

1 **Title**

2 Metastatic rhabdomyosarcoma: results of the European *paediatric* Soft tissue sarcoma Study Group
3 MTS 2008 study and pooled analysis with the concurrent BERNIE study

4 Running head: Metastatic rhabdomyosarcoma, pooled analysis MTS 2008 and BERNIE.

5

6 **Authors**

7 Reineke A. Schoot^{1*}, Julia C. Chisholm^{2*}, Michela Casanova³, Veronique Minard-Colin⁴, Birgit
8 Georger^{4,5}, Alison L. Cameron⁶, Beatrice Coppadoro⁷, Ilaria Zanetti⁷, Daniel Orbach⁸, Anna Kelsey⁹,
9 Timothy Rogers¹⁰, Cecile Guizani¹¹, Markus Elze¹¹, Myriam Ben-Arush¹², Kieran McHugh¹³, Rick R. van
10 Rijn¹⁴, Sima Ferman¹⁵, Soledad Gallego¹⁶, Andrea Ferrari³, Meriel Jenney¹⁷, Gianni Bisogno⁷, Johannes
11 H.M. Merks¹

12 *Both authors contributed equally to this manuscript

13

14 ¹Princess Máxima Centre for Paediatric Oncology, Utrecht, The Netherlands.

15 ²Children and Young Peoples Unit, Royal Marsden Hospital and Institute of Cancer Research, Sutton, Surrey,
16 UK.

17 ³Paediatric Oncology Unit, Fondazione IRCCS Istituto Nazionale dei Tumori, Milan, Italy.

18 ⁴Gustave-Roussy Cancer Campus, Department of Paediatric and Adolescent Oncology, Université Paris-Saclay,
19 Villejuif, France.

20 ⁵Gustave-Roussy Cancer Campus, INSERM U1015, Université Paris Saclay, Villejuif, France.

21 ⁶Bristol Haematology and Oncology Centre, University Hospitals Bristol and Weston NHS Foundation Trust,
22 Bristol, UK.

23 ⁷Haematology Oncology Division, Department of Women's and Children's Health, University of Padova, Padova,
24 Italy.

25 ⁸SIREDO Oncology Center, Institut Curie, PSL University, Paris, France.

26 ⁹Department of Paediatric Histopathology, Royal Manchester Children's Hospital, Manchester, UK.

27 ¹⁰Department of Pediatric Surgery, University Hospitals Bristol and Weston NHS foundation trust, Bristol, UK.

28 ¹¹F. Hoffmann-La Roche Ltd, Basel, Switzerland.

29 ¹²Joan and Sanford Weill Pediatric Hematology Oncology and Bone Marrow Transplantation Division, Ruth
30 Rappaport Children's Hospital, Rambam Medical Center, Haifa, Israel.

31 ¹³Department of Radiology, Great Ormond Street Hospital for Children NHS Foundation Trust, London, UK.

32 ¹⁴Department of Radiology and Nuclear Medicine, Emma Children's Hospital, Amsterdam UMC, University of
33 Amsterdam, The Netherlands.

34 ¹⁵Instituto Nacional de Câncer, Pediatric Oncology Department, Rio de Janeiro/RJ, Brazil

35 ¹⁶Pediatric Oncology, Vall d'Hebron University Hospital, Barcelona, Spain.

36 ¹⁷Department of Paediatric Oncology, Children's Hospital for Wales, Heath Park, Cardiff, UK

37

38 **Corresponding author:**

39 Reineke A. Schoot, MD, PhD, Heidelberglaan 25, 3584 CS, Utrecht, The Netherlands, +316-50006390

40

41 **Acknowledgements**

42 The authors thank the patients, caregivers and medical staff involved in this study from the recruiting
43 countries (United Kingdom, Ireland, France, Italy, The Netherlands, Spain, Israel, Argentina, Brazil,
44 Belgium, Norway, Slovakia). The overall organisation of this study has been supported by Fondazione
45 Città della Speranza. JCC is supported by the Giant Pledge through the Royal Marsden Cancer Charity

46 and this independent research is supported by the National Institute for Health Research (NIHR)
47 Biomedical Research Centre at The Royal Marsden NHS Foundation Trust and the Institute of Cancer
48 Research, London. The views expressed are those of the authors and not necessarily those of the
49 NIHR or the Department of Health and Social Care.

50

51 **Previous presentations**

52 The results of this study have been previously presented at the annual conference of the
53 International Society of Paediatric Oncology (SIOP) in Lyon, October 2019, the annual Connective
54 Tissue Oncology Society (CTOS) meeting in Tokyo, November 2019, and the European Society of
55 Paediatric Oncology (SIOPE) annual meeting (virtual) in 2021. The Event Free Survival analyses for the
56 BERNIE cohort have been reported previously (PMID: 28738258). In retrospect 1 patient was not
57 eligible from the cohort described by Chisholm et al. and is excluded from the current analyses.

58

59 **Context Summary**

60 Key objective

61 To evaluate the efficacy of the addition of doxorubicin to standard chemotherapy (ifosfamide,
62 vincristine, actinomycin D; IVADo) and the introduction of one year maintenance chemotherapy
63 (cyclophosphamide, vinorelbine) in patients with metastatic rhabdomyosarcoma.

64 Knowledge generated

65 Outcomes in this study seem improved compared to historical cohorts, but owing to the design of
66 the study it remains unclear if this is attributable to the addition of doxorubicin or maintenance
67 chemotherapy, or may be explained by more consistent application of local therapy. Outcome for
68 metastatic patients with adverse prognostic factors remains poor.

69 Relevance

70 The IVADo regimen followed by one year of maintenance chemotherapy is the current standard for
71 metastatic rhabdomyosarcoma patients in Europe, but further studies are needed to validate the
72 role of doxorubicin and role and duration of maintenance chemotherapy. Introduction of new
73 strategies in frontline treatment is needed, to reduce treatment failure in patients with metastatic
74 rhabdomyosarcoma.

75 **Abstract**

76 PURPOSE

77 Outcome for patients with metastatic rhabdomyosarcoma (RMS) is poor. This study presents results
78 of the MTS 2008 study with a pooled analysis including patients from the concurrent BERNIE study.

79 PATIENTS AND METHODS

80 In MTS 2008, patients with metastatic RMS received 4 cycles of ifosfamide, vincristine, actinomycin D
81 (IVA) plus doxorubicin, 5 cycles of IVA and 12 cycles of maintenance chemotherapy (low-dose
82 cyclophosphamide and vinorelbine). The BERNIE study randomised patients to the addition or not of
83 bevacizumab to the same chemotherapy. Local therapy (surgery/radiotherapy) was given to the
84 primary tumour and all metastatic sites when feasible.

85 RESULTS

86 MTS 2008 included 270 patients (median age 9.6 years, range 0.07-20.8). With a median follow-up of
87 50.3 months, 3-year event free survival (EFS) and overall survival (OS) were 34.9% (95% CI 29.1-
88 40.8%) and 47.9% (95%CI 41.6-53.9%) respectively. In pooled analyses on 372 patients with a median
89 follow-up of 55.2 months, 3-year EFS and OS were 35.5% (95% CI 30.4-40.6%) and 49.3% (95% CI
90 43.9-54.5%) respectively. Patients with ≤ 2 Oberlin risk factors had better outcome than those with ≥ 3
91 Oberlin risk factors: 3-year EFS was 46.1% vs. 12.5% ($p < 0.0001$) and 3-year OS 60.0% vs. 26.0% (p
92 < 0.0001). Induction chemotherapy and maintenance appeared tolerable; however, about 2/3 of
93 patients needed dose adjustments during maintenance.

