

1 **Normal organ dosimetry for thyroid cancer patients treated with**
2 **radioiodine as part of the multi-centre multi-national Horizon 2020**
3 **MEDIRAD project**

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43 **Abstract**

44 **Purpose:** Dosimetry is rarely performed for the treatment of differentiated thyroid
45 cancer patients with Na^{[131]I} (radioiodine) and information regarding absorbed doses
46 delivered is limited. Collection of dosimetry data in a multi-centre setting requires
47 standardised quantitative imaging and dosimetry. A multi-national, multi-centre clinical
48 study was performed to assess absorbed doses delivered to normal organs for
49 differentiated thyroid cancer patients treated with Na^{[131]I}.

50 **Methods:** Patients were enrolled in four centres and administered fixed-activities of
51 1.1 or 3.7 GBq of Na^{[131]I} using rhTSH stimulation or under thyroid-hormone-
52 withdrawal according to local protocols. Patients were imaged using SPECT(/CT) at
53 variable imaging time points following standardised acquisition and reconstruction
54 protocols. Whole-body retention data were collected. Dosimetry for normal organs was
55 performed at two dosimetry centres and results collated.

56 **Results:** One hundred and five patients were recruited. Median absorbed doses per
57 unit administered activity of 0.44, 0.14, 0.05 and 0.16 mGy/MBq were determined for
58 the salivary glands of patients treated at Centre 1, 2, 3 and 4, respectively. Median
59 whole-body absorbed doses for 1.1 and 3.7 GBq were 0.05 Gy and 0.16 Gy,
60 respectively. Median whole-body absorbed doses per unit administered activity of
61 0.04, 0.05, 0.04 and 0.04 mGy/MBq were calculated for Centre 1, 2, 3 and 4,
62 respectively.

63 **Conclusions:** A wide range of normal organ doses were observed for differentiated
64 thyroid cancer patients treated with Na^{[131]I}, highlighting the necessity for
65 individualised dosimetry. The results show that data may be collated from multiple

66 centres if minimum standards for the acquisition and dosimetry protocols can be
67 achieved.

68 **Keywords**

69 Multicentre study, Dosimetry, NaI, Thyroid Cancer

70 **Background**

71 The treatment of differentiated thyroid cancer (DTC) with Na^[131I]I (radioiodine)
72 following thyroidectomy remains subject to debate (1). Treatment approaches vary
73 from not administering Na^[131I]I (2) to the possibility of dosimetry-based
74 administrations (3). Results of the ESTIMABL2 trial (4) showed that treatment
75 strategies for patients with low-risk DTC not administered Na^[131I]I were non-inferior to
76 treatment with Na^[131I]I with respect to functional, structural, and biologic events at 36
77 months. The randomised trials HiLo (5, 6) and ESTIMABL1 (7) showed no difference
78 between 1.1 and 3.7 GBq with respect to post-ablation success at 6–9 months and
79 recurrence rates. Although these studies were performed with empirical activities,
80 several studies have hypothesised that ablation success would be more closely
81 related to the absorbed doses delivered than to the administered amount of activity (8-
82 11).

83 An optimised treatment strategy would ideally be based on the risk-to-benefit ratio for
84 individual patients, established absorbed dose-response relationships and the
85 potential risks of low irradiations of healthy organs. Possible side effects from Na^[131I]I
86 treatment are salivary gland disorders (12, 13) and secondary primary malignancies
87 (14-16) although incidence rates vary significantly between studies. Retrospective
88 epidemiological studies have presented contradicting results and have seldom
89 included dosimetry of healthy organs.

90 Prospective multi-national multi-centre clinical or epidemiological studies that
91 incorporate standardised quantitative imaging and dosimetry networks are necessary
92 to overcome the limitation of small number of patients treated at individual centres (17,
93 18). A study within the EU Horizon MEDIRAD project (19) performed a multi-centre

94 prospective clinical study to assess the absorbed doses delivered to healthy organs
95 and target volumes for DTC patients treated with Na^{[131]I}. In addition, bio-kinetic
96 models were revised and developed for this patient population (20) and the DNA
97 damage and repair in peripheral blood mononuclear cells was assessed (21).

98 We report here on an observational study employing standardised quantitative
99 imaging and dosimetry. We present the range of absorbed doses delivered to healthy
100 organs. We also identify and address issues when full standardisation cannot be
101 achieved.

102 **Methods**

103 A multi-centre multi-national prospective observational study was performed within the
104 EU MEDIRAD programme (19). Patients were recruited onto the study within each
105 participating country with study inclusion criteria and trial endpoints aligned between
106 the centres. The primary endpoint was to establish the range of absorbed doses to
107 target tissues and healthy organs from Na^{[131]I}. Three separate clinical trials, one in
108 each participating country, were approved by the respective national and institutional
109 review boards (see Supplementary Table 1). All patients provided written informed
110 consent prior to registration.

