ was estimated to be ± 5 ml due to
 219 the potential for small air bubbles in the filled phantom.

220 **SPECT recovery coefficient determination**

221 A cylindrical IEC head phantom (inner diameter 19.7 cm, inner height 18.3 cm) was
 222 used for the recovery coefficient measurements. A custom designed lid with six 3D
 223 printed sphere inserts was used with internal diameters of 1.0, 1.7, 2.8, 3.7, 5.0 and
 224 6.5 cm (Figure 1). Internal volumes of all spheres were obtained by measuring the
 225 weight difference of empty and filled spheres. The spheres were filled with a solution
 226 of water, [^{131}I]NaI, potassium iodine and sodium thiosulphate. The ^{131}I activity
 227 concentration in the spheres was specified to lie in the range of 0.5 – 0.6 MBq/ml at
 228 the time of acquisition. This is the expected maximum activity concentration in salivary
 229 glands estimated from published maximum uptake values by Liu et al. (31). MEDIRAD

230 is investigating the implications of medical low dose radiation exposure and the
 231 salivary glands are one of the organs-at-risk of particular interest in radioiodine
 232 therapy. The background compartment of the phantom was filled with water only.
 233 SPECT acquisitions of the phantom with 60 seconds per view and the parameters
 234 detailed in Table 2 were performed and reconstructed locally using the reconstruction
 235 parameters in Table 3.

236 Spherical VOIs matching the nominal dimensions of the spheres were drawn on the
 237 CT. After interpolation of VOIs from CT to SPECT matrix size, the VOIs were copied
 238 to the reconstructed SPECT image. For the centre with no access to a hybrid
 239 SPECT/CT system, those VOIs were drawn on the reconstructed SPECT image.
 240 Recovery coefficients R_c^{sphere} for each sphere were calculated as:

$$241 \quad R_c^{sphere} = \frac{C_{sphere}}{a_{conc}^{mid} \cdot V_{sphere} \cdot \frac{\#P}{2} \cdot P_{time}} \cdot \frac{1}{Q_{vol}} \quad (4)$$

242 Here, C_{sphere} is the number of counts in a sphere, a_{conc}^{mid} is the activity concentration in
 243 the same sphere decay-corrected to the mid-point of the scan in MBq/ml, V_{sphere} is the
 244 volume of the sphere in ml, $\#P$ is the number of projections and P_{time} is the time per
 245 projection in seconds. Q_{vol} is the system volume sensitivity of the respective system.
 246 The division of $\#P$ by a factor of 2 originates from the 2 detectors that were available
 247 for all SPECT(/CT) systems.

248 Recovery coefficients for each sphere R_c^{sphere} were plotted against sphere volume
 249 V_{sphere} and a recovery curve fitted using gnuplot version 5.2.7. The fitted recovery
 250 curve was defined as:

$$251 \quad R_c(V) = R_{plateau} - \frac{R_{plateau}}{1 + \left(\frac{V}{\beta}\right)^{\gamma}} \quad (5)$$

252 With V the volume in ml, and β, γ and $R_{plateau}$ fit parameters. Parameter error
 253 estimates were obtained from gnuplot version 5.2.7 as the asymptotic standard errors.

254 To compare the recovery curves of different systems, the maximum observed absolute
 255 difference in the fitted recovery factor ΔR_c^{max} for a given volume was calculated as:

$$256 \quad \Delta R_c^{max} = \text{Max}(|R_c(V, \text{System 1}) - R_c(V, \text{System 2})|) \quad (6)$$

257 With $R_c(V, \text{System 1})$ and $R_c(V, \text{System 2})$ the recovery factor of the two systems to be
 258 compared for a given volume V .

259 **Dead-time characterisation**

260 Dead-time measurements were performed using a 3,700 MBq ^{131}I capsule placed in
 261 a cylindrical scatter phantom made from polymethyl methacrylate (PMMA) developed
 262 at the Royal Marsden Hospital (Sutton, UK). The phantom had a diameter of 13 cm
 263 and a height of 13 cm to represent a typical neck size, with a 2.5 cm diameter hole in
 264 the middle extending from the top of the phantom to the centre for inserting the ^{131}I
 265 capsule.