94 CONCLUSION

95 Outcome remains poor for patients with metastatic RMS and multiple Oberlin risk factors. Due to the
96 design of the studies, it was not possible to determine if the intensive induction regimen and/or the
97 addition of maintenance treatment resulted in apparent improvement of outcome compared to

98 historical cohorts. Further studies, with novel treatment approaches are urgently needed, to improve
99 outcome for the group of patients with adverse prognostic factors.

100 **Introduction**

101 Rhabdomyosarcoma (RMS) is a very aggressive tumour with a strong tendency to metastasize.

102 Outcome in patients with localised disease is generally good (1,2), but outcome for patients with
103 metastatic RMS remains poor with 3-year overall survival (OS) of 34-56% (3,4). Various attempts to
104 increase treatment intensity failed to improve survival (e.g. high dose chemotherapy with stem cell
105 support) (5-8) or resulted in very limited improvement in selected subgroups of patients (dose
106 compressed chemotherapy) (4).

107 The European *paediatric* Soft tissue sarcoma Study Group (*EpSSG*) has collaborated in three studies
108 in newly diagnosed RMS in recent years. The *EpSSG* RMS 2005 study (conducted from 2005 to 2016)
109 explored the added value of dose intense doxorubicin in combination with standard ifosfamide,
110 vincristine and Actinomycin-D (IVADo) chemotherapy, and the role of six months of maintenance
111 chemotherapy following completion of standard therapy in high risk localised disease (1,2).

112 Concurrently with the opening of RMS 2005, the *EpSSG* and Innovative Therapies for Children with
113 Cancer (ITCC) collaborated with Roche in the BERNIE study, a pharma-sponsored study for patients
114 with metastatic soft tissue sarcoma (9). In this open-label, randomised phase II study (conducted
115 from 2008 to 2013), patients received standard induction chemotherapy followed by a year of
116 maintenance treatment with vinorelbine and low-dose cyclophosphamide. Patients were randomised
117 to receive or not receive bevacizumab. The BERNIE study recruited 152 patients, including 102 with
118 RMS. No benefit of bevacizumab on event free survival (EFS) was demonstrated (9).

119 Since the BERNIE study was open in a limited number of sites and had stringent inclusion/exclusion
120 criteria, the single-arm *EpSSG* MTS 2008 study was introduced as an amendment to RMS 2005,
121 utilising the same induction and maintenance chemotherapy as the BERNIE study but without
122 bevacizumab, to capture data on patients with metastatic RMS who did not enter the BERNIE study.

123 The current study reports treatment, toxicity and outcome of metastatic RMS patients treated within
124 the MTS 2008 study. As a secondary objective, in order to address potential selection bias introduced

125 by the concurrent BERNIE study, we performed a pooled analysis of MTS 2008 and BERNIE study
126 results. For the purpose of the current analysis, results from the BERNIE study were updated and
127 mature overall survival data were reported for the first time.

128

129 **Patients and methods**

130 Study design and participants

131 MTS 2008 was an academic, international, prospective study (NCT00379457) involving 74 hospitals
132 across 11 countries. Patients <21 years with a histological diagnosis of RMS (excluding pleomorphic
133 RMS) with distant metastatic disease, <8 weeks between diagnostic surgery/biopsy and start of
134 chemotherapy, who had received no prior chemotherapy or radiotherapy were eligible.

135 Concurrent with the MTS 2008 study, patients were recruited to the BERNIE study (BO20924/ITCC-
136 006; NCT00643565) (10). Updated data from the final BERNIE Clinical Study Report were used for the
137 current overall survival analyses.

138 Detailed eligibility criteria for both studies can be found in Supplemental Table 1.

139 Both studies were conducted in accordance with the Declaration of Helsinki and the Good Clinical
140 Practice guidelines. All participating centres were required to obtain approval from their local
141 authorities and ethics committees, and written informed consent from patients and/or their parents
142 or legal guardians.

143 MTS 2008 Treatment

144 Induction chemotherapy comprised 9 x 3-weekly cycles including 4 cycles of IVADo and 5 cycles of
145 IVA (1) (Supplemental Figure 1a). Maintenance chemotherapy comprised 12 x 28 day cycles of
146 intravenous vinorelbine and low-dose oral cyclophosphamide (2) (Supplemental Figure 1b).
147 Chemotherapy was identical to the standard treatment arm of the BERNIE study, where in the

148 investigational arm patients received the same chemotherapy treatment with the addition of
149 bevacizumab every 3 weeks on day 1 of each cycle and every 2 weeks during maintenance (9).
150 Growth factors were allowed at the physicians' discretion. Adverse events (AEs) were graded
151 according to the Common Terminology Criteria for Adverse Events (v3.0). Only the following AEs \geq
152 grade 3 were recorded: infection (proven or suspected), cardiomyopathy, neuropathy, mucositis or
153 venoocclusive disease (VOD).

154 Surgical resection of residual primary tumour was considered after the 6th chemotherapy course
155 (week 19 onwards), generally avoiding mutilating surgery. Resections were only recommended if a
156 R0 (microscopically margin-negative resection) or R1 (macroscopic resection with positive
157 microscopic margins) resection seemed feasible. R2 resection (macroscopic residual) and radical
158 lymph node dissections were not recommended.

159 Radiotherapy was recommended to the primary tumour site and, if feasible, to all metastatic sites,
160 regardless of response to chemotherapy, starting concomitantly with the 7th chemotherapy cycle.
161 Dose to the primary tumour was adapted to primary tumour response and histology (Supplemental
162 Table 2). Whole lung radiotherapy was recommended for patients with one or more lung metastases.
163 Since the number of metastatic sites and the size of the metastases can vary and can be very
164 extensive, the local multi-disciplinary teams considered each patient individually, involving the
165 study's radiotherapy coordinator if needed.

166 Response assessment

167 First response assessment was scheduled after three cycles of chemotherapy (week 9). In case of
168 insufficient response ($\leq 1/3$ volume reduction), patients were eligible for second line treatment.
169 Alternatively, participation in the VIT-0910 study was considered, evaluating the addition of
170 temozolomide to the combination of vincristine and irinotecan (10). A second response assessment
171 was scheduled preceding local treatment, after six cycles of chemotherapy (week 18). Response of

172 the primary tumour was measured as volume reduction; response of metastatic lesions was
173 measured according to the Response Evaluation Criteria in Solid Tumours (RECIST v1.0) (11,12).

174 Statistical methods

175 Differences between cohorts were compared with the Chi square or Fisher's exact test, depending on
176 frequency distribution of each variable. Survival probabilities were estimated by use of the Kaplan-
177 Meier method and the log-rank test. Event free survival (EFS) was defined as time between diagnosis
178 and disease progression, recurrence, refusal of therapy, suspension of treatment due to toxicity or
179 death due to any cause. Overall survival (OS) was defined as time from date of diagnosis up to death
180 for any reason. Patients still alive at the end of the study or lost to follow up were censored, both in
181 the EFS and OS analyses, at the date of last observation. EFS and OS were evaluated by prognostic
182 factors identified in the joint European-Children's Oncology Group study published by Oberlin et al.
183 (3) (Oberlin risk factors), being: age, site, bone or bone marrow involvement and number of
184 metastatic sites. Of note: parameningeal primary tumour site was grouped as favourable by Oberlin
185 et al. (3).