111 **Quantitative SPECT imaging network**

112 The four participating clinical imaging centres (University Hospital of Marburg (UMR)
113 Germany, Centre 1, University Hospital Würzburg (UKW) Germany, Centre 2, Institut
114 Universitaire du Cancer de Toulouse (IUCT-O) France, Centre 3, Royal Marsden
115 Hospital (RMH) United Kingdom, Centre 4) had been set-up as a European network
116 of centres able to perform standardised quantitative imaging of Na^{[131]I} (17). Site set-

117 up measurements included assessment of system volume sensitivity to quantify the
118 images and determination of recovery coefficients to account for the apparent loss in
119 activity due to the partial volume effect.

120 The standardised image acquisition and reconstruction protocols have been reported
121 in a previous publication (17) and are included as Supplementary Tables 2 and 3.

122 **Patient inclusion criteria**

123 Patients were included in the study if they had histologically proven DTC and a total
124 or staged (hemithyroidectomy followed by completion thyroidectomy) thyroidectomy.
125 Only patients 18 years or older and treated for the first time with radioactive iodine
126 (RAI) were eligible for participation. Patients were excluded from the study if they had
127 a prior diagnostic Na[¹³¹I] scan, external beam radiotherapy or systematic
128 chemotherapy within 6 weeks of treatment. No salivary gland stimulation protocols
129 were defined in the clinical trial protocols.

130 **Data collection and imaging schedule**

131 Additional clinical data required for the dosimetry analysis in this cohort were collected
132 with standardised case report forms (CRFs) in all centres and were transcribed to an
133 electronic CRF (e-CRF) (22). Imaging data were uploaded onto a central DICOM
134 repository (Kheops) and the Image and Radiation Dose Biobank (IRDBB) (23).

135 While standardised image acquisition and reconstruction protocols were implemented
136 for the SPECT acquisitions, a flexible imaging schedule was implemented throughout
137 the studies to allow for local differences in imaging system availability, ethics approval
138 and due to COVID-19 restrictions. Patients could be enrolled in the study with a Single-

139 Photon-Emission-Computed-Tomography (SPECT) scan between 24 and 96 hours
140 post administration of Na[¹³¹I]. Up to five optional SPECT scans were collected, where
141 possible, from 6 to 168 hours post administration. Patients enrolled with a single or
142 multiple SPECT scans are referred to hereafter as single-time-point and multiple-time-
143 point patients, respectively. A single Computed-Tomography (CT) scan was acquired
144 together with one of the SPECT scans for each patient for attenuation correction and
145 Monte-Carlo absorbed dose calculations. Additional CT scans were not acquired due
146 to restrictions imposed in the ethics approval process and concerns raised by patients.
147 One centre had a SPECT-only system for which Chang's attenuation correction was
148 used in place of CT based attenuation correction. Reconstruction of scans was
149 performed locally according to the standardised protocol provided in Supplementary
150 Table 3.

151 Regular whole-body (WB) retention measurements were performed during the
152 patient's stay in hospital according to local standard of care procedures and the
153 quantified level of radioactivity in the WB was estimated for each time point. Retention
154 measurements were performed for up to 7 days post administration for Centres 1 and
155 2, while Centres 3 and 4 acquired data for up to 4 days due to shorter inpatient stays.

156 **Dosimetry calculations**

157 Dosimetry calculations were performed by two dosimetry teams. Each independently
158 analysed the data collected at Centre 4 for comparison.

159 **Dosimetry methodologies for dosimetry team A**

160 Dosimetry team A (DTA, Centre de Recherches en Cancérologie de Toulouse)
161 performed dosimetry calculations from data acquired at Centres 2 to 4 using

162 OpenDose3D (24-26), an extension to 3DSlicer (27, 28) developed as part of the
163 OpenDose project (29). The extension relies on the existing open source architecture
164 of 3DSlicer designed for medical image analysis and includes modules specifically
165 designed for molecular radiotherapy (MRT) dosimetry such as calculation of absorbed
166 dose (rates) from 3D maps of density and cumulated activity (activity) and the
167 integration of time-dependent parameters including activity (to provide cumulated
168 activity or time-integrated activity), or absorbed dose rates (to provide the absorbed
169 dose). SPECT images were registered using rigid deformation in the Elastix module
170 of Slicer3D.

