

RESULTS FROM AN EANM SURVEY ON TIME ESTIMATES AND PERSONNEL RESPONSIBLE FOR MAIN TASKS IN MOLECULAR RADIOTHERAPY DOSIMETRY

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44

45 **Abstract**

46 **Background:** There is a need to understand the resources required to implement dosimetry in
47 the field of molecular radiotherapy (MRT). This study reports on the time currently dedicated
48 to separate MRT dosimetry tasks, and the personnel category that are responsible for those
49 tasks.

50 **Methods:** An electronic questionnaire was distributed among experts working in MRT with
51 39 questions on time estimates and 24 questions on personnel responsible for the main tasks in
52 MRT dosimetry. The survey was divided into three main sections corresponding to the
53 principal stages of dosimetry in MRT: protocol development; initial set-up of the equipment;
54 and patient dosimetry. For the equipment, portable radiation detectors, gamma well counters
55 and liquid scintillation counters, thyroid uptake probes and SPECT/CT and PET/CT scanners
56 were considered, and for patient dosimetry, whole-body, blood, thyroid and image-based
57 dosimetry.

58 **Results:** The survey was completed by 19 medical physicists and two nuclear medicine
59 physicians working at 18 different centres across 13 countries (Canada, Czech Republic,
60 Finland, France, Germany, Greece, Italy, Netherlands, Norway, Spain, Sweden, Switzerland
61 and the UK). The longest time available from the multiple-choice responses was selected by at
62 least one respondent in all but four questions. Moreover, there were one or more potential
63 outliers in 26 of the 39 questions. However, these cases were a minority among all the responses
64 given and had little or no effect on the average results for the time estimates reported from the

65 survey. Although medical physicists were chosen to be responsible for most of the tasks, the
66 multidisciplinary nature of MRT dosimetry was shown.

67 **Conclusions:** Estimates of the time required for different tasks in MRT dosimetry and
68 personnel responsible for those tasks are provided based on a survey among specialists in MRT.
69 Variation in time estimates, which is relevant for a minority of the responses, would reflect the
70 different experience and methods used at different centres. Medical physicists are chosen to be
71 responsible for a majority of tasks, but the responsibility of other personnel categories in some
72 tasks is also shown. Variations in some of the responses related to personnel would reflect
73 different workflow and national or local preferences.

74

75 **Keywords:** Molecular radiotherapy, dosimetry, time estimates, personnel responsible, survey

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79 **Background**

80 Molecular radiotherapy (MRT) is the selective delivery of radionuclides to target and
81 destroy malignant cells, mainly by exposure to the emitted beta or alpha particles [1, 2]. In
82 most cases, these radionuclides are labelled to carrier molecules, also called vectors, for which
83 tumour cells show avidity [3–5]. There is a wide variety of radionuclides and vectors used to
84 treat a diversity of diseases [6–9], and their number is increasing, favoured by intense research
85 in the field of theranostics in nuclear medicine [10–12].

86 In other therapeutic techniques with ionising radiation, such as external beam radiotherapy
87 (EBRT) or brachytherapy, the International Commission on Radiation Units and
88 Measurements (ICRU) has standardised the prescription, recording and reporting of treatments
89 [13–18]. Moreover, the International Atomic Energy Agency (IAEA) has released documents
90 on the determination of absorbed dose in EBRT, calibration of sources in brachytherapy and
91 commissioning and quality assurance of treatment-planning systems [19-21]. Thus, EBRT and
92 brachytherapy treatments are carried out on the basis of accurate dosimetric characterisation of
93 all equipment involved in planning and delivering the treatment. Currently, this is not the case
94 in MRT, as shown in a survey performed by the former Internal Dosimetry Task Force (IDTF)
95 [22] of the European Association of Nuclear Medicine (EANM). However, the European
96 Directive 2013/59 Euratom [23] establishes the obligatory nature of treatment optimisation and
97 verification in MRT. In order to address the implementation of the Directive, the EANM
98 recently released a position paper [24] in which three levels of dosimetry are proposed. These
99 levels include an activity-based prescription with patient-averaged dosimetry, an activity-based
100 prescription with patient-specific dosimetry and, a dosimetry-based prescription and post-
101 therapy dosimetry verification.