186 **Results**

187 Patient characteristics MTS 2008

188 Between October 2010 and December 2016, 324 patients were registered in the MTS 2008 study; 54
189 patients were reported not eligible for the following reasons: age >21 years (n=11), included in
190 another protocol (n=6), other previous treatments (n=16), no written informed consent (n=7),
191 pathology not available for central review (n=5), interval from surgery to chemotherapy start
192 exceeded eight weeks (n=7), staging error (n=1) or rhabdomyosarcoma diagnosis not confirmed by
193 pathology (n=1) (Supplemental Figure 2). The remaining 270 patients (median age 9.6 years, range
194 0.1-20.8 years, unfavourable histology 57%) were included in the MTS2008 analysis (Table 1).

195 Treatment characteristics

196 Standard induction chemotherapy was completed as scheduled in 218/259 patients (missing data,
197 n=11); 12 were switched to second line treatment for stable disease (SD) (n=11) or serious adverse
198 event (SAE) (n=1) and in 29 patients induction chemotherapy was discontinued because of
199 progressive disease (PD) (n=25), death (n=3) or treatment refusal (n=1). Of the 218 patients
200 completing induction treatment, 181 (83%) commenced maintenance chemotherapy and 103/181
201 (57%) completed all 12 cycles. Reasons for discontinuation of maintenance chemotherapy were:
202 death or disease recurrence (n=60), toxicity (n=4), error (n=7), patient's choice (n=4), change in
203 diagnosis (n=1) or unknown (n=2).

204 Data on primary tumour response were available for 248/270 patients; the majority of patients
205 (228/248, 92%) achieved sufficient response ($\geq 33\%$ volume reduction of the primary tumour) during
206 induction chemotherapy, including 17 complete remissions (CR). Response of metastatic lesions was
207 not available for all sites, but overall, 182/560 (33%) metastatic sites were in CR after 2-4 courses of
208 induction chemotherapy (Supplemental Table 3).

209 Local treatment included delayed (i.e. week 19) resection of the primary tumour in 66 patients; 40
210 patients had R0, 17 R1 and 9 R2 resection. In 20 patients, loco-regional lymph node exploration was
211 performed at delayed surgery, by surgical biopsy (n=13), lymphadenectomy (n=6) or both (n=1). Data
212 on radiotherapy were available for 256/270 patients; radiotherapy was administered in 211 patients;
213 45 patients were not irradiated. Reasons for withholding radiotherapy were: early disease
214 progression (n=14), physicians' decision (n=13), very young age (n=7), parental refusal (n=3), early
215 death (n=3), widespread disease at diagnosis (n=2) or reason unknown (n=3). In total, 194 patients
216 received radiotherapy to the primary tumour with a median dose of 50.4 Gy (range 18-68.6 Gy) and
217 89 patients were irradiated at one or more metastatic sites (median dose 30 Gy, range 9-59.4 Gy).

218 Toxicity

219 During induction chemotherapy, most common grade 3/4 adverse events (evaluated in 218 patients)
220 were infection (grade 3; n=118, grade 4; n= 5), followed by mucositis (grade 3; n=66, grade 4; n=9)

221 and neuropathy (grade 3; n=22, grade 4; n=2). Venooclusive disease (VOD) and cardiac adverse
222 events were rare, with 3 and 2 patients developing grade ≥ 3 toxicity, respectively. During induction
223 chemotherapy, courses were modified in about 20% of the patients (see Table 2 for details). During
224 maintenance therapy: 22/100 (22%) patients had grade 3 infection, 2 (2%) grade 3 neuropathy and 1
225 (1%) a grade 3 cardiac adverse event. Chemotherapy was modified according to protocol guidelines;
226 in approximately 40% of patients during the first maintenance cycle, up to 60% during the 2nd cycle
227 and remained stable around 60% thereafter (Table 2). Reasons for treatment reduction were mostly
228 myelotoxicity or infection.

229 Outcome

230 Median follow-up duration was 50.3 months (range 6.3-110.7). For the 173 patients who experienced
231 an EFS event, the median time from diagnosis was 11.6 months (range 0.2-63.8). The 3-year EFS was
232 34.9% (95% CI 29.1-40.8%) and 3-year OS was 47.9% (95% CI 41.6-53.9%) (Figure 1). Of 270 patients,
233 125 (46%) developed progressive disease, had insufficient response, relapsed or died during (or at
234 completion of) induction (n=65) or maintenance (n=60) treatment.

235 Pooled analysis

236 Overall, 102 consecutive treated patients from the BERNIE cohort (50 were randomised to the
237 experimental bevacizumab arm) were analysed. Patients <6 months and ≥ 18 years and patients with
238 brain metastases were ineligible for the BERNIE study, introducing a difference in age distribution
239 and the number of patients with brain metastases between cohorts (Table 1). In addition, more
240 patients with locoregional lymph node involvement (p=0.0008) and a large primary tumour (>5 cm)
241 (p=0.02) were included in the MTS 2008 study. Median follow-up duration for patients in the BERNIE
242 study was 71.8 months (range 0.03- 117.6). The 3-year EFS was 37.0% (95% CI 26.2-47.8%) and 3-year
243 OS was 53.1% (95% CI 42.4-62.6%). OS for both BERNIE arms was comparable (Figure 2).

244 Outcome data were available for 365/372 patients (98%) in the pooled analysis. At last follow-up,
245 164 patients (45%) were alive. With a median follow-up of 55.2 months (range 0.03- 117.6 months),

246 the 3-year EFS and 3-year OS for the pooled cohort were 35.5% (95% CI 30.4-40.6%) and 49.3% (95%
247 CI 43.9-54.5%) respectively (Table 3). The 3-year EFS was similar for patients in the MTS 2008 and
248 BERNIE study ($p=0.54$), 3-year OS was lower for patients in the MTS 2008 study compared to the
249 BERNIE study ($p=0.03$) (Figure 2).

250 We performed subgroup analyses, excluding patients <1 or ≥ 18 years old (not enrolled in the BERNIE
251 study) or with brain metastases (exclusion criterion; Supplemental Table 1), to adjust for the
252 difference in patient characteristics between the MTS 2008 and BERNIE cohort. There was no
253 significant difference in 3-year OS between MTS 2008 (3-year OS 51.8% (95% CI 44.9-58.2%) and
254 BERNIE (3-year OS 53.1% (95% CI 42.4-62.6%)) for this specific patient subgroup ($p=0.14$). Overall,
255 106/372 (28.3%) of patients were <10 years with embryonal histology. Follow up data were available
256 for 103/106 patients; the 3-yr EFS was 54.3% (95% CI 43.9-63.3%) and 3-yr OS was 63.5% (95% CI
257 53.2-72.2%). EFS and OS by Oberlin risk factors are shown in Figure 3. Patients who had 0-2 Oberlin
258 risk factors had a significantly better outcome than those with 3-4 Oberlin risk factors: 3-year EFS
259 46.1% vs. 12.5% ($p<0.0001$) and 3-year OS 60.0 vs 26.0% ($p <0.0001$, Figure 2b, Supplemental Figure
260 3a and 3b).