266 A series of static planar scans was acquired while the capsule was decaying.
 267 Measurements were performed approximately every second day until the capsule had
 268 decayed to 1 GBq and thereafter measurements were performed every 3-4 days. Each
 269 acquisition encompassed a static planar scan of 100 kcounts for each detector head
 270 with the capsule in the centre of the scatter phantom. Acquisition times per detector
 271 head were extracted from the DICOM headers to calculate the observed count-rate.
 272 The phantom was placed on the patient bed at approximately 10 cm from the detector
 273 surface. Additionally, 10-minute background acquisitions were performed with no
 274 source in place to correct for background activity.

275 Measurements with capsule activities below 100 MBq were assumed to be unaffected
 276 by dead-time and were used to determine the relationship between true count-rate
 277 \dot{C}_{true} and source activity level from a linear fit of background corrected count-rates
 278 versus source activities.

279 Dead-time correction factors for each measurement were determined as:

$$280 \quad DF(\dot{C}_{true}) = \frac{\dot{C}_{true}}{\dot{C}_{observed}} \quad (7)$$

281 Where $\dot{C}_{observed}$ is the background-corrected measured count-rate of the detector
 282 head at each source activity level.

283 Dead-time τ was obtained from a fit using gnuplot version 5.2.7 of a non-paralysable
 284 detector model:

$$285 \quad DF(\dot{C}_{true}) = \frac{1}{(1 - \tau \cdot \dot{C}_{observed})} \quad (8)$$

286 Parameter error estimates were obtained from gnuplot version 5.2.7 as the asymptotic
 287 standard errors.

288 On two systems, Intevo 1 and Intevo 2, the methodology used here was validated
 289 against the dead-time measurement methodology presented by Gregory et al. (24).
 290 The authors determined dead-time by incrementally adding ^{131}I to a Jaszczak phantom
 291 and performing 100 kcounts static images for each activity level.

292 No dead-time measurements were performed on the GE Discovery 670 as at the
 293 respective centre imaging will only be performed at imaging time points later than 48
 294 hours after the radioiodine administration. It is assumed that the activity level at such
 295 late imaging time points is low enough to ignore dead-time effects.

296 **Results**

297 **System volume sensitivity**

298 The system volume sensitivity values for the five systems are presented in Table 4.
299 The system volume sensitivity value of the SPECT-only Siemens Symbia S was
300 obtained using the Chang attenuation correction. System volume sensitivity of the
301 Intevo Bold system was found to be approximately 18% higher compared to the two
302 Intevo systems.

303 **SPECT recovery coefficient**

304 The recovery coefficients of the five systems are shown in Figure 2 together with the
305 respective fits using Eq. (5) in gnuplot version 5.2.7. A good agreement is observed
306 between measured recovery coefficients and fits. The obtained fit parameters are
307 summarised in Table 5.

308 The recovery curves for the Intevo Bold, Intevo 1 and Intevo 2 are similar while the
309 recovery curve of the Symbia S is lower. The maximum observed absolute differences
310 in the recovery curves, ΔR_c^{max} , for Intevo 1 and Intevo 2 were found to be 0.022 for a
311 volume of 12 ml. For volumes larger than 10 ml, the two systems Intevo 1 and Intevo
312 Bold have a similar ΔR_c^{max} of 0.018, indicating a good agreement between the curves.
313 Nevertheless, for volumes smaller 10 ml, the recovery curves of Intevo 1 and Intevo
314 Bold vary by up to an ΔR_c^{max} of 0.103. Results for the Discovery 670 show that the
315 recovery curve is lower than that of Intevo Bold and Intevo 1/2.

316 **Dead-time factor**

317 In Figure 3, dead-time factors for the four systems that were used for high-activity ¹³¹I
318 imaging in MEDIRAD are plotted against the true count-rate of the system. The

319 maximum activity imaged of approximately 3700 MBq resulted in true count-rates of
320 115 ± 10 kilo counts-per-second (kcps) on the four systems. An activity of 1,000 MBq
321 in the field-of-view (FOV) was associated with true count-rates of 30 ± 3 kcps.

