**Supplementary tables**

**Supplementary table S1**

Mean normal tissue doses (Gy) using VBH technique for ‘learning curve’ patients and those treated subsequently (‘non-learning curve’) with 95% confidence intervals in brackets, *p*-values calculated using one-way ANOVA.

<table>
<thead>
<tr>
<th></th>
<th>Learning curve</th>
<th>Non-learning curve</th>
<th><em>p</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart</td>
<td>1.04 (0.95-1.13)</td>
<td>1.04 (0.93-1.16)</td>
<td>0.97</td>
</tr>
<tr>
<td>LAD</td>
<td>6.0 (4.6-7.4)</td>
<td>4.7 (3.8-5.5)</td>
<td>0.10</td>
</tr>
<tr>
<td>LAD(_{\text{max}})</td>
<td>27.4 (23.1-31.8)</td>
<td>20.9 (16.4-25.5)</td>
<td>0.04</td>
</tr>
<tr>
<td>Ipsilateral lung</td>
<td>4.1 (3.8-4.4)</td>
<td>3.8 (3.4-4.1)</td>
<td>0.13</td>
</tr>
<tr>
<td>Whole lung</td>
<td>2.1 (1.9-2.2)</td>
<td>1.9 (1.7-2.1)</td>
<td>0.18</td>
</tr>
</tbody>
</table>
**Supplementary table S2**

Population mean displacement (M), systematic (Σ) and random (σ) translational (mm) errors using VBH technique for ‘learning curve’ patients and those treated subsequently (‘non-learning curve’), measured by electronic portal imaging (EPI) and in the (u,v)-plane.

<table>
<thead>
<tr>
<th></th>
<th>Right anterior oblique beam (RAO)</th>
<th>Left posterior oblique beam (LPO)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Learning curve</td>
<td>Non-learning curve</td>
</tr>
<tr>
<td><strong>u-plane</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>0.7</td>
<td>0.2</td>
</tr>
<tr>
<td>Σ</td>
<td>1.7</td>
<td>2.0</td>
</tr>
<tr>
<td>σ</td>
<td>1.8</td>
<td>2.0</td>
</tr>
<tr>
<td><strong>v-plane</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>0.7</td>
<td>-0.1</td>
</tr>
<tr>
<td>Σ</td>
<td>1.6</td>
<td>0.8</td>
</tr>
<tr>
<td>σ</td>
<td>1.9</td>
<td>1.4</td>
</tr>
</tbody>
</table>
Supplementary table S3

Median of mean radiotherapy CT-planning scan and treatment times using VBH technique for ‘learning curve’ patients and those treated subsequently (‘non-learning curve’) with mean ranges in brackets, \( p \)-values calculated using one-way ANOVA.

<table>
<thead>
<tr>
<th></th>
<th>Learning curve</th>
<th>Non-learning curve</th>
<th>( p )</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CT-Planning</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Setup</td>
<td>14 (5-32)</td>
<td>12 (2-30)</td>
<td>0.64</td>
</tr>
<tr>
<td>Scan</td>
<td>4 (0-12)</td>
<td>3 (2-27)</td>
<td>0.11</td>
</tr>
<tr>
<td>Dismount</td>
<td>5 (1-15)</td>
<td>4 (1-10)</td>
<td>0.27</td>
</tr>
<tr>
<td>Total session</td>
<td>21 (9-42)</td>
<td>21 (6-50)</td>
<td>0.98</td>
</tr>
<tr>
<td><strong>Treatment</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Setup</td>
<td>12 (6-19)</td>
<td>11 (6-19)</td>
<td>0.08</td>
</tr>
<tr>
<td>Delivery</td>
<td>7 (3-17)</td>
<td>8 (4-20)</td>
<td>0.07</td>
</tr>
<tr>
<td>Leaving treatment</td>
<td>2 (1-6)</td>
<td>2 (1-6)</td>
<td>0.27</td>
</tr>
<tr>
<td>Total session</td>
<td>22 (13-34)</td>
<td>22 (14-32)</td>
<td>0.49</td>
</tr>
</tbody>
</table>
### Supplementary table S4

Mean normal tissue doses (Gy) for free-breathing and VBH techniques (95% confidence intervals in brackets), grouped by participating centre.