102 A report by the IDTF [3] addressed the potential and prospect of treatment planning for the
103 main treatments of MRT. However, whilst several dosimetric approaches were included in the

104 report, the resource implications were not thoroughly examined. Current practices of dosimetry
105 for MRT were investigated in a topical report of the Institute of Physics and Engineering in
106 Medicine (IPEM) [26], including the potential barriers in setting up a clinical dosimetry
107 service. It was concluded that in the UK, most medical physics groups are well equipped to
108 provide a simple form of dosimetry service, but in most cases refrain to perform dosimetry
109 routinely by ‘lack of clinical evidence and practice’ and that more complex dosimetry will
110 require additional staffing.

111 Previous documents [27-29] have addressed the subject of resourcing in nuclear medicine,
112 including estimates of medical physics time, pertinent to dosimetry and radiation safety across
113 different therapies, such as thyrotoxicosis, thyroid carcinoma and neuroendocrine tumours [28,
114 29]. However, those estimates were not specific for the particular dosimetry workflow that is
115 specific to each therapeutic procedure. For instance, in the treatment of neuroblastoma with
116 [¹³¹I]I-mIBG, dosimetry may be performed for the whole-body dosimetry utilising portable
117 radiation detectors or at the lesion level using image-based techniques. [30]. Moreover, as with
118 EBRT and brachytherapy dosimetry [31-34], time has to be dedicated to initial protocol
119 development and configuration of equipment (Figure 1). Additionally, several disciplines may
120 be involved in the different tasks associated with the dosimetry workflow.

121 To better understand the potential resources being dedicated to the main tasks within a
122 dosimetry workflow in MRT (Figure 1) and the personnel groups undertaking these tasks, a
123 survey was conducted among different experts working in MRT dosimetry. The present
124 document reports on the results of that survey.

125 **Methods**

126 The survey was prepared by the Dosimetry Committee of the EANM in the form of an
127 electronic questionnaire and was distributed amongst experts working in MRT. Respondents

128 to the survey were mostly members of the former IDTF or Dosimetry Committee of the EANM.
129 Table I summarizes the structure of the survey and all included questions are shown in table
130 A.I of Appendix I. An introductory page which contained instructions and explanation of the
131 rationale for the survey was given to participants. The survey was divided into three main
132 sections corresponding to the principal stages of MRT dosimetry (see Figure 1). Each section
133 contained further introductory explanations. Where necessary each section of the questionnaire
134 was split into further subsections relating to different procedures or dosimetry approaches.

135 The section dedicated to protocol development did not include any subsections as it was
136 assumed a similar time was required for developing a dosimetry protocol irrespective of the
137 therapeutic procedure. The section relating to initial set-up and preparation of equipment was
138 divided into five subsections. Four of these sections addressed the main equipment used in
139 MRT dosimetry, namely portable radiation detectors, gamma well counters and liquid
140 scintillation counters, thyroid uptake probes and SPECT/CT or PET/CT scanners. The final
141 subsection concerned data analysis of the equipment configuration. The section of the survey
142 related to patient measurement and dosimetry calculations was also subdivided into five
143 subsections. The first four subsections addressed the resources dedicated to activity
144 measurement using the aforementioned equipment. The final subsection covered the resources
145 for absorbed dose calculations using the activity measurements.

146 For the online survey, questions relating to time resources appeared as drop-down lists
147 covering a wide range of available options (see Appendix I). Questions relating to responsible
148 personnel were multiple-choice and included option for medical physicist, medical doctor,
149 technologist, nurse, engineer and other. Participant responses were exported for analysis to a
150 spreadsheet.