171 The following organs were segmented using 3DSlicer tools if included in the field-of-
172 view (FOV): neck uptake, lungs (left/right), salivary glands, bones, liver, kidneys
173 (left/right), spleen, urinary bladder and L2-L4. Manual or threshold-based
174 segmentation was performed on functional or anatomical images. Image data were
175 quantified using the system-volume calibration factors determined for each imaging
176 system (17) and activity in each volume-of-interest (VOI) at each time point was
177 calculated by summing the activity contained in individual voxels in the respective VOI.
178 The integration of activity over time was then performed for each VOI, assuming a
179 mono-exponential decay to determine time-integrated activity coefficients (TIAC). For
180 single-time-point patients (all patients recruited in Centre 3 and 12 out of 25 patients
181 recruited in Centre 4), the effective half-life derived from whole body external counting
182 was used for all organs except the neck region where a fixed 68 hour effective half-life
183 was used taken from literature for an rhTSH treated patient population (30). All single-
184 time-point patients were treated using rhTSH stimulation.

185 Monte Carlo modelling was performed to derive voxel-based absorbed dose rates for
186 each time-point. A single CT was used for each time point for both attenuation

187 correction and Monte Carlo simulation using GATEv8.2 (31). Time-integration of the
188 mass averaged absorbed dose rates, the total deposited energy in the VOI divided by
189 the VOI mass, was performed for each VOI, similar to the method described above for
190 the TIAC.

191 **Dosimetry methodologies for dosimetry team B**

192 Dosimetry team B (DTB, Royal Marsden Hospital) performed absorbed dose
193 calculations for Centres 1 and 4 using in-house dosimetry software developed in
194 3DSlicer (27, 28). Images were quantified using system-volume calibration factors
195 determined for each imaging system (17) and the area-under-the-curve was
196 determined using single or multiple time-point fitting as applicable.

197 For single time-point patients, assumed half-lives of $T_{1/2} = 9.3$ and 8.6 hours were used
198 for the parotid and submandibular salivary glands, respectively, which were taken from
199 literature (32). Salivary glands were segmented using the tools available in 3DSlicer,
200 taking into account the anatomical information from the CT (if available) to determine
201 the volume. Outlining on the SPECT scans was performed either via thresholding
202 (Centre 1 where anatomical imaging information was not available) or by copying the
203 CT outline onto the SPECT scans (Centre 4) to obtain the activity retention. For
204 thresholding a fixed threshold of 35% was used, determined from a comparison of
205 anatomical and functional image segmentation in patients of Centre 4. The mean
206 absorbed dose to salivary glands was obtained using dose kernel convolution, taking
207 into account the contribution of charged particles to the absorbed dose only.

208 **Whole-body dosimetry**

209 WB absorbed doses were estimated from the WB retention measurements. The WB
210 absorbed dose is frequently used as a surrogate for the absorbed dose to the bone

211 marrow (33). The time-integrated activity was obtained from a multi-exponential fit to
212 the data using Solver, a Microsoft Excel add-in program. The Medical Internal
213 Radiation Dose (MIRD) (34) formalism was employed for the calculations using a
214 mass-adjusted (m_p , the patient's weight in kg) S-factor as proposed by Buckley et al
215 (35):

$$S_{WB \leftarrow WB} = 1.34 \times 10^{-4} \times m_p^{-0.921} \text{ Gy MBq}^{-1} \text{ h}^{-1}. \quad (1)$$

216 **Statistical analysis**

217 The Mann-Whitney test was employed to assess whether WB absorbed doses per unit
218 administered activity were significantly different between patients treated with 1.1 and
219 3.7 GBq and between rhTSH stimulation and THW, respectively. Furthermore, the
220 Mann-Whitney test was used to assess differences between the TIACs of patients
221 treated using rhTSH stimulation and THW, respectively. All statistical tests were
222 exploratory and testing was performed at the two-sided 5% significance level. All
223 statistical analysis was performed using GraphPad Prism version 9.3.1 or later for
224 Windows (GraphPad Software, San Diego, California USA).

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226 **Results**

227 **Patient characteristics**

228 One hundred and five patients were recruited at the four centres (Table 1). Twelve
229 (11.4%), 1 (1.0%) and 92 (87.6%) patients received nominally 1.1, 2.5 and 3.7 GBq of
230 Na^{[131]I}] according to local protocols. All patients treated at Centres 1 to 3 were
231 administered 3.7 GBq, except for one patient receiving 2.5 GBq, while patients at

232 Centre 4 received either 1.1 or 3.7 GBq according to local standard-of-care. Of the
 233 105 patients, 19 were treated under thyroid-hormone-withdrawal (THW) while the
 234 remaining patients had recombinant human thyroid-stimulating hormone (rhTSH)
 235 administered prior to treatment with Na^[131I]I.