261 **Discussion**

262 This study suggests a moderate improvement in outcome for patients with metastatic disease
263 compared to historical cohorts, similar to the results described for the COG ARST0431 study, which
264 employed a dose intense multi-agent schedule and radiotherapy sensitisation with irinotecan (4).
265 Owing to the design of the studies, it was not possible to determine if the addition of doxorubicin or
266 the introduction of maintenance treatment contributed to the apparent improvement. Additionally,
267 we present for the first time the mature OS for metastatic RMS patients treated in the BERNIE study
268 (9), confirming that the addition of bevacizumab to the MTS 2008 backbone did not improve OS for
269 this group of patients. The pooled analysis, with data from the concurrent BERNIE study, undertaken
270 to overcome potential selection bias, further confirmed the results presented for MTS 2008.

271 Both EFS and OS in the MTS 2008 and BERNIE study seem to be better than previously reported in a
272 pooled analysis of data from 788 patients included in 9 European and North American studies
273 between 1984-2000 (Table 3) (3). The authors reported 3-year EFS of 27% (95% CI 24-30%) and 3-
274 year OS of 34% (95% CI 31-38%), compared to 36% (95% CI 30-41%) and 49% (95% CI 44-55%)
275 respectively from the pooled analyses reported here. Results were similar to those achieved with the
276 ARST0431 study (3-year EFS 38% (95% CI 29-48%) and 3-year OS 56% (95% CI 46-66%)) (2). MTS
277 2008, BERNIE and ARST0431 all introduced important changes to the treatment regimen, in
278 particular the introduction of a years' maintenance treatment for both *EpSSG* studies and a dose-
279 intensified, interval compressed regimen in ARST0431.

280 The concept of maintenance was suggested as a metronomic approach to kill residual tumour cells
281 resistant to drugs given in prior standard chemotherapy (13). There is now convincing evidence for
282 this approach in localised RMS. Recently, the *EpSSG* RMS 2005 trial showed that 24 weeks of
283 maintenance with vinorelbine and low-dose cyclophosphamide improved OS in high risk localised
284 RMS (8).

285 The possible contribution of prolonged vinorelbine and cyclophosphamide to the outcomes in the
286 MTS 2008 cohort reported here is uncertain. For those patients who experienced an EFS event, the
287 median time from diagnosis to event was 11.6 months (range 0.2-63.8) for MTS 2008 patients and
288 60/181 patients had an event during maintenance therapy, suggesting early failure. This remains a
289 significant issue and enhanced induction strategies are needed for such patients. By contrast, in
290 localised high risk RMS patients, the median time from randomisation to relapse was delayed from
291 6.9 months (interquartile range (IQ) 3.0-16.1) to 10.1 months (IQR 6.9-15.4) by the addition of 24
292 weeks of maintenance vinorelbine and cyclophosphamide, with the majority of events in both groups
293 taking place after the 24 week window for maintenance treatment (2). The steep decrease in the
294 survival curves presented in this report underlines the problem that the current systemic treatment
295 approach of induction plus maintenance chemotherapy is insufficient to control the disease in many

296 patients with metastatic RMS, especially in patients with adverse prognostic factors (i.e. with 3-4
297 Oberlin risk factors).

298 Anthracyclines were part of previous European regimens for metastatic disease (7,8) and localized
299 disease (1). The dose intense addition of doxorubicin to the IVA backbone, did not improve outcome
300 in RMS 2005 in patients with high risk localised RMS (1). Anthracyclines were also incorporated in
301 two COG studies for patients with metastatic RMS (ARST0431, ARST08P1, Table 3) (4,14). Although
302 ARST08P1 contained the same dose-dense chemotherapy backbone, including doxorubicin, and
303 prolonged duration as the (historical comparison) ARST0431 study, outcome was inferior and failed
304 to reveal the same trend in outcome improvement observed with both ARST0431 and the current
305 study. This difference may be explained by the adjusted eligibility criteria in ARST08P1, where
306 patients with favourable characteristics (age <10 years, embryonal histology) were not eligible until
307 safety was established, with a resulting different distribution of patient characteristics and Oberlin
308 risk factors. Nevertheless, these outcomes underline the limitations of comparisons between
309 sequential studies. Although doxorubicin is an active drug in newly diagnosed metastatic
310 rhabdomyosarcoma (15) the value of adding doxorubicin to a dose dense chemotherapy backbone
311 remains debatable.

312 Due to the design of the studies, the exact contributions of dose intense doxorubicin and
313 maintenance chemotherapy remain uncertain and alternative explanations for the moderate survival
314 improvement (compared to the historical cohort described by Oberlin et al.) should be considered.
315 Firstly, more rigorous application of local treatment (i.e. surgery and radiotherapy) may have
316 improved outcome (16,17,18). Secondly, the systematic implementation of more effective second
317 line treatment (19) may have prolonged post-recurrence survival. Lastly, over the last decades
318 staging techniques and risk stratification have further evolved in addition to better supportive care
319 treatments.

320 Previous studies in metastatic RMS categorised patients into 'poor' and 'better' outcome groups by
321 comparing patients with 0-1 Oberlin risk factors with patients having ≥ 2 Oberlin risk factors (3,4). In
322 the analyses presented in this study, this difference remained, but the EFS curves by Oberlin risk
323 factors were distributed differently from the curves presented previously: patients with 2 Oberlin risk
324 factors seemed to do better and group with the EFS curves for patients with 0 or 1 Oberlin risk factor.
325 Although outside the scope of this study, it could be hypothesised that development in staging
326 procedures, such as the increased use of 18-fluoro-2-deoxyglucose (FDG) positron emission
327 tomography/computed tomography (^{18}F -FDG-PET/CT), may have resulted in the detection of more
328 metastatic sites, moving patients with extensive disease, who previously may have been
329 underdiagnosed and grouped as having 2 Oberlin risk factors, to the group of patients with 3 or 4
330 Oberlin risk factors. This may have resulted in improved survival figures for patients with 2 Oberlin
331 risk factors in the current pooled studies.

332 Unexpectedly, 3-year OS was lower in the MTS 2008 study compared to the BERNIE study. Any effect
333 of bevacizumab can be discounted as it improved neither EFS (9) nor OS (Figure 2) for RMS patients
334 within the BERNIE study. The BERNIE study was open in selected sites only, whereas the MTS 2008
335 study was open in all EpSSG centres. There were some minor differences between the studies in
336 eligibility criteria (Supplemental Table 1) and the method of response assessment (volumetric
337 assessments in MTS 2008, RECIST 1.0 in BERNIE). After adjustment for known confounders, such as
338 different age categories and eligibility of patients with CNS metastases, the survival difference
339 became statistically nonsignificant. Comparisons between different studies should be made
340 cautiously; other potential confounding factors in this analysis may be variability in eligibility criteria,
341 data collection or the limited number of patients in the BERNIE cohort (especially after three years of
342 follow-up).

343 In conclusion, outcome for patients with high Oberlin scores remains very poor and new approaches
344 are needed for this patient group. In the recently opened EpSSG Frontline and Relapse

345 Rhabdomyosarcoma study (EudraCT: 2018-000515-24) a phase 1b dose finding study in patients with
346 metastatic RMS will set the recommended phase 2 dose of irinotecan for the dose-intense
347 combination of IVA in week 1 with irinotecan in week 2 (I_RIVA) (20). Patients with metastatic disease
348 will then be randomised to receive either IVADo or I_RIVA at recommended phase 2 dose. In a second
349 randomised question, 12 months of maintenance chemotherapy will be compared to 24 months
350 maintenance therapy. Furthermore, there will be three randomisations on radiotherapy related
351 questions. Lastly, the relapse part of the study will introduce targeted agents in combination with
352 backbone chemotherapy.