322 Figure 4 shows the comparison between dead-time factors obtained using the method
323 proposed by Gregory et al. (24), which involves a series of acquisitions with increasing
324 activity in a large volume uniform phantom, and the method used in the present study.
325 An overall good agreement is found between the two methodologies on both systems
326 assessed. The maximum absolute difference in dead-time factors at true count-rates
327 of up to approximately 65 kcps, corresponding to an activity of approximately 2700
328 MBq, was found to be ± 0.02 . A fit of Eq. (8) to the dead time data of Intevo 1 measured
329 using the methodology proposed here and the methodology used by Gregory et al.
330 (24) resulted in dead times of 1.3 ± 0.1 and 1.5 ± 0.1 μs , respectively. For Intevo 2,
331 dead times of 1.5 ± 0.1 and 1.4 ± 0.1 μs were obtained using the two methodologies,
332 respectively.

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340 **Discussion**

341 The set-up of a quantitative imaging network, particularly involving centres in several
342 countries, requires a certain degree of flexibility. The results presented here are for
343 the set-up of the first European quantitative imaging network for radioiodine.
344 Methodologies to set up a multi-national quantitative imaging network for radioiodine,
345 which includes the assessment of system volume sensitivity, dead time, and recovery
346 coefficients were in part defined by restrictions based on the local interpretation of
347 radiation protection laws in different countries, which for example prevented the use
348 of large quantities of liquid radioiodine.

349 Due to the relatively low patient numbers in each centre, large imaging networks are
350 required for any multi-centre clinical study aiming to recruit large numbers of patients
351 in molecular radiotherapy. Results obtained here and by Gregory et al. (24) have
352 provided evidence that dead-time factors are similar on gamma cameras from the
353 same make and model. Similarly, if reconstruction protocols are standardised across
354 the centres involved in a multi-centre study, recovery curves appear to be similar
355 enough for matched makes and models to warrant the use of global, model-specific
356 calibration factors as proposed by Gregory et al. (24).

357 In the present study, recovery curves were found to be similar for all three included
358 Siemens SPECT/CT systems. The recovery curve of the SPECT only system is lower,
359 potentially due to the use of Chang's attenuation correction instead of CT attenuation
360 correction. Differences between recovery curves of Siemens and GE systems
361 assessed here are likely due to differences in the used high energy collimators by the
362 two manufacturers (for comparison of septal thickness and hole length see Ref. (24)),
363 the crystal thickness of systems (3/8" vs 5/8") and the method of resolution recovery

364 used in the manufacturer's reconstruction software. The thicker crystal of the GE
365 system is expected to result in a worse intrinsic resolution (32).

366 The observed difference in system volume sensitivity between the Intevo Bold and
367 Intevo systems is a surprising result. Calculations, acquisition and reconstruction
368 parameters were validated independently by two medical physicists. One possible
369 explanation would be a difference in the software versions on the cameras and
370 discussions with the manufacturer are ongoing. Further measurements on additional
371 systems will be required to investigate this difference.

372 Using global calibration factors when using standardised acquisition and
373 reconstruction parameters could potentially allow for a reduction in the site set-up
374 measurements required before a centre can participate in a multi-centre clinical study.
375 Acquisition and reconstruction methods are currently not standardised across centres
376 and other studies involving molecular radiotherapy. Global calibration factors for
377 system volume sensitivity and recovery coefficients could be determined if acquisition
378 and reconstruction protocols would be standardised for new studies.

379 When using global calibration factors, validation measurements or dosimetry audits as
380 required for external beam radiotherapy trials (33) will become more important. Those
381 measurements range from simple sensitivity measurements to semi- or full-
382 anthropomorphic phantoms (34-36) or testing of the full dosimetry chain (24). In the
383 present study, reconstructions are performed locally at the participating centres, which
384 reduces the impact on the central dosimetry hub, but might increase site-dependent
385 biases.