236 **Table 1: Patient characteristics of the study participants at the four MEDIRAD WP3 centres.**

<i>Characteristic</i>	
<i>Age – yr (Mean ± Standard Deviation)</i>	47.2 ± 15.6
<i>Female – N (%) (n=105)</i>	79 (75.2)
<i>Histological subtype – N (%)</i>	
<i>Papillary</i>	87 (82.9)
<i>Follicular</i>	15 (14.3)
<i>Mixed</i>	3 (2.9)
<i>Prescribed RAI activity – N (%)</i>	
1100 MBq	12 (11.4)
2500 MBq	1 (1.0)
3700 MBq	92 (87.6)

237 **Dosimetry results**

238 Dosimetry scans were collected for 37 single-time-point patients and 68 multiple-time-
 239 point patients for which two to six time-points between 6 and 168 hours were available
 240 (see Table 2). Centres 1 to 3 performed two FOV SPECT scans covering the
 241 head/neck area to the lower abdomen, while Centre 4 acquired a single FOV scan of
 242 the head/neck area.

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248 **Table 2: Summary of imaging data collected. (DTA = Dosimetry team A, DTB = Dosimetry team B)**

	<i>Centre 1</i>	<i>Centre 2</i>	<i>Centre 3</i>	<i>Centre 4</i>
	<i>n= 34</i>	<i>n=21</i>	<i>n=25</i>	<i>n=25</i>
<i>Single-time-point patients</i>	None	None	25 (25 SPECT/CT, 1 per patient at 96 hours)	12 (12 SPECT/CT, 1 per patient at 24 to 48 hours)
<i>Multiple-time-point patients (6 to 192 hours)</i>	34 (168 SPECT scans, 4 to 6 time-points per patient between 6 and 168 hours)	21 (21 SPECT/CT and 77 SPECT scans, 4 to 6 time-points per patient between 6 and 168 hours)	None	13 (13 SPECT/CT and 25 SPECT scans, 3 time-points per patient between 24 and 72 hours except for 1 patient with only 2 scans)
<i>Dosimetry performed by</i>	DTB	DTA	DTA	DTA, (DTB for comparison of salivary glands only)

249 **Normal-organ absorbed doses**

250 Normal-organ absorbed doses were estimated for lungs, bones, salivary glands,
251 bladder wall, liver, kidneys, spleen and L2-L4 (as a surrogate for the bone-marrow
252 absorbed dose). Absorbed doses per unit administered activity (mGy/MBq) are
253 presented in Figure 1 and summarised in Table 3. All dosimetry calculations presented
254 here were performed by dosimetry team A except for those for Centre 1 which were
255 carried out by dosimetry team B.

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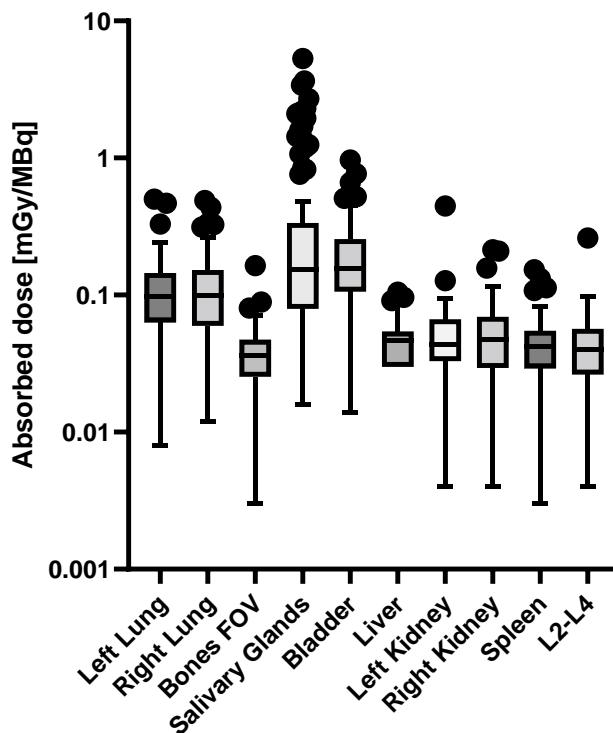
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259 **Table 3: Median (Range) of absorbed doses per administered activity (mGy/MBq) for the normal organs**
 260 **assessed for all patients combined and at the four different centres. Dosimetry for Centre 1 was performed**
 261 **by dosimetry team B. Dosimetry for Centres 2, 3 and 4 was performed by dosimetry team A.**