<table>
<thead>
<tr>
<th>Centre 1 (n=7) *</th>
<th>Centre 2 (n=20)</th>
<th>Centre 3 (n=12)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1.7 (1.5-2.0)</td>
<td>1.4 (1.3-1.6)</td>
<td>1.5 (1.3-1.6)</td>
</tr>
<tr>
<td>% change</td>
<td>-18</td>
<td>-40</td>
</tr>
<tr>
<td>LAD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9.4 (3.4-15.4)</td>
<td>5.4 (2.8-8.0)</td>
<td>10.2 (7.3-13.2)</td>
</tr>
<tr>
<td>% change</td>
<td>-43</td>
<td>-69</td>
</tr>
<tr>
<td>LAD&lt;sub&gt;max&lt;/sub&gt;</td>
<td>36.5 (28.4-44.5)</td>
<td>31.0 (12.6-64.9)</td>
</tr>
<tr>
<td>% change</td>
<td>-15</td>
<td>-73</td>
</tr>
<tr>
<td>Ips. lung</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.1 (1.8-4.4)</td>
<td>3.1 (1.9-4.2)</td>
<td>3.1 (2.6-3.7)</td>
</tr>
<tr>
<td>% change</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Wh. lung</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1.8 (1.5-2.1)</td>
<td>1.8 (1.5-2.0)</td>
<td>1.6 (1.3-1.7)</td>
</tr>
<tr>
<td>% change</td>
<td>0</td>
<td>-1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Centre 4 (n=5)</th>
<th>Centre 5 (n=12)</th>
<th>Centre 6 (n=9)</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1.9 (1.6-2.2)</td>
<td>1.1 (0.5-1.7)</td>
<td>2.6 (2.2-3.1)</td>
</tr>
<tr>
<td>% change</td>
<td>-42</td>
<td>-42</td>
</tr>
<tr>
<td>LAD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12.6 (8.6-16.5)</td>
<td>6.7 (0-13.8)</td>
<td>12.1 (9.2-15.1)</td>
</tr>
<tr>
<td>% change</td>
<td>-47</td>
<td>-53</td>
</tr>
<tr>
<td>LAD&lt;sub&gt;max&lt;/sub&gt;</td>
<td>41.4 (40.4-41.9)</td>
<td>30.2 (10.0-50.4)</td>
</tr>
<tr>
<td>% change</td>
<td>-27</td>
<td>-25</td>
</tr>
<tr>
<td>Ips. lung</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.1 (2.3-5.8)</td>
<td>4.0 (3.3-4.7)</td>
<td>4.7 (3.8-5.5)</td>
</tr>
<tr>
<td>% change</td>
<td>-2</td>
<td>-2</td>
</tr>
<tr>
<td>Wh. lung</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1.8 (1.0-2.6)</td>
<td>1.9 (1.5-2.2)</td>
<td>2.3 (1.9-2.7)</td>
</tr>
<tr>
<td>% change</td>
<td>+6</td>
<td>+4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Centre 7 (n=9)</th>
<th>Centre 8 (n=10)</th>
<th>Centre 9 (n=2)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1.2 (0.8-1.6)</td>
<td>0.8 (0.6-1.1)</td>
<td>1.7 (1.4-2.0)</td>
</tr>
<tr>
<td>% change</td>
<td>-33</td>
<td>-41</td>
</tr>
<tr>
<td>LAD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12.1 (7.6-16.6)</td>
<td>7.3 (3.6-11.0)</td>
<td>14.1 (10.0-18.2)</td>
</tr>
<tr>
<td>% change</td>
<td>-40</td>
<td>-53</td>
</tr>
<tr>
<td>LAD&lt;sub&gt;max&lt;/sub&gt;</td>
<td>38.4 (34.8-41.9)</td>
<td>29.8 (18.4-41.2)</td>
</tr>
<tr>
<td>% change</td>
<td>-22</td>
<td>-13</td>
</tr>
<tr>
<td>Ips. lung</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.3 (3.7-0.0)</td>
<td>4.3 (3.7-4.8)</td>
<td>4.5 (3.6-5.4)</td>
</tr>
<tr>
<td>% change</td>
<td>0</td>
<td>-7</td>
</tr>
<tr>
<td>Wh. lung</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.1 (1.7-2.4)</td>
<td>2.1 (1.8-2.3)</td>
<td>2.1 (1.7-2.5)</td>
</tr>
<tr>
<td>% change</td>
<td>0</td>
<td>-5</td>
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<table>
<thead>
<tr>
<th>Centre 10 (n=5)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td>Heart</td>
</tr>
<tr>
<td>1.6 (1.3-1.9)</td>
</tr>
<tr>
<td>% change</td>
</tr>
<tr>
<td>0.9 (0.7-1.1)</td>
</tr>
<tr>
<td>-44</td>
</tr>
<tr>
<td>LAD</td>
</tr>
<tr>
<td>12.2 (6.6-17.8)</td>
</tr>
<tr>
<td>% change</td>
</tr>
<tr>
<td>3.6 (2.3-5.0)</td>
</tr>
<tr>
<td>-70</td>
</tr>
<tr>
<td>LAD&lt;sub&gt;max&lt;/sub&gt;</td>
</tr>
<tr>
<td>% change</td>
</tr>
<tr>
<td>18.8 (6.6-31.1)</td>
</tr>
<tr>
<td>-47</td>
</tr>
<tr>
<td>Ips. lung</td>
</tr>
<tr>
<td>3.9 (2.6-5.2)</td>
</tr>
<tr>
<td>% change</td>
</tr>
<tr>
<td>4.5 (3.0-6.0)</td>
</tr>
<tr>
<td>+15</td>
</tr>
<tr>
<td>Wh. lung</td>
</tr>
<tr>
<td>1.9 (1.3-2.5)</td>
</tr>
<tr>
<td>% change</td>
</tr>
<tr>
<td>2.2 (1.5-2.9)</td>
</tr>
<tr>
<td>+16</td>
</tr>
</tbody>
</table>
*The lower relative reduction in mean heart dose seen in Centre 1 may be due to a smaller data set from this centre and the fact that in 2/7 patients mean heart dose was the same for both free-breathing and VBH treatment plans. These two patients were identified as keen yoga participants, a relaxation technique in which abdominal breathing methods are taught. It appears that this breathing method reduces the effectiveness of breath-hold at sparing heart tissue, although experience at our centre suggests that such patients may be retrained to breathe in a more chest-dominant manner.
Supplementary table S5