386 Dead-time factors measured using the methodology presented here and the one
387 employed by Gregory et al. (24) showed good agreement within the associated

388 uncertainties, which allows for further flexibility in future clinical studies. The
389 methodology of Gregory et al. (24) allows for all dead-time measurements to be
390 performed on a single day while the decaying source technique with a capsule of
391 radioiodine requires measurements to be performed over several months.
392 Nevertheless, the methodology proposed by Gregory et al. potentially leads to higher
393 staff doses due to increased handling times of the phantom in the process of adding
394 activity to the phantom in a step-by-step process. As multi-centre studies become
395 more prevalent and involve centres in more countries, flexible approaches to these
396 measurements might be required.

397 A limitation of the study is the small number of SPECT(/CT) systems included in the
398 performance assessment. Two Siemens Intevo and one Siemens Intevo Bold
399 SPECT/CT could be directly compared.

400 **Conclusions**

401 The first European quantitative imaging network for high-activity radioiodine has been
402 set-up. The imaging network will determine, for the first time in a multi-centre setting,
403 the range of absorbed doses delivered to healthy organs in patients undergoing thyroid
404 ablation and aims to determine the threshold absorbed dose required for a successful
405 ablation. Results presented here for two Siemens Intevo and one Siemens Intevo Bold
406 provide additional support for the proposal to use global calibration parameters for
407 cameras of the same make and model. In time we hope to find that this could simplify
408 the extension of the imaging network to other centres. There is an urgent need to
409 standardise the acquisition and reconstruction parameters for studies involving
410 dosimetry in molecular radiotherapy.

411 List of abbreviations

- 412 American Thyroid Association - ATA
- 413 European Association of Nuclear Medicine - EANM
- 414 Society of Nuclear Medicine and Molecular Imaging - SNMMI
- 415 European Thyroid Association - ETA
- 416 differentiated thyroid cancer - DTC
- 417 MEDIRAD Work Package 3 - WP3
- 418 Whole-body – WB
- 419 Attenuation correction - AC
- 420 Triple-Energy Window - TEW
- 421 kilo counts - kcounts
- 422 volume-of-interest - VOI
- 423 counts-per-second per MBq - cps/MBq
- 424 polymethyl methacrylate – PMMA
- 425 kilo count per second – kcps
- 426 field-of-view – FOV
- 427 High Energy - HE
- 428
- 429

430 **Declarations**

431 Ethics approval and consent to participate: No ethics approval or consent was required
432 for this study as no human participants were involved.

433 Consent for publication: Not applicable.

434 Availability of data and material: Data can be provided upon a reasonable request to
435 the corresponding author.

436 Competing interests: ML has received research funding from IPSEN. MB consults for
437 IPSEN, MEDPACE and Theragnostics.

438 Funding: NHS funding was provided to the NIHR Biomedical Research Centre at The
439 Royal Marsden and the ICR. The MEDIRAD project has received funding from the
440 Euratom research and training programme 2014-2018 under grant agreement No
441 755523. The RTTQA group is funded by the National Institute for Health Research
442 (NIHR). We acknowledge infrastructure support from the NIHR Royal Marsden Clinical
443 Research Facility Funding. This report is independent research funded by the National
444 Institute for Health Research (NIHR). The views expressed in this publication are those
445 of the author(s) and not necessarily those of the NHS, the NIHR or the Department of
446 Health and Social Care.

447 Authors' contributions: All authors helped with the development of the site set-up
448 protocols, JT and FL attended each centre to assist with the calibration
449 measurements, UE, ML, SS, TS, JT-G and DV performed or assisted with the site set-
450 up measurements at their individual hospitals, JT and FL performed the data analysis,
451 JT and GF prepared the manuscript. All authors read the final manuscript and
452 approved its publication.

453 Acknowledgements: We would like to thank the teams at the Royal Marsden Hospital,
454 Universitätsklinikum Marburg, Universitätsklinikum Würzburg and Institute
455 Universitaire du Cancer de Toulouse Oncopole for their support in performing the site
456 set-up measurements for the MEDIRAD study. Collaborating authors from the
457 MEDIRAD WP3 Investigator Team: Andreas Buck, Naomi Clayton, Frédéric Courbon,
458 Constantin Lapa, Markus Luster, Erick Mora-Ramirez, Kate Newbold, Sarah
459 Schumann, Frederik Verburg, Lavinia Vija and Slimane Zerdoud.