<i>Organ</i>	<i>Centre 1</i>	<i>Centre 2</i>	<i>Centre 3</i>	<i>Centre 4</i>
	<i>[mGy/MBq]</i>	<i>[mGy/MBq]</i>	<i>[mGy/MBq]</i>	<i>[mGy/MBq]</i>
	<i>n=34</i>	<i>n=21</i>	<i>n=25</i>	<i>n=25</i>
<i>Left Lung</i>	-	0.1 (0.01 - 0.23)	0.08 (0.02 - 0.5)	0.11 (0.04 - 0.47)
<i>Right Lung</i>	-	0.12 (0.01 - 0.44)	0.1 (0.03 - 0.33)	0.1 (0.04 - 0.49)
<i>Bones</i>	-	0.04 (0 - 0.07)	0.03 (0.01 - 0.16)	0.04 (0.02 - 0.08)
<i>Salivary glands</i>	0.44 (0.04 – 1.43)	0.14 (0.02 - 0.34)	0.05 (0.02 - 0.76)	0.16 (0.03 - 1.07)
<i>Bladder wall</i>	-	0.19 (0.01 - 0.97)	0.14 (0.02 - 0.66)	-
<i>Liver</i>	-	0.05 (0 - 0.11)	0.05 (0 - 0.09)	-
<i>Left Kidney</i>	-	0.06 (0 - 0.13)	0.04 (0.01 - 0.45)	-
<i>Right Kidney</i>	-	0.06 (0 - 0.21)	0.04 (0.01 - 0.21)	-
<i>Spleen</i>	-	0.06 (0 - 0.15)	0.04 (0.01 - 0.05)	-
<i>L2-L4</i>	-	0.05 (0 - 0.1)	0.03 (0.01 - 0.26)	-
<i>Blood</i>	-	0.08 (0.06 - 0.17)	-	-
<i>Whole-body</i>	0.04 (0.02 – 0.07)	0.05 (0.03 – 0.08)	0.04 (0.03 – 0.11)	0.04 (0.02 – 0.09)

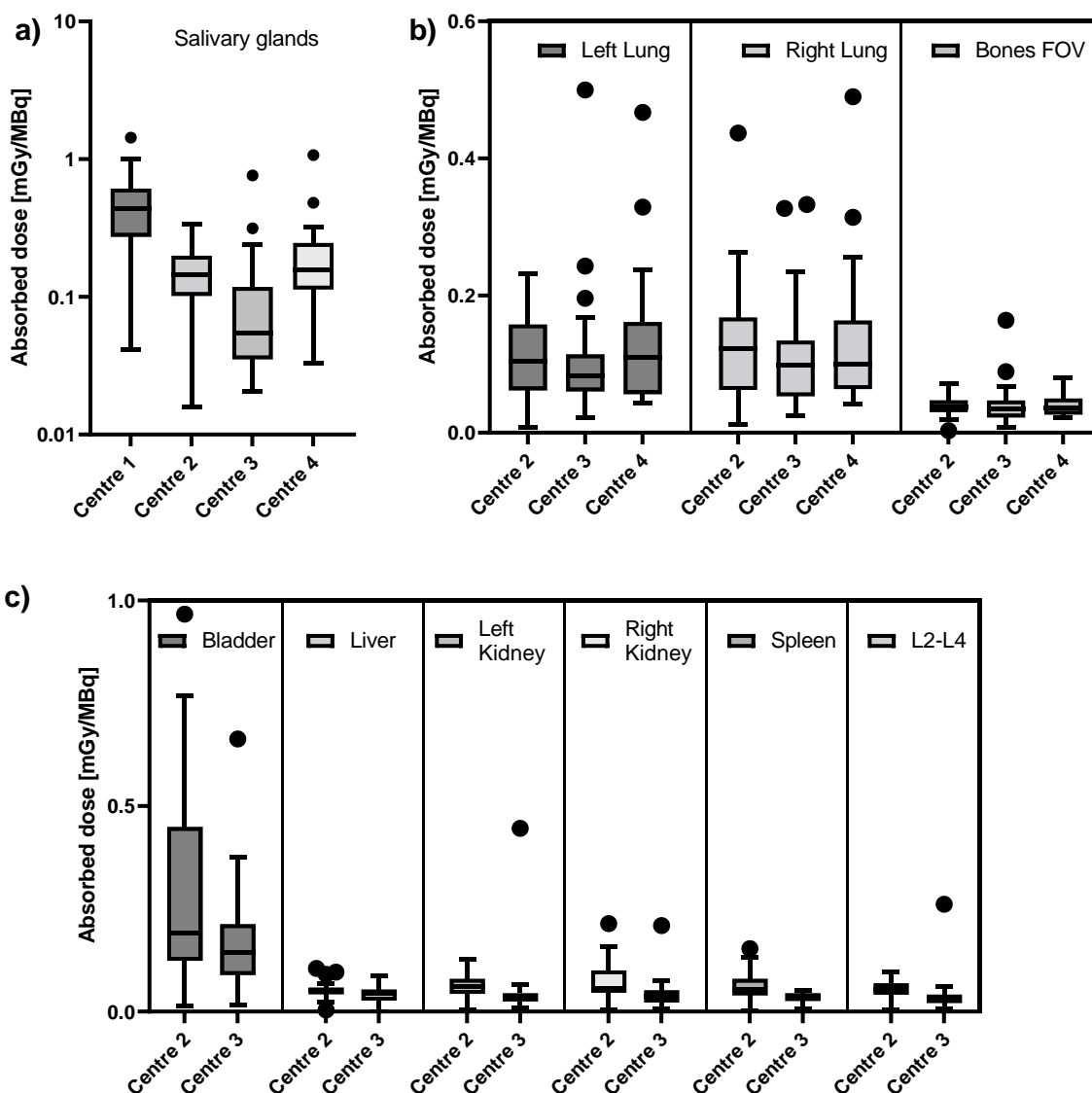
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264 **Figure 1: Ranges of absorbed doses estimated for the patients (n=105) in MEDIRAD WP3 for lungs, bones,**
 265 **salivary glands, bladder, liver, kidneys, spleen and L2-L4. Results are shown for all four recruiting centres.**
 266 **Dosimetry for Centre 1 was performed by DTB. Dosimetry for Centres 2, 3 and 4 was performed by**
 267 **dosimetry team A.**