151

152

153

Table I. Sections and subsections appearing in the survey

1.	Protocol development
2.	Initial set-up
2.1.	Portable radiation detector
2.2.	Gamma well counter and liquid scintillation counter
2.3.	Thyroid uptake probe
2.4.	SPECT/CT and PET/CT scanners
2.5.	Data analysis
3.	Patient dosimetry
3.1.	Whole body dosimetry with portable radiation detectors
3.2.	Blood dosimetry with gamma well counters and liquid scintillation counters
3.3.	Thyroid dosimetry in benign thyroid disease with thyroid uptake probes
3.4.	Image-based dosimetry with SPECT/CT and PET/CT scanners
3.5.	Absorbed dose determination

155 Results

156 The survey was completed by 19 medical physicists and two nuclear medicine physicians
157 working at 18 different centres across 13 countries (Canada, Czech Republic, Finland, France,
158 Germany, Greece, Italy, Netherlands, Norway, Spain, Sweden, Switzerland and the UK). Not
159 all participants responded to each question as in some cases a particular method of dosimetry
160 may not have been undertaken at that centre. A detailed analysis of the responses to each
161 question is presented in Appendix II. Results for time estimates were summarised as box
162 whisker plots in which the box extends from the first to third inter quartile range about the
163 median value. The whiskers correspond to the maximum and minimum values of all responses.
164 The percentage of responses in which each personnel group was selected were summarized in
165 bar diagrams, for which the following abbreviations are used: Phys.= medical physicist, M.D.=
166 medical doctor, Tech.= technologist, Eng.= engineer. As questions relating to personnel
167 allowed for more than one choice, the total percentage exceeded 100% in some cases,
168 indicating more than one personnel group was responsible for that task. Using these data some

169 specific examples for different MRT dosimetry tasks are provided giving estimates of the
170 potential time dedicated to dosimetry and which personnel group or groups could be primarily
171 responsible. Time estimates are given as median (1st quartile, 3rd quartile) and are summed for
172 each step in the dosimetry process to give an indication of the total resource required to prepare
173 and undertake a dosimetry study.

174

175 Whole-body dosimetry using a portable radiation detector in the treatment of 176 neuroblastoma with [¹³¹I]I-mIBG

177 In treatments of neuroblastoma with [¹³¹I]I-mIBG, patients often spend several days in the
178 treatment room for radiation-protection purposes [30]. Whole-body measurements can be used
179 to track the activity clearance from the body so as to determine an appropriate time for
180 discharge. In addition, these results can be used for dosimetry as a surrogate for bone marrow
181 dosimetry and predicting haemotoxicity. Several measurements per day are performed, from
182 which the whole-body activity at each time point is determined. A function is fitted to the time
183 activity data and integrated, to obtain the time-integrated activity. The whole-body absorbed
184 dose is calculated from this using an S-value scaled according to the patient body mass [30].
185 For 20 whole-body measurements a total required time of 2.5 hours is estimated to obtain these
186 data. The responsibility of the measurements is shared mainly by medical physicists and
187 technologists. A further 1.4 hour is required for analysis and interpretation of data (activity
188 and absorbed dose determination), which is generally carried out by the medical physicist.
189 Initial set-up of portable radiation detectors would need 2 h as results from the survey indicate,
190 but it is not strictly necessary if a conversion factor from dose rate to activity is obtained from
191 the first patient measurement [30]. Table II summarises the separate tasks, together with the
192 time estimates and personnel responsible.

193

194 Table II. Summary of the tasks, time estimates and personnel responsible for determining the whole-body
 195 absorbed dose in treatments of neuroblastoma with [¹³¹I]-mIBG with a portable radiation detector

Task	Time estimate (h)	Responsible
Whole-body measurements (20 measurements)	2.5 (0.8, 4.2)	Medical physicist /Technologist
Whole-body activity determination	0.9 (0.5, 1.0)	Medical physicist
Whole-body absorbed dose determination	0.5 (0.3, 0.7)	Medical physicist
TOTAL	3.9	

196

197 Treatment planning in treatments of metastatic differentiated thyroid cancer
 198 with [¹³¹I]-NaI

199 In treatments of metastatic differentiated thyroid cancer, treatment planning can be
 200 performed after administration of a tracer activity to determine the activity to be administered
 201 to reach a maximum tolerable red marrow absorbed dose of 2 Gy [35]. For this example, five
 202 blood extractions and five whole-body dose-rate measurements are assumed [36]. Table III
 203 summarises the tasks, together with the time estimates and personnel responsible, as indicated
 204 from the survey results. Blood extractions are generally carried out by a nurse or technologist
 205 and samples prepared by a medical physicist or technologist. For tasks related to whole-body,
 206 responsibilities are those of the previous example. Interpretation and processing of the results
 207 fell to the medical physicist. The whole process is expected to take about half a working day,
 208 but is often split over many days as the blood samples are taken over a 4 or 5 day period, so
 209 equates to less than 1 hour per day of physics time. These values are similar to that expected
 210 for a glomerular filtration rate service.