Population mean displacement (M), systematic (Σ) and random (σ) translational errors (mm) for VBH technique measured by electronic portal imaging (EPI), grouped by participating centre.

<table>
<thead>
<tr>
<th>Centre 1 (n=7)</th>
<th>Centre 2 (n=20)</th>
<th>Centre 3 (n=11)</th>
<th>Centre 4 (n=5)</th>
<th>Centre 5 (n=12)</th>
</tr>
</thead>
<tbody>
<tr>
<td>RAO LPO</td>
<td>RAO LPO</td>
<td>RAO LPO</td>
<td>RAO LPO</td>
<td>RAO LPO</td>
</tr>
<tr>
<td>u-plane</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>2.3</td>
<td>-0.6</td>
<td>-1.1</td>
<td>-0.3</td>
</tr>
<tr>
<td>Σ</td>
<td>0.8</td>
<td>2.2</td>
<td>1.4</td>
<td>2.6</td>
</tr>
<tr>
<td>σ</td>
<td>2.1</td>
<td>2.3</td>
<td>1.9</td>
<td>3.1</td>
</tr>
<tr>
<td>v-plane</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>1.2</td>
<td>-0.1</td>
<td>1.9</td>
<td>1.3</td>
</tr>
<tr>
<td>Σ</td>
<td>1.5</td>
<td>1.0</td>
<td>2.5</td>
<td>1.5</td>
</tr>
<tr>
<td>σ</td>
<td>1.7</td>
<td>-0.2</td>
<td>3.2</td>
<td>1.4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Centre 6 (n=9)</th>
<th>Centre 7 (n=9)</th>
<th>Centre 8 (n=10)</th>
<th>Centre 9 (n=2)</th>
<th>Centre 10 (n=5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>RAO LPO</td>
<td>RAO LPO</td>
<td>RAO LPO</td>
<td>RAO LPO</td>
<td>RAO LPO</td>
</tr>
<tr>
<td>u-plane</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>1.3</td>
<td>0.0</td>
<td>0.3</td>
<td>1.3</td>
</tr>
<tr>
<td>Σ</td>
<td>1.2</td>
<td>1.5</td>
<td>1.2</td>
<td>1.6</td>
</tr>
<tr>
<td>σ</td>
<td>1.5</td>
<td>1.7</td>
<td>1.4</td>
<td>1.9</td>
</tr>
<tr>
<td>v-plane</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>0.1</td>
<td>-0.2</td>
<td>-0.3</td>
<td>0.0</td>
</tr>
<tr>
<td>Σ</td>
<td>0.3</td>
<td>0.7</td>
<td>2.2</td>
<td>0.1</td>
</tr>
<tr>
<td>σ</td>
<td>1.0</td>
<td>1.4</td>
<td>2.4</td>
<td>1.2</td>
</tr>
</tbody>
</table>
## Supplementary table S6

Patient comfort scores (PCS) and radiographer satisfaction scores (RSS), grouped by participating centre