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592 **Tables and table captions**593 **Table 1: Summary of the imaging systems used for the MEDIRAD clinical study.**

System	Centre	Crystal thickness	Reconstruction software*	Attenuation correction**
Siemens Symbia S	Centre A	3/8"	Flash 3D	Chang
Siemens Intevo (1)	Centre B	3/8"	Flash 3D	CT
Siemens Intevo (2)	Centre B	3/8"	Flash 3D	CT
Siemens Intevo Bold	Centre C	3/8"	Flash 3D	CT
GE Discovery 670	Centre D	5/8"	Volumetrix MI	CT

* Vendor-specific reconstruction software/algorithm

** Attenuation correction method used for present study.

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600 **Table 2: Acquisition parameters used for ^{131}I imaging as part of the MEDIRAD WP3 study.**

Parameter	^{131}I acquisition protocol
Collimator	High Energy (HE)
Photopeak energy window	364 keV \pm 10%
Lower scatter energy window	318 keV \pm 3%
Higher scatter energy window	413 keV \pm 3%
WB planar Acquisition mode	Continuous movement at 20 cm/min
SPECT(/CT) Matrix	128 x 128
SPECT movement	Body contour
Projections	2 x 30 (6° projection)
Time per projection	Adjusted based on measured count-rate for patient acquisition
CT	Standard low-dose protocol

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603 **Table 3: SPECT (/CT) reconstruction parameters used for ^{131}I imaging as part of the MEDIRAD WP3 study.**

Parameter	^{131}I reconstruction protocol
Reconstruction	OSEM (4 iterations, 10 subsets)
Attenuation correction (AC)	CTAC (one site: Chang with 0.11 cm^{-1} @ 364 keV)
Scatter correction	Triple-Energy Window (TEW)
Post-reconstruction filtering	None

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605 Table 4: System volume sensitivity values for the five systems used in the MEDIRAD WP3 study.

System	System volume sensitivity [cps/MBq]
Siemens Intevo (1)	63.0 ± 1.9
Siemens Intevo (2)	62.1 ± 1.9
Siemens Intevo Bold	73.5 ± 3.7
Siemens Symbia S*	55.6 ± 3.0
GE Discovery 670	92.2 ± 2.8

* = Chang's attenuation correction

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607 Table 5: Fit parameters for the recovery curve fitted using Eq. (5).

System	Recovery curve fit parameters		
	$R_{plateau}$	β	γ
Siemens Intevo (1)	0.74 ± 0.03	5.42 ± 0.77	0.82 ± 0.07
Siemens Intevo (2)	0.73 ± 0.02	4.75 ± 0.37	0.88 ± 0.04
Siemens Intevo Bold	0.72 ± 0.02	6.34 ± 0.48	1.15 ± 0.10
Siemens Symbia S	0.52 ± 0.05	11.95 ± 3.43	1.02 ± 0.23
GE Discovery 670	0.60 ± 0.03	10.75 ± 1.45	0.91 ± 0.07