211

212 Table III. Summary of the tasks, time estimates and personnel responsible for determining the red marrow
 213 absorbed dose in treatments of metastatic differentiated thyroid cancer with ¹³¹I-NaI

Task	Time estimate (h)	Responsible
Blood extraction (5 samples)	0.6 (0.2, 1.0)	Nurse/Technologist
Blood samples preparation	0.4 (0.2, 0.4)	Medical physicist /Technologist
Blood samples measurement	0.4 (0.2, 0.7)	Medical physicist /Technologist

Blood activity concentration determination	0.4 (0.2, 0.7)	Medical physicist
Whole-body measurements (5 measurements)	0.6 (0.2, 1.0)	Medical physicist /Technologist
Whole-body activity determination	0.2 (0.1, 0.3)	Medical physicist
Red marrow absorbed dose determination	1.0 (0.6, 1.4)	Medical physicist
TOTAL	3.6	

214

215 Thyroid dosimetry with a thyroid uptake probe in the treatment of benign

216 thyroid disease

217 In treatments of benign thyroid disease with [¹³¹I]I-NaI, the activity to deliver the prescribed
218 absorbed dose can be calculated by means of a pre-therapy dosimetry administering a tracer.
219 Two measurements of the [¹³¹I]I-NaI uptake in the thyroid can be performed and afterwards,
220 the [¹³¹I]I-NaI uptake must be determined at each time point. With those values and the thyroid
221 mass which is usually obtained from ultrasound imaging, the thyroid absorbed dose delivered
222 by the tracer is calculated and then the activity to administer for the therapy [37]. A previous
223 calibration of the thyroid uptake probe would take 0.7 h according to the survey. The thyroid
224 uptake measurements would take 0.4 h and the data analysis to determine the activity and the
225 absorbed dose to the thyroid 0.3 h. Responsibility for uptake measurements mainly fell to
226 medical physicists and technologists and calculations of activity and absorbed dose to medical
227 physicists. Table IV summarises the separate tasks, together with the time estimates and
228 personnel responsible.

229

230 Table IV. Summary of the tasks, time estimates and personnel responsible for determining the activity to
231 administer in treatments of benign thyroid disease with [¹³¹I]I-NaI with a thyroid uptake probe

Task	Time estimate (h)	Responsible
Thyroid uptake measurements (2 measurements)	0.4 (0.2, 0.5)	Medical physicist /Technologist
Thyroid activity determination	0.1 (0.2, 0.4)	Medical physicist
Thyroid absorbed dose determination	0.2 (0.3, 0.5)	Medical physicist
TOTAL	0.7	

232

233 Image-based dosimetry in treatments of neuroendocrine tumours with
234 [¹⁷⁷Lu]Lu-DOTA-TATE

235 To perform the preparatory imaging tests on a SPECT/CT scanner prior to image-based
236 dosimetry, a variety of phantoms can be prepared [38-40]. In this example, a cylindrical water-
237 filled cylindrical phantom, used to determine the calibration factor, and a phantom with fillable
238 inserts, used to determine the recovery curve (e.g. the NEMA IEC Body phantom set) are
239 considered. Images of both phantoms are acquired, processed, and analysed with image
240 processing software. Lastly, the gathered data are analysed and the calibration factor and
241 recovery coefficients determined. From the results of the survey this task would generally be
242 performed by the medical physicist and require a full working day to obtain and analyse the
243 required data. Table V summarises the separate tasks undertaken, together with the estimated
244 time required. It should be noted that this procedure is generally only completed once, prior to
245 initiating a dosimetry service, or infrequently (e.g. annually) as part of a regular quality
246 assurance programme.