353

354 **References**

- 355 1. Bisogno G, Jenney M, Bergeron C, Gallego Melcón S, Ferrari A, Oberlin O. Addition of dose-
356 intensified doxorubicin to standard chemotherapy for rhabdomyosarcoma (EpSSG RMS
357 2005): a multicentre, open-label, randomized controlled, phase 3 trial. *Lancet Oncol*
358 2018;19:1061-71.
- 359 2. Bisogno G, De Salvo GL, Bergeron C, Gallego Melcón S, Merks JH, Kelsey A, et al. Vinorelbine
360 and continuous low-dose cyclophosphamide as maintenance chemotherapy in patients with
361 high-risk rhabdomyosarcoma (RMS 2005): a multicentre, open-label, randomized, phase 3
362 trial. *Lancet Oncol* 2019;20:1566-75.
- 363 3. Oberlin O, Rey A, Lyden E, Bisogno G, Stevens MCG, Meyer WH. Prognostic factors in
364 metastatic rhabdomyosarcomas: results of a pooled analysis from United States and
365 European Cooperative Groups. *J Clin Oncol* 2008;26(14):2384-89.
- 366 4. Weigel BJ, Lyden E, Anderson JR, Meyer WH, Parham DM, Rodeberg DA, et al. Intensive
367 multiagent therapy, including dose-compressed cycles of ifosfamide / etoposide and
368 vincristine / doxorubicin / cyclophosphamide, irinotecan, and radiation, in patients with high-

- 369 risk rhabdomyosarcoma: a report from the Children's Oncology Group. *J Clin Oncol*
370 2016;34(2):117-22.
- 371 5. Admiraal R, van der Paardt M, Kobes J, Kremer LCM, Bisogno G, Merks JHM. High-dose
372 chemotherapy for children and young adults with stage IV rhabdomyosarcoma. *Cochrane*
373 *Database Syst Rev* 2010;12:CD006669.
- 374 6. Bisogno G, Ferrari A, Prete A, Messina C, Basso E, Cecchetto G. Sequential high-dose
375 chemotherapy for children with metastatic rhabdomyosarcoma. *Eur J Cancer* 2009;45:3035-
376 41.
- 377 7. Carli M, Colombatti R, Oberlin O, Bisogno G, Treuner J, Koscielniak E, et al. European
378 Intergroup Studies (MMT4-89 and MMT4-91) on childhood metastatic rhabdomyosarcoma:
379 final results and analysis of prognostic factors. *J Clin Oncol* 2004;22(23):4787-94.
- 380 8. McDowell HP, Foot ABM, Ellershaw C, Machin D, Giraud C, Bergeron C. Outcomes in
381 paediatric metastatic rhabdomyosarcoma: results of the International Society of Paediatric
382 Oncology (SIOP) study MMT-98. *Eur J Cancer* 2010;46:1588-95.
- 383 9. Chisholm JC, Merks JHM, Casanova M, Bisogno G, Orbach D, Gentet J-C, et al. Open-label,
384 multicentre, randomized, phase II study of the EpSSG and the ITCC evaluating the addition of
385 bevacizumab to chemotherapy in childhood and adolescent patients with metastatic soft
386 tissue sarcoma (the BERNIE study). *Eur J Cancer* 2017;83:177-84.
- 387 10. Defachelles, A-S, Bogart E, Casanova M, Merks JHM, Bisogno G, Calareso G, et al.
388 Randomized phase II trial of vincristine-irinotecan with or without temozolomide, in children
389 and adults with relapsed or refractory rhabdomyosarcoma: a European paediatric Soft tissue
390 Sarcoma Study Group and Innovative Therapies for Children with Cancer trial. *J Clin Oncol*
391 2021;JCO2100124, online ahead of print.
- 392 11. Schoot RA, McHugh K, van Rijn RR, Kremer LCM, Chisholm JC, Caron HN, et al. Response
393 assessment in pediatric rhabdomyosarcoma: can response evaluation criteria in solid tumors
394 replace three-dimensional volume assessments? *Radiology* 2013;269(3):870-8.

- 395 12. Therasse P, Arbuck SG, Eisenhauer EA, Wanders J, Kaplan RS, Rubinstein L, et al. *J Natl Cancer*
396 *Inst* 2000;92(3):205-16.
- 397 13. Bertolini F, Paul S, Mancuso P, Monestiroli S, Gobbi A, Shaked Y, et al. Maximum tolerable
398 dose and low-dose metronomic chemotherapy have opposite effects on the mobilization and
399 viability of circulating endothelial progenitor cells. *Cancer Res* 2003;63:4342– 4346
- 400 14. Malempati S, Weigel BJ, Chi Y-Y, Tian J, Anderson JR, Parham DM, et al. The addition of
401 cixutumab or temozolomide to intensive multiagent chemotherapy is feasible but does not
402 improve outcome for patients with metastatic rhabdomyosarcoma: a report from the
403 Children’s Oncology Group. *Cancer* 2019;125(2):290-7.
- 404 15. Bergeron C, Thiesse P, Rey A, Orbach D, Boutard P, Thomas C, et al. Revisiting the role of
405 doxorubicin in the treatment of rhabdomyosarcoma: an up-front window study in newly
406 diagnosed children with high-risk metastatic disease. *Eur J Cancer* 2008;44:427-31.
- 407 16. Ben Arush M, Minard-Colin V, Mosseri V, et al. Does aggressive local treatment have an
408 impact on survival in children with metastatic rhabdomyosarcoma? *Eur J Cancer*
409 2015;51:193-201.
- 410 17. Cameron AL, Elze MC, Casanova M, et al. The impact of radiation therapy in children and
411 adolescents with metastatic rhabdomyosarcoma. *Int J Radiat Onol Biol Phys*
412 2021;111(4):968-78
- 413 18. Haeusler J, Ranft A, Boelling T, et al. The value of local treatment in patients with primary,
414 disseminated, multifocal Ewing sarcoma (PDMES). *Cancer* 2010;116(2):443-50.
- 415 19. Defachelles A-S, Bogart E, Casanova M, Merks JHM, Bisogno G, Calareso G, et al. Randomized
416 phase II trial of vincristine-irinotecan with or without temozolomide, in children and adults
417 with relapsed or refractory rhabdomyosarcoma: a European paediatric Soft tissue sarcoma
418 Study Group and Innovative Therapies for Children with Cancer trial. *J Clin Oncol*
419 2021;39(27):2979-90.

420 20. Bisogno G, Ferrari A, Tagarelli A, Sorbara S, Chiravalli S, Poli E, et al. Integrating irinotecan in
421 standard chemotherapy: a novel dose-density combination for high-risk pediatric sarcomas.
422 *Pediatr Blood Cancer* 2021;68:e28951.

423

424 **Data sharing statement**

425 The data used in this study will be made available via the International Soft Tissue Sarcoma
426 Consortium (INSTRuCT; <https://commons.cri.uchicago.edu/instruct>). Data requests can be submitted
427 to INSTRuCT.