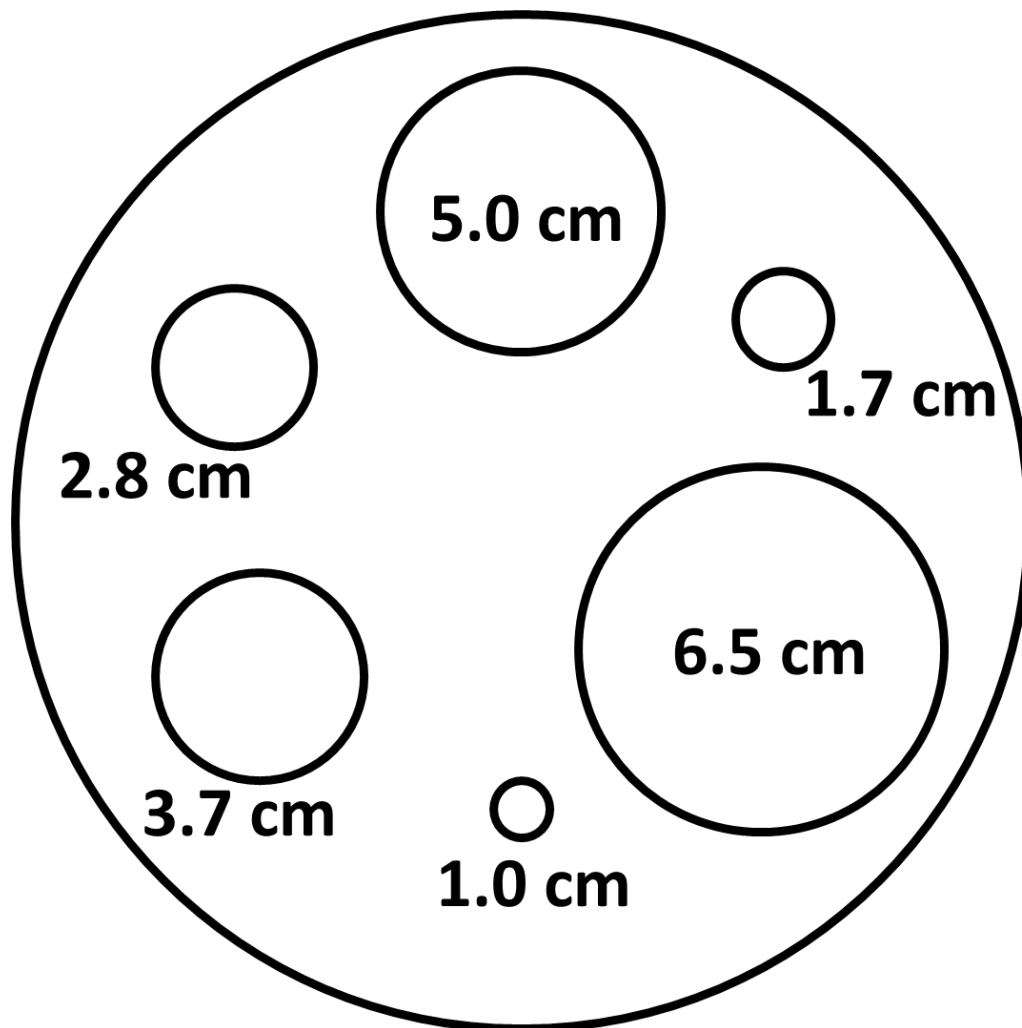
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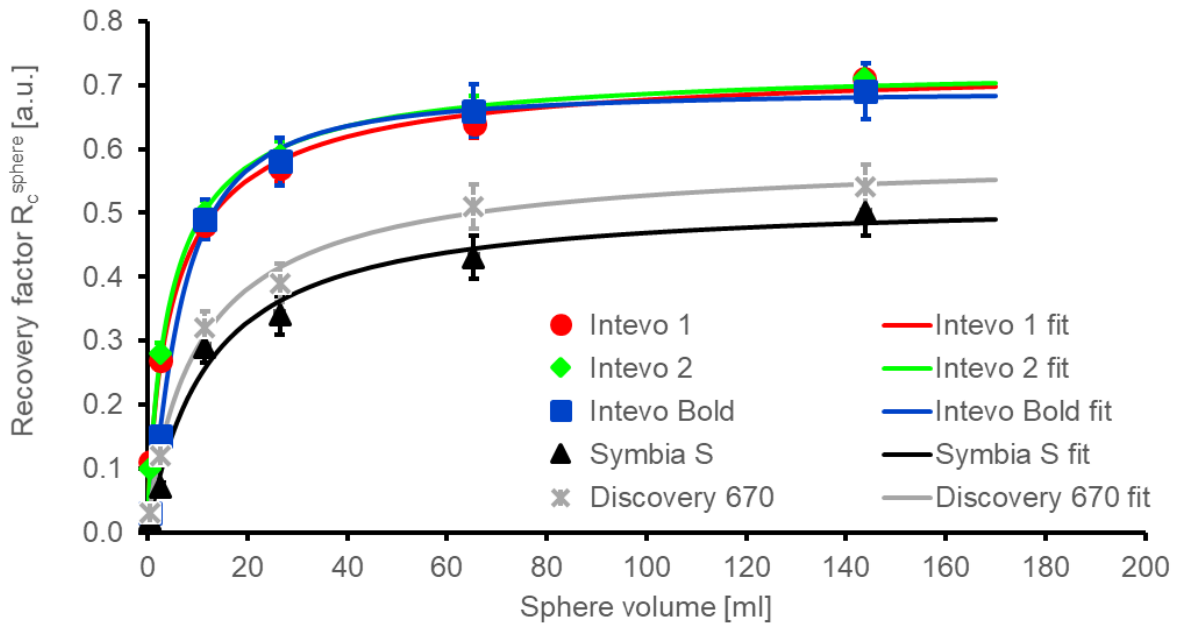
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613 **Figures**