247

248 Table V. Summary of the tasks, time estimates and personnel responsible for the set-up of a SPECT/CT scanner
249 for image-based dosimetry

Task	Time estimate (h)	Responsible
Phantom preparation	1.5 (1.3, 2.6)	Medical physicist
Image acquisition	1.8 (1.2, 3.6)	Medical physicist
Image processing	1.4 (0.5, 2.3)	Medical physicist
Image analysis	2.0 (1.2, 3.0)	Medical physicist
Data analysis	2.0 (1.3, 3.5)	Medical physicist
TOTAL	8.7	

250

251 Two different approaches are considered for patient dosimetry measurement. In the first
252 approach, image-based kidney dosimetry is performed using a single SPECT/CT acquisition

253 [41] following treatment with [¹⁷⁷Lu]Lu-DOTA-TATE. Acquired data are reconstructed,
 254 processed and the activity and volume (or the activity concentration) of the kidney determined.
 255 Time-integrated activities are calculated, and subsequently the absorbed doses. In this example,
 256 it is assumed that a spreadsheet is used for calculation of absorbed dose, rather than using a
 257 dedicated dosimetry software package. Table VI summarises the tasks, together with the time
 258 and personnel responsible. Results indicate that a dosimetry study can be completed in just
 259 over 2 hours, including time dedicated to imaging the patient and for the manual calculations
 260 of the absorbed dose. Responsibility was generally that of the technologist for scanning. For
 261 image processing responsibility is shared between medical physicists and technologists, and
 262 for activity and volume determination, which implies organ outlining, between medical
 263 physicists and medical doctors. Lastly medical physicists were considered as responsible for
 264 absorbed dose calculations.

265

266 Table VI. Summary of the tasks, time estimates and personnel responsible for performing image-based
 267 dosimetry of one kidney in a treatment of neuroendocrine tumours with [¹⁷⁷Lu]Lu-DOTA-TATE

Task	Time estimate (h)	Responsible
SPECT/CT image acquisition (1 image)	0.8 (0.5, 0.8)	Technologist
SPECT/CT image processing (1 image)	0.1 (0.1, 0.3)	Medical physicist /Technologist
Activity and volume determination	0.3 (0.1, 0.5)	Medical physicist /Medical doctor
Absorbed dose determination	1.0 (0.4, 1.0)	Medical physicist
TOTAL	2.2	

268

269 The second approach considers a more complex scenario whereby the doses of two lesions and
 270 one kidney are of interest. Three SPECT/CT acquisitions are modelled in this scenario. The
 271 methodology is the same as described in the case of the kidney dosimetry summarised in table
 272 VI. Due to the additional scanning and image processing, technologist time increases
 273 accordingly. More physics resources are also required as the absorbed dose calculation is more
 274 complex and organ and lesion delineation is more time consuming, which also would increase

275 the time of medical doctor. Whilst the results indicate that a full working day is necessary to
 276 perform these calculations, it should be noted that this dosimetry schedule is protracted over a
 277 full week so amounts to just over one hour per day per patient. Table VII summarises the tasks,
 278 together with the time and personnel responsible, as obtained from the survey.

279

280 Table VII. Summary of the tasks, time estimates and personnel responsible for performing image-based
 281 dosimetry of two lesions and of one kidney in a treatment of neuroendocrine tumours with
 282 [¹⁷⁷Lu]Lu-DOTA-TATE.

Task	Time estimate (h)	Responsible
SPECT/CT image acquisition (3 images)	2.3 (1.5, 2.3)	Technologist
SPECT/CT image processing (3 images)	0.4 (0.4, 0.8)	Medical physicist /Technologist
Activity and volume determination	2.3 (1.3, 4.2)	Medical physicist /Medical doctor
Absorbed dose determination	3.0 (1.2, 3.0)	Medical physicist
TOTAL	8.0	

283 Discussion

284 Analysis of the results

285 In this document, the results of a survey (taken by 21 MRT dosimetry experts) relating to
 286 time estimates and personnel responsible for dosimetry have been reported. The diversity of
 287 participant centres from 13 different countries is likely to encompass differences in the
 288 protocols used, the equipment and resources available, the experience of the personnel, and the
 289 software used. This has resulted in some variation in the reported results.