Tables and Figures

Table 1: Patient characteristics for MTS 2008 and BERNIE study

		MTS 2008		BERNIE		p-value
		N	%	N	%	
Age at diagnosis (yrs)	≤1	5	1.9	-	-	0.002
	1-9	138	51.1	56	54.9	
	10-17	104	38.5	46	45.1	
	≥18	23	8.5	-	-	
Gender	Male	151	55.9	56	54.9	0.86
	Female	119	44.1	46	45.1	
Histology	Favourable	116	43.0	41	40.2	0.63
	Unfavourable	154	57.0	61	59.8	
Primary tumour site	Orbit	-	-	1	0.3	0.33
	PM	63	23.3	15	14.7	
	HN nPM	12	4.4	4	3.9	
	GU BP	28	10.4	12	11.8	
	GU non BP	18	6.7	6	5.9	
	Extremities	67	24.8	35	34.3	
	Other sites	77	28.5	27	26.5	
	Unknown	5	1.9	2	2.0	
Site classified by Oberlin ¹	Favourable	121	44.8	38	37.3	0.19
	Unfavourable	149	55.2	64	62.8	
Tumour size	≤ 5 cm	57	21.1	29	28.4	0.02 ²
	> 5 cm	203	74.1	55	53.9	
	Not evaluable	10	4.8	18	17.7	
Nodal site	N0	103	35.9	58	56.9	0.0008 ³
	N1	162	60.0	41	40.2	
	Nx	5	4.1	3	2.9	
Bone or BM	Yes	139	51.5	53	52.0	0.93
	No	131	48.5	49	48.0	
CNS metastases	Yes	10	3.7	0	0.0	
	No	260	96.3	102	100.0	
Nr. metastatic sites	single	127	47.0	41	40.2	0.24
	multiple	143	53.0	61	59.8	
	≤2	193	71.5	69	67.7	0.47
	≥3	77	28.5	33	32.3	

Yrs; years, N; number, PM; parameningeal, HN nPM; head and neck non-parameningeal, GU; genitourinary, BP; bladder prostate, N0; no evidence of lymph node involvement, N1; locoregional lymph node involvement, Nx; no information on lymph node involvement

¹Favourable: orbit, HNnPM, PM, GUBP, GUnBP. Unfavourable: extremities, other/unknown.

²28 Patients with unknown size of the primary tumour were excluded from Fisher exact test.

³8 Patients with unknown nodal status were excluded from Fisher exact test.

Table 2: Modification of systemic treatment in MTS 2008

Standard	Cycle									
	1	2	3	4	5	6	7	8	9	
	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)	
N cycles assessed	259	258	255	246	241	239	229	222	218	
Total modified	49 (19)	53 (21)	58 (23)	56 (23)	55 (23)	49 (21)	42 (18)	47 (21)	43 (20)	
Ifosfamide*	20	19	19	16	18	18	18	20	21	
Vincristine*	28	41	41	32	37	38	28	31	29	
Actinomycin D*	6	20	31	24	20	21	16	12	12	
Doxorubicin*	10	15	21	16	4					

Maintenance	Cycle											
	1	2	3	4	5	6	7	8	9	10	11	12
	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)	N (%)
N cycles assessed	176	168	164	157	146	140	121	115	111	108	106	100
Total modified	78 (44)	100 (60)	97 (59)	90 (57)	88 (60)	86 (61)	72 (60)	64 (56)	65 (59)	65 (60)	65 (61)	61 (61)
Vinorelbine**	17	28	37	35	36	36	34	33	33	29	32	31
Cyclophosphamide**	30	19	9	6	4	6	3	1	2	2	2	1
Both reduced	11	22	19	26	22	19	16	15	14	14	13	13
Other modification	20	31	32	23	26	25	19	15	16	20	18	16

N; number

*reduced, omitted, delayed or replaced

**reduced, omitted or stopped

Table 3: Survival data in metastatic rhabdomyosarcoma cohorts

	N	3-year EFS		3-year OS		≤ 1 Oberlin Risk Factor		≥ 2 Oberlin Risk Factors	
		(95%CI)	(95%CI)	(95%CI)	(95%CI)	N	3-year EFS (95%CI)	3-year OS (95%CI)	
Oberlin ¹	788	27 (24-30)	34 (31-38)	325	44 (38-49)	444	14 (11-18)		
MTS 2008	263	35 (29-41)	48 (42-54)	113	50 (40-59)	150	24 (17-31)	37 (29-45)	
BERNIE	102	37 (26-48)	53 (42-63)	44	45 (26-63)	58	31 (19-44)	39 (25-52)	
MTS 2008/ BERNIE	365	36 (30-41)	49 (44-55)	157	49 (40-57)	208	26 (20-32)	38 (31-45)	
ARST0431 ²	109	38 (29-48)	56 (46-66)	43	69 (52-82)	66	20 (11-30)	14 (11-18)	
ARST08P1 ³	168	16 (8-23)	41 (32-50)	38	38 (14-62)	130	9 (3-15)	33 (24-43)	

N; number, CI; confidence interval, EFS; event free survival, OS; overall survival, ORF; Oberlin risk factor

¹ The Oberlin analyses included patients from nine studies from three international cooperative groups treated between 1984 and 2000.

² ARST0431 was open for patient enrolment between July 17th 2006 and June 13th 2008.

³ ARST08P1 was open for patient enrolment between January 19th 2010 and July 19th 2013. ARST08P1 consisted of two pilot studies: in pilot 1 (N=97) cixutumumab was added to the chemotherapy backbone, in pilot 2 (N=71) temozolomide was added to the same chemotherapy backbone.

Figure legends

Figure 1: Event free and overall survival of patients in MTS 2008

EFS; event free survival, OS; overall survival, CI; confidence interval.

Figure 2: Overall survival by treatment cohort

Beva; bevacizumab, chemo; chemotherapy, N; number, yr; year, OS; overall survival, CI; confidence interval.

Figure 3a: Event free survival by Oberlin risk factors for pooled MTS 2008 and BERNIE cohort