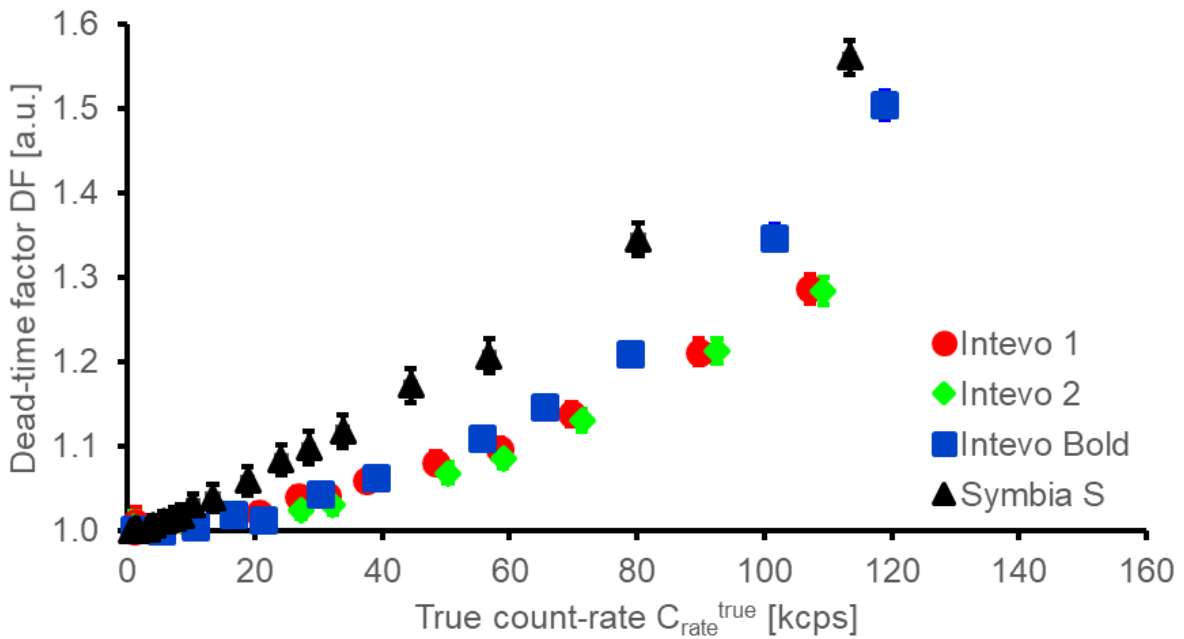
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615 Figure 1: Schematic representation of the placement of the six spheres used for the
616 recovery coefficient determination in a cylindrical IEC head phantom.