268 Figure 2 shows the ranges of absorbed doses calculated for each of the centres
 269 individually. Ranges of absorbed doses delivered to salivary glands, lungs and bones
 270 are comparable between Centres 2 and 4. Salivary gland absorbed doses of Centre
 271 1, the centre with a SPECT-only system, are systematically higher, while salivary
 272 gland doses of Centre 3, the centre with single-time point imaging at 96 hours, are
 273 lower. Ranges of absorbed doses for bladder, liver, kidneys, spleen and L2-L4 could
 274 only be compared between Centres 2 and 3 due to differences in the acquired FOV in
 275 Centre 4, but a good agreement was found between Centre 2 and 3.

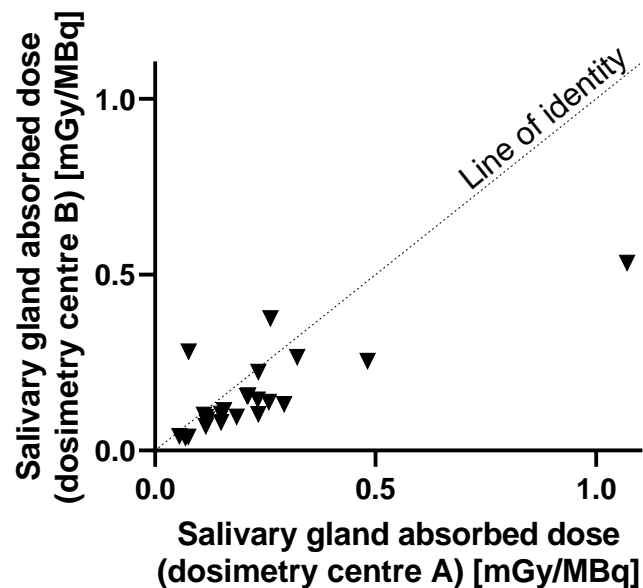


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277 Figure 2: Range of absorbed doses per unit administered activity assessed for a) salivary glands, b) lungs
 278 and bones and c) bladder, liver, kidneys, spleen and L2-L4, respectively, presented for the individual
 279 centres (Centre 1: n=34, Centre 2: n=21, Centre 3: n=25, Centre 4: n=25). Centre 1 had a SPECT-only system
 280 and only absorbed doses to the salivary glands could be determined, while Centre 4 performed a single
 281 FOV scan which prevented quantification of any organs in the abdomen. Dosimetry calculations for Centre
 282 1 were performed by DTB. Absorbed doses for Centre 2, 3 and 4 were calculated by dosimetry team A.

283 **Dosimetry comparison between dosimetry teams**

284 Salivary gland dosimetry results from the two dosimetry teams were compared for
 285 patients recruited at Centre 4. Results are presented in Figure 3. A good agreement
 286 was found between the results of both dosimetry teams.