<table>
<thead>
<tr>
<th>Centre 1</th>
<th>Centre 2</th>
<th>Centre 3</th>
<th>Centre 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>CT (n=4)</td>
<td>#1 (n=6)</td>
<td>#4 (n=6)</td>
<td>CT (n=19)</td>
</tr>
<tr>
<td><strong>PCS</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Median</td>
<td>9</td>
<td>8.5</td>
<td>9</td>
</tr>
<tr>
<td>IQR</td>
<td>7.5-9</td>
<td>6-9</td>
<td>9-9</td>
</tr>
<tr>
<td>Range</td>
<td>6-9</td>
<td>2-9</td>
<td>6-9</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Centre 5</th>
<th>Centre 6</th>
<th>Centre 7</th>
<th>Centre 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>CT (n=12)</td>
<td>#1 (n=12)</td>
<td>#4 (n=12)</td>
<td>CT (n=9)</td>
</tr>
<tr>
<td><strong>PCS</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Median</td>
<td>7.5</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>IQR</td>
<td>6-9</td>
<td>5.5-9</td>
<td>5.5-9</td>
</tr>
<tr>
<td>Range</td>
<td>3-9</td>
<td>3-9</td>
<td>0-9</td>
</tr>
</tbody>
</table>

<p>| <strong>RSS</strong> | | | | | | | | | | | |
| Median  | 2.5 | 0 | 0 | 3 | 3 | 1 | 2.5 | 3 | 3 | 2 | 2 | 2 |
| IQR     | 1.5-3.5 | 0-1 | 0-4 | 1-4 | 0-5 | 0-2 | 1-4 | 1-7 | 1-5 | 1-2 | 1-2 | 0-2 |
| Range   | 0-9 | 0-6 | 0-7 | 0-9 | 0-5 | 0-7 | 1-5 | 0-9 | 0-9 | 0-3 | 0-7 | 0-4 |</p>
<table>
<thead>
<tr>
<th></th>
<th>Centre 9</th>
<th></th>
<th>Centre 10</th>
<th></th>
</tr>
</thead>
<tbody>
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<td></td>
<td>CT (n=2)</td>
<td>#1 (n=2)</td>
<td>#4 (n=2)</td>
<td>CT (n=5)</td>
</tr>
<tr>
<td>PCS</td>
<td>Median</td>
<td>8</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td></td>
<td>IQR</td>
<td>-</td>
<td>-</td>
<td>9-9</td>
</tr>
<tr>
<td></td>
<td>Range</td>
<td>-</td>
<td>7-9</td>
<td>6-9</td>
</tr>
<tr>
<td>RSS</td>
<td>Median</td>
<td>3</td>
<td>1.5</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>IQR</td>
<td>-</td>
<td>0.3</td>
<td>1.7</td>
</tr>
<tr>
<td></td>
<td>Range</td>
<td>-</td>
<td>0.3</td>
<td>1.7</td>
</tr>
</tbody>
</table>
Supplementary table S7

Median of mean radiotherapy CT-planning scan and treatment times for VBH technique with mean ranges in brackets (minutes), grouped by participating centre.

<table>
<thead>
<tr>
<th>Centre</th>
<th>CT-Planning</th>
<th>Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Centre 1 (n=7)</td>
<td>Setup: 8 (7-15)</td>
<td>Setup: 11 (6-13)</td>
</tr>
<tr>
<td>Centre 2 (n=20)</td>
<td>Scan: 6 (6-7)</td>
<td>Delivery: 11 (5-17)</td>
</tr>
<tr>
<td>Centre 3 (n=10)</td>
<td>Dismount: 5 (3-6)</td>
<td>Leaving treatment room: 3 (2-6)</td>
</tr>
<tr>
<td>Centre 4 (n=5)</td>
<td>Total session time: 21 (16-24)</td>
<td>Total session time: 22 (19-31)</td>
</tr>
<tr>
<td>Centre 5 (n=12)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Centre 6 (n=9)</td>
<td>Setup: 14 (6-21)</td>
<td>Setup: 14 (12-19)</td>
</tr>
<tr>
<td>Centre 7 (n=9)</td>
<td>Scan: 2 (1-3)</td>
<td>Delivery: 4 (3-6)</td>
</tr>
<tr>
<td>Centre 8 (n=10)</td>
<td>Dismount: 2 (1-10)</td>
<td>Leaving treatment room: 1 (1-1)</td>
</tr>
<tr>
<td>Centre 9 (n=2)</td>
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<th>Centre 1 (n=7)</th>
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<th>Centre 3 (n=10)</th>
<th>Centre 4 (n=5)</th>
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