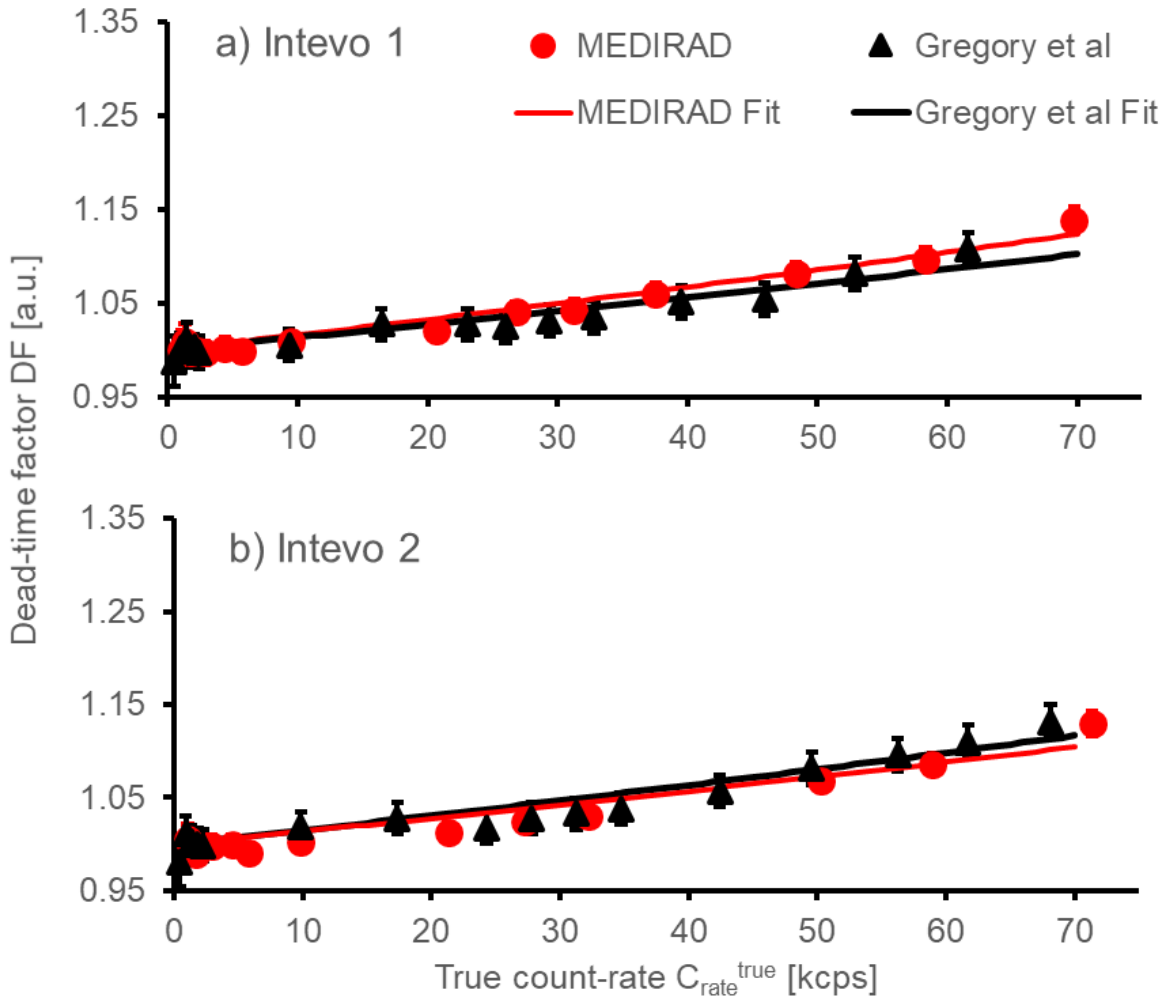
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618 Figure 2: Measured recovery coefficients (in arbitrary units – a.u.) for the five
 619 systems assessed here and the respective fits using Eq. (5).



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621 Figure 3: Dead-time factor (in arbitrary units – a.u.) of the four Siemens systems
 622 used for the clinical part of the MEDIRAD study shown as a function of true count-
 623 rate of the system.



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625 Figure 4: Comparison of the dead-time factors (in arbitrary units – a.u.) measured
 626 using the methodology by Gregory et al. (24) and the MEDIRAD methodology. The
 627 corresponding fits using a non-paralysable detector model (Eq. (8)) are shown as red
 628 and black lines, respectively.