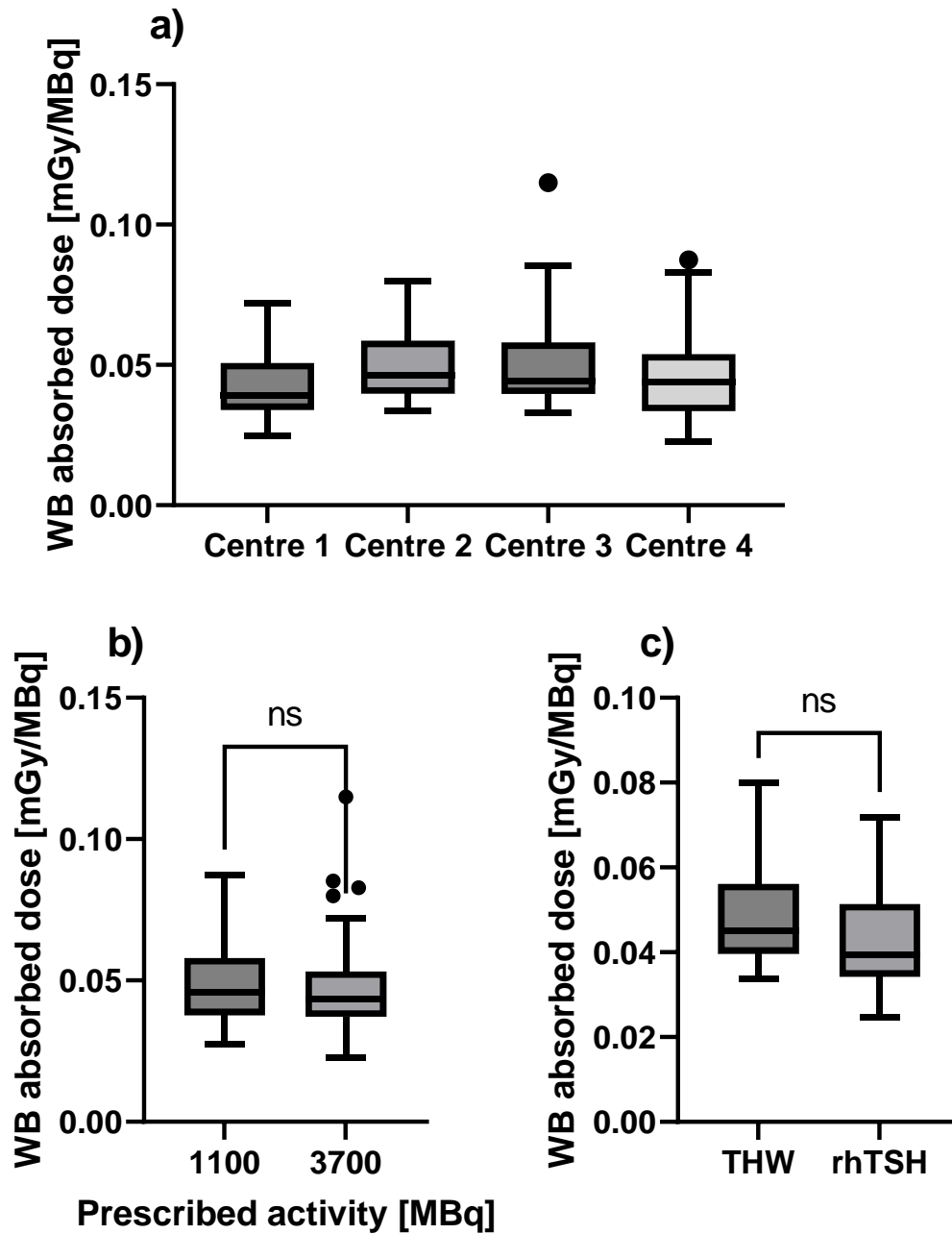
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288 **Figure 3: Comparison of salivary gland absorbed doses of the patients recruited at Centre 4 (n=25)**
 289 **between the two teams performing dosimetry.**

290 **Whole-body absorbed doses**

291 Whole-body retention measurements were performed according to local protocols with
 292 median latest retention measurements at 167 h (Range 45-174 h), 165 h (Range 69-
 293 190 h), 42 h (Range 30-112 h) and 44 h (Range 19-70 h) , respectively, for Centre 1,
 294 2, 3, and 4. Median TIACs for patients treated at Centre 1, 2, 3 and 4 were 16.3 h
 295 (10.5 - 38.1 h), 20.0 h (14.4 - 34.8 h), 16.5 h (10.7 - 40.15 h) and 16.6 h (10.9 - 28.8
 296 h), respectively. Figure 4a) shows the comparison of whole-body absorbed doses per
 297 unit administered activity for the four recruiting centres which has also been added to
 298 Table 3. Figure 4 b+c) show the comparison of whole-body absorbed doses per unit