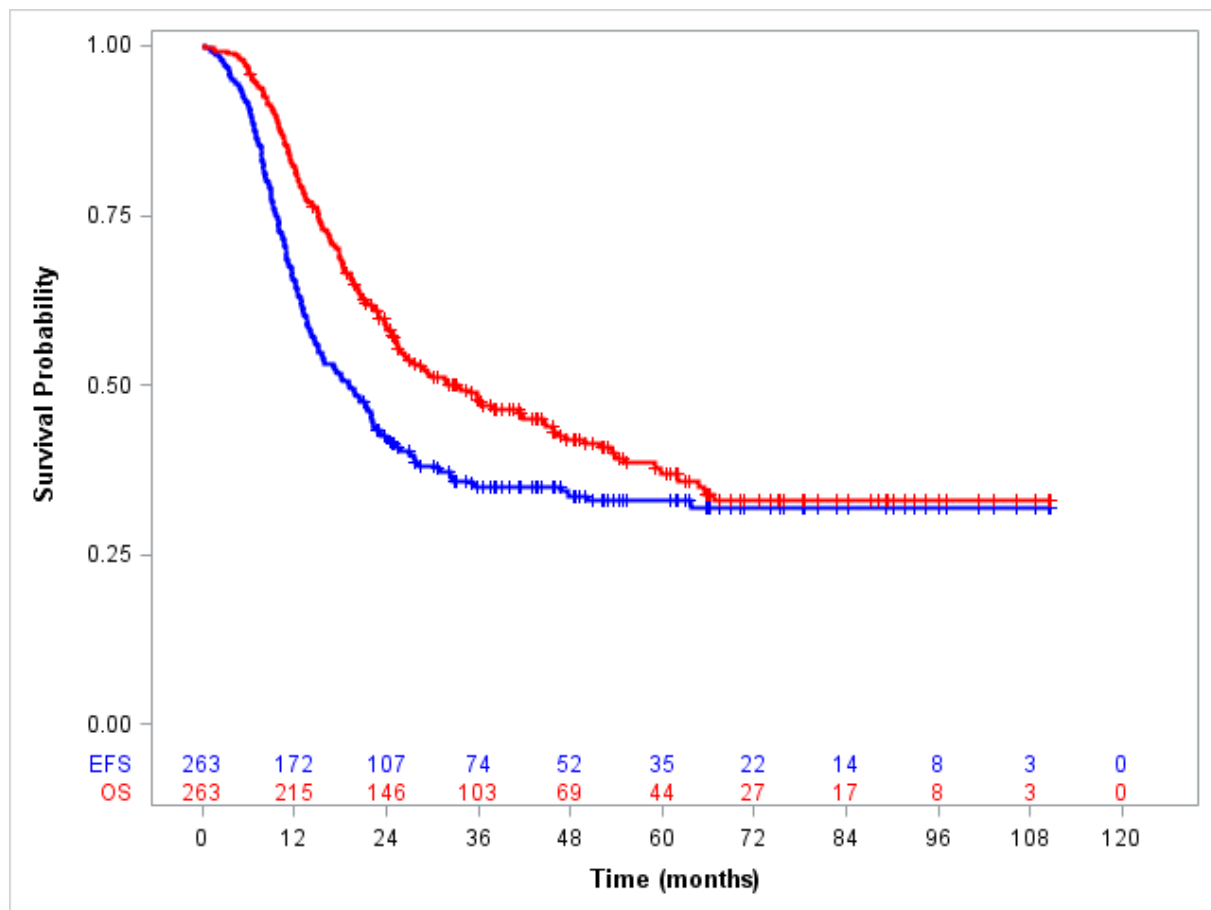
N; number, yr; year, EFS; event free survival, CI; confidence interval.

Figure 3b: Overall survival by Oberlin risk factors for pooled MTS2008 and BERNIE cohort

N; number, yr; year, OS; overall survival, CI; confidence interval.

Figures

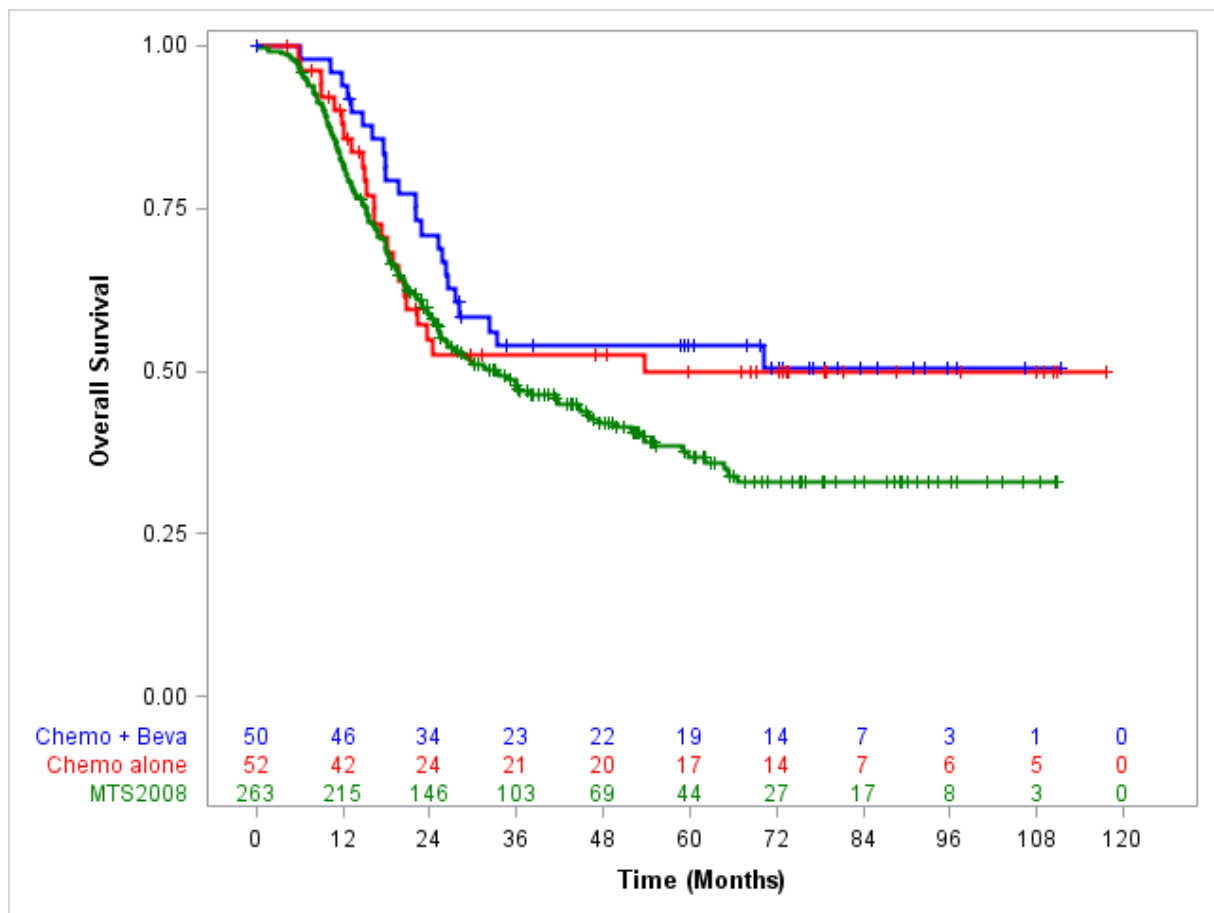
Figure 1: Event free and overall survival of patients in MTS 2008



	N	Failed	3-yr EFS (CI 95%)	Deaths	3-yr OS (CI 95%)
MTS2008 patients	263	173	34.9 (29.1-40.8)	155	47.9 (41.6-53.9)

EFS; event free survival, OS; overall survival, CI; confidence interval.