290 A large variation was observed in the answers to the questions regarding dead time
 291 characterization of SPECT/CT and PET/CT scanners, which may be explained by the
 292 differences in the methods used for dead time assessment, which was not addressed in the
 293 survey. It is noteworthy that the maximum time in the range shown in Table A.I in Appendix I
 294 was chosen by at least one respondent in all but four questions, and that there were one or more
 295 potential outliers in 26 of the 39 questions corresponding to a higher time estimate. However,

296 those cases are a minority among all the responses given and have little or no effect on the first
 297 quartile, median and third quartile values of the time estimates reported from the survey.

298 In 16 of the 24 questions regarding personnel, the most frequent response was also more
 299 than all other responses put together (Table VIII), indicating clear identification of the
 300 responsible person for that task. In 15 of those 16 responses responsibility was reported as that
 301 of the medical physicists. In the remaining eight questions, the majority of personnel were
 302 indicated across two staff groups. The medical physicists were one of those groups in seven
 303 cases (Table IX). The only tasks where the medical physicist was not indicated as primarily or
 304 jointly responsible were in the extraction of blood samples and the acquisition of patient
 305 images.

306 Despite the clear indication that dosimetry is primarily undertaken by the medical physicists,
 307 the multidisciplinary requirements of dosimetry are still highlighted in the survey, with
 308 responsibilities indicated in other staff groups. Inter-centre variability, which may reflect the
 309 different local practice and legal regulations among countries, is also reflected. Tasks for which
 310 at least four personnel groups were indicated are marked with an asterisk in Tables VIII and
 311 IX.

312

313 Table VIII. Personnel group responsibilities where the most frequent response is more than all the other
 314 responses put together. Tasks for which at least four personnel groups were chosen are marked with an asterisk.

	Stage	Task	Personnel responsible
Set-up	Portable radiation detector	Phantom preparation *	Medical physicist
	Portable radiation detector	Phantom measurement	Medical physicist
	Thyroid uptake probe	Phantom preparation *	Medical physicist
	Thyroid uptake probe	Phantom measurement	Medical physicist
	SPECT/CT scanner	Phantom preparation *	Medical physicist
	SPECT/CT scanner	Image acquisition	Medical physicist

	SPECT/CT scanner	Image processing	Medical physicist
	SPECT/CT scanner	Image analysis	Medical physicist
	All equipment	Data analysis	Medical physicist
	Whole-body dosimetry	Activity determination	Medical physicist
	Blood dosimetry	Activity determination *	Medical physicist
Patient	Thyroid dosimetry	Activity determination	Medical physicist
dosimetry	Image-based dosimetry	Image acquisition *	Technologist
	Image-based dosimetry	Image processing	Medical physicist
	Image-based dosimetry	Activity and volume determination	Medical physicist
	All types of dosimetry	Absorbed dose determination	Medical physicist

315

316

317

318 Table IX. Personnel group responsibilities where the two most frequent responses (separated by a / mark) have
319 to be added together to be more than all the other responses put together. Tasks for which at least four personnel
320 groups were chosen are marked with an asterisk.

	Stage	Task	Personnel responsible
	Protocol development	Protocol development *	Medical physicist /Medical doctor
Set-up	Gamma well counter	Phantom preparation	Medical physicist /Technologist
	Gamma well counter	Phantom measurement	Medical physicist /Technologist
Patient dosimetry	Whole-body dosimetry	Patient measurement *	Medical physicist /Technologist
	Blood dosimetry	Blood extraction *	Nurse / Technologist
	Blood dosimetry	Sample preparation *	Medical physicist /Technologist
	Blood dosimetry	Sample measurement *	Medical physicist /Technologist
	Thyroid dosimetry	Patient measurement	Medical physicist /Technologist

321

322 Resource implications of implementation of MRT dosimetry

323 Although the performance of MRT dosimetry entails an increase in resources, most of the
324 equipment required may already exist in the facility for diagnostic and radiation protection
325 purposes, so the additional resources required are mainly personnel time and use of the

326 equipment. Protocols should be developed in sufficient detail, for which EANM guidelines and
327 MIRD pamphlets [30, 36–40, 42, 43] may provide useful guidance. Moreover, set-up and
328 regular quality control [44, 45] of the equipment have to be carried out. Regarding the use of
329 the equipment, some of the images acquired for dosimetry may also be used for diagnostics,
330 and some dose-rate measurements may also be used with radiation protection aims, thus
331 reducing the impact of the increase in resources. A recent IPEM report [26] concluded that
332 most UK centres were generally well equipped to perform MRT dosimetry, but that there was
333 a staff shortage for the increase in tasks that MRT dosimetry entails.

334 There are some documents that have reported on times needed to perform dosimetry [28,
335 29]. In those documents, time of medical physicists for an outpatient therapy of thyrotoxicosis
336 with [^{131}I]I-NaI, an in-patient therapy of differentiated thyroid carcinoma with [^{131}I]I-NaI and
337 for a complex therapy, such as therapies with [^{131}I]I-mIBG, ^{177}Lu or ^{90}Y , are reported.
338 However, those documents do not take into account the differences in time needed for image-
339 based dosimetry that can appear for different scenarios, as shown in the example given for
340 treatments of neuroendocrine tumours with [^{177}Lu]Lu-DOTA-TATE. The example showed
341 how when two lesions and kidneys imaged three times are considered, the time needed to
342 perform dosimetry is notably higher than when only kidneys imaged once are considered (8.0
343 h vs 2.2 h). Therefore, data from those documents are not directly comparable with the results
344 from the survey. The documents of the IAEA [28] and the European Federation of
345 Organisations for Medical Physics (EFOMP) [29] report, respectively, working times of 9 h
346 and 12 h of medical physicist for a dosimetry of [^{177}Lu]Lu-DOTA-TATE. Those values are
347 apparently higher than those reported from the survey, but they could be regarded as the
348 maximum time that a dosimetry can take for the case of maximum complexity. For instance,
349 for the case of [^{177}Lu]Lu-DOTA-TATE when in addition to image-based dosimetry including
350 kidneys and a high number of lesions, whole-body and blood dosimetry are also performed. As

351 the current document is more specifically concerned with MRT dosimetry, it gives a detailed
352 breakdown of the time estimates and personnel responsible for dosimetry, and thus allows for
353 more detailed calculations of the time needed to perform dosimetry and determines the
354 personnel responsible for the tasks to be performed.

355 Times needed for clinical dosimetry may vary depending on the experience of the personnel
356 of the specific centre, and may increase if training is required, or if procedures with novel
357 treatments or radionuclides are introduced. The development and implementation of
358 dosimetry-oriented software [46-54] may reduce the time required for dosimetry, but only with
359 a wider use of such tools could the potential time saving be estimated. Additionally, in short
360 term, the time dedicated to organ delineation is expected to decrease significantly thanks to
361 automatic delineation using Artificial Intelligence, as preliminary results have shown [55]. To
362 fully understand the practicality of the resource requirement for MRT dosimetry, it would be
363 of interest to know the current available resourcing across nuclear medicine and medical
364 physics departments in different countries, for which a survey is warranted, as has been
365 performed for EBRT [56, 57]. Results of another survey [58] stated that reimbursement is a
366 key factor in defining which resources are made available to ensure quality, efficiency,
367 availability and access to specific healthcare interventions, among which dosimetry-guided
368 MRT treatments could be included. Thus, the results of the present document could be used to
369 support applications for reimbursement.

370

371 **Conclusions**

372 Estimates of the median time required for different tasks in clinical MRT dosimetry and
373 personnel responsible for those tasks are provided based on a survey among specialists in MRT
374 dosimetry. The survey indicated some variation in time estimates, reflecting the different

375 experience and methods used at different centres. There was also a variation in the personnel
376 category responsible for the tasks, reflecting different workflow and national or local
377 preferences. While medical physicists are responsible for most tasks in dosimetry, the
378 multidisciplinary nature of MRT dosimetry is highlighted.

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550 **Ethics Approval**

551 This manuscript does not contain proprietary research involving either humans or animals

552 **Consent to Participate**

553 This manuscript does not contain proprietary human data; accordingly an informed consent is not

554 applicable.

555 **Liability**

556 This document summarizes the views of the co-authoring EANM Committee

557 members. It reflects recommendations for which the EANM cannot be held

558 responsible. The recommendations should be taken into the context of good practice

559 of nuclear medicine and do not substitute for national and international legal or

560 regulatory provisions.

561

562

563 **Figures**

564 Figure 1. Dosimetry workflow in MRT.

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