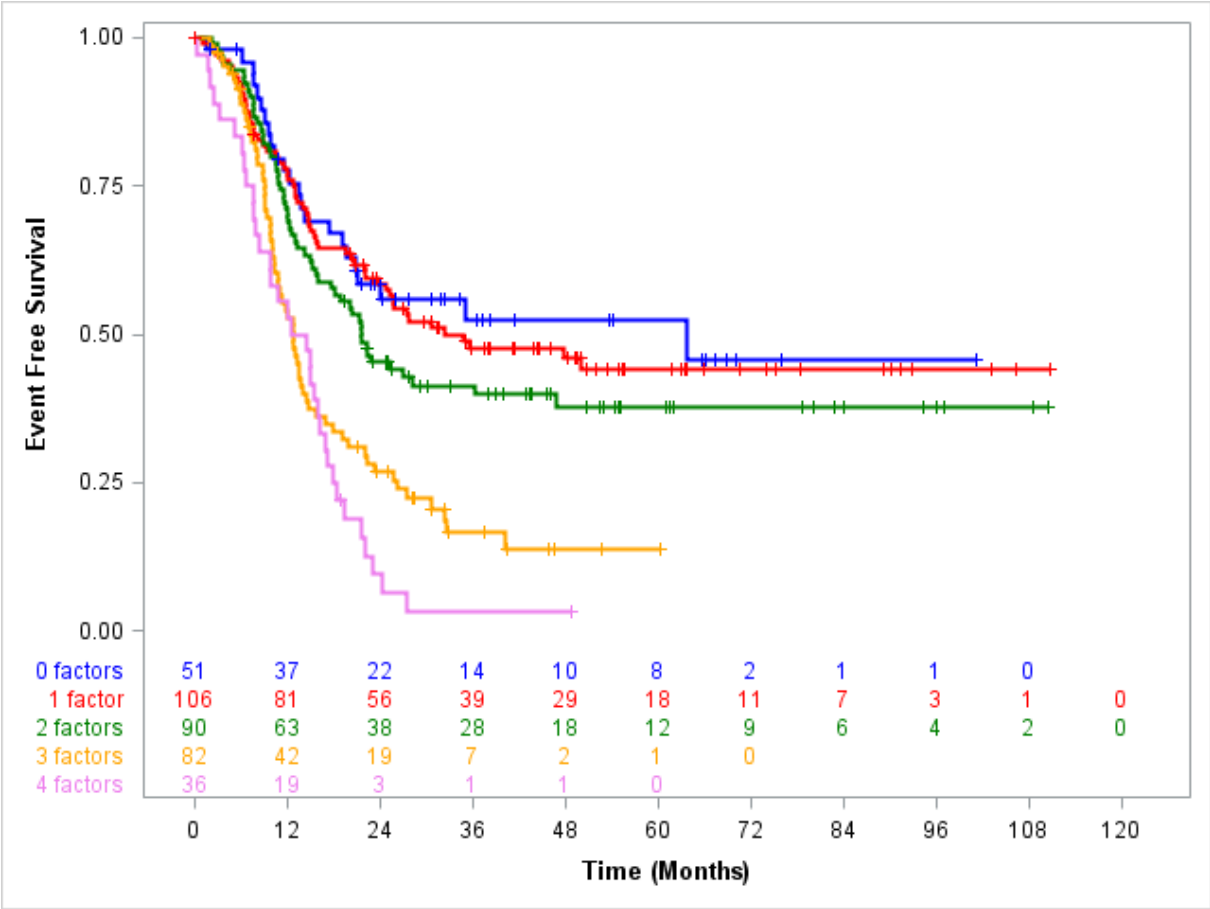
Figure 2: Overall survival by treatment cohort



	N	Deaths	3-yr OS (CI 95%)	p-value
Bernie – Chemo + Bevacizumab	50	23	53.9 (38.8-66.8)	0.08
Bernie – Chemo alone	52	23	52.6 (37.3-65.8)	
MTS 2008	263	155	47.9 (41.6-53.9)	

Beva; bevacizumab, chemo; chemotherapy, N; number, yr; year, OS; overall survival, CI; confidence interval.

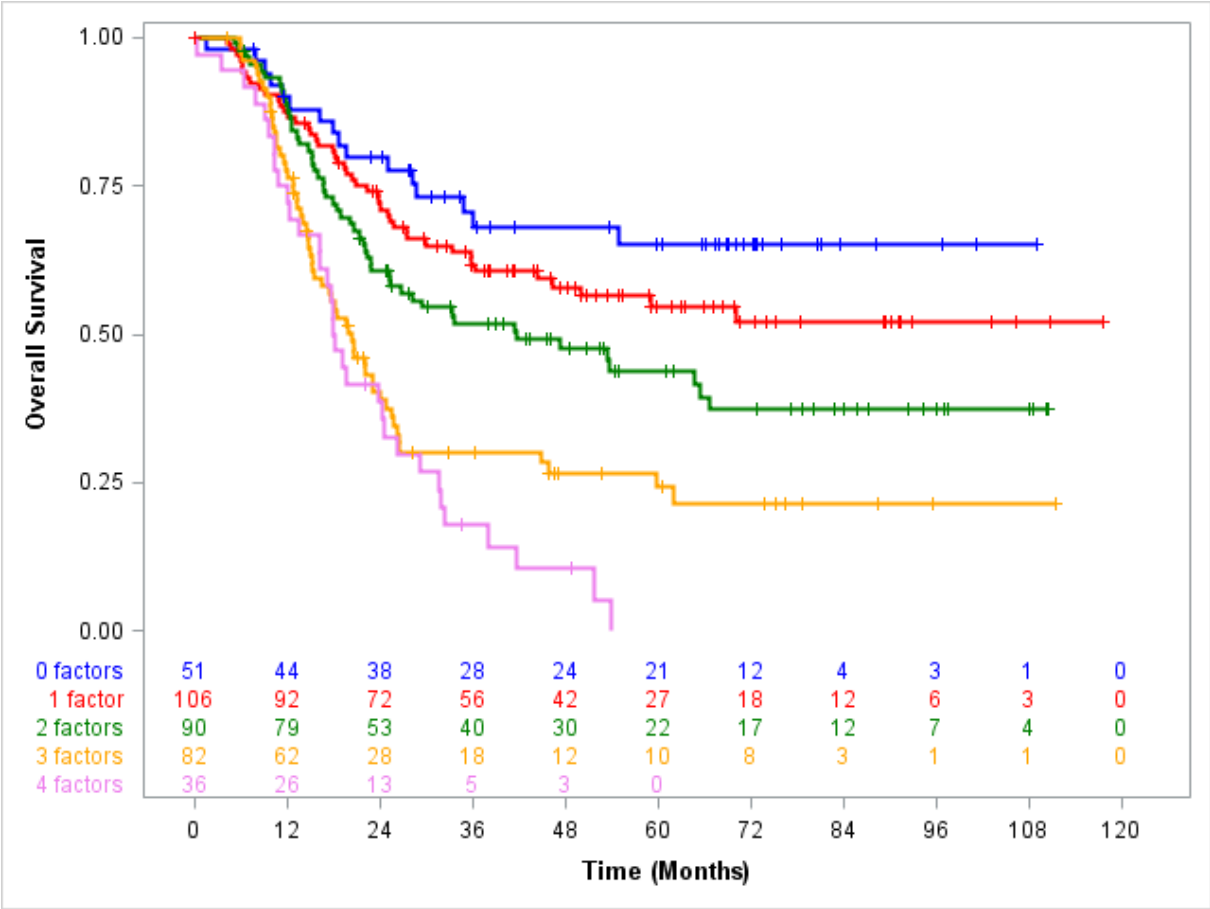
Figure 3a: Event free survival by Oberlin risk factors for pooled MTS 2008 and BERNIE cohort



	N	Failed	3-yr EFS (CI 95%)	p-value
0 factors	51	23	52.3 (36.5-66.0)	<0.0001
1 factor	106	55	47.6 (37.5-57.1)	
2 factors	90	54	41.4 (31.0-51.5)	
3 factors	82	64	16.5 (8.7-26.5)	
4 factors	36	34	3.2 (0.2-13.8)	

N; number, yr; year, EFS; event free survival, CI; confidence interval.

Figure 3b: Overall survival by Oberlin risk factors for pooled MTS2008 and BERNIE cohort



	N	Deaths	3-yr OS (CI 95%)	p-value
0 factors	51	16	70.6 (55.3-81.5)	<0.0001
1 factor	106	45	61.8 (51.6-70.5)	
2 factors	90	50	51.9 (40.9-61.8)	
3 factors	82	57	30.2 (20.2-40.9)	
4 factors	36	33	17.9 (7.3-32.1)	

N; number, yr; year, OS; overall survival, CI; confidence interval.