299 administered activity for patients treated with 1.1 and 3.7 GBq and between rhTSH
300 stimulation and THW, respectively. As the time range of whole-body retention
301 measurements was significantly different between Centres 1 and 2 compared to
302 Centres 3 and 4, the comparison of rhTSH stimulation and THW was only performed
303 for patients recruited in Centres 1 and 2. Median WB absorbed doses per unit
304 administered activity for patients treated using rhTSH stimulation and THW were 0.04
305 mSv/MBq (0.02 – 0.07 mSv/MBq) and 0.05 mSv/MBq (0.03 – 0.08 mSv/MBq),
306 respectively. Interestingly, the difference in WB absorbed dose per unit administered
307 activity between rhTSH stimulation and THW was found to be non-significant ($p = 0.07$)
308 for patients treated in Centres 1 and 2. Median TIACs for patients treated using rhTSH
309 stimulation and THW were 16.3 h (10.5 – 38.1 h) and 19.7 h (14.4 – 28.0 h),
310 respectively. The difference in TIACs for rhTSH and THW patients was found to be
311 significant ($p=0.02$). The results of the Mann-Whitney test between the whole-body
312 absorbed doses per unit administered activity for 1.1 and 3.7 GBq patients showed
313 that the difference was non-significant ($p = 0.60$), indicating that whole-body absorbed
314 doses scale with administered activity.



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316 Figure 4: Comparison of the range of whole-body absorbed doses per unit administered (mGy/MBq)
 317 activity for a) patients enrolled at each of the four study centres, b) for patients treated with 1.1 GBq and
 318 3.7 GBq and c) for patients treated using THW and rhTSH (only for patients recruited in Centres 1 and 2
 319 due to the local differences in activity retention measurement protocols). The results of the Mann-
 320 Whitney test are indicated above each comparison with “ns” = non-significant (p-value>0.05).

321 **Discussion**

322 An important finding of this study is the large range of absorbed doses obtained for
323 the normal organs, including the salivary glands and the bone marrow resulting from
324 the administration of empirically-based fixed activity administrations of radioisotopes.
325 This agrees with findings of previous studies (11, 30, 32). Furthermore, whole-body
326 absorbed doses appear to scale linearly with activity (see Figure 4b) which is of
327 significance when considering personalised treatment planning.

328 Dosimetry results reported here compare well to the literature. The median absorbed
329 dose value per unit administered activity obtained in the present study of 0.15
330 mGy/MBq for the salivary glands is in agreement with the values of 0.2 mGy/MBq and
331 0.5 mGy/MBq provided by Jentzen et al (36) for parotid and submandibular glands,
332 respectively, and the ICRP publication 128 (37) estimate (blocked thyroid, oral
333 administration model) of 0.26 mGy/MBq. Normal organ absorbed dose values for
334 lungs, liver, kidneys and spleen agree well with values reported by Kolbert et al (38)
335 for an rhTSH patient population and the respective ICRP publication 128 (37)
336 estimates for healthy subjects with normal kidney function.

337 Whole-body absorbed doses were comparable between centres despite the variation
338 in local practice of in-patient stays, and, therefore, the duration of activity retention
339 measurements. Whole-body absorbed doses per unit administered activity were found
340 to be not statistically significant different between rhTSH stimulation and THW. The
341 large range of absorbed doses and differences in local acquisition protocols with
342 respect to the whole-body retention measurements, which were performed according
343 to local standard-of-care, may explain the difference to results presented by
344 Hänscheid et al (30). THW was only used in a single centre in the present study and

345 differences may be due to differences in local patient populations. Nevertheless,
346 TIACs of rhTSH patients were found to be statistically significant lower when
347 compared to THW patients, likely due to a reduction in the glomerular filtration rate in
348 thyroid hormone withdrawal patients (39).

349 Salivary gland absorbed doses obtained from the centre with a SPECT-only system
350 (Centre 1) were found to be higher compared to other centres. The missing anatomical
351 CT information, required for outlining and accurate attenuation correction, is a potential
352 cause for these discrepancies. The comparison of dosimetry results by the two
353 dosimetry teams for Centre 4 suggests that discrepancies are not due differences in
354 dosimetry methodologies but because of inaccurate quantification of salivary gland
355 retention for Centre 1. In addition, limited imaging protocols, such as the protocol in
356 Centre 3 with a single late imaging time point at 96 hours may prevent reasonable
357 dosimetry estimates for example for the salivary glands. The latter have a relatively
358 short effective half-life of approximately 9 hours (32) which results in negligible
359 physiological uptake at 96 hours.

360 The development of personalised treatment approaches in MRT will require large-
361 scale prospective studies which can only be performed in a multi-centre multi-national
362 setting (40). Multi-centre observational studies to collect absorbed doses in MRT, and
363 the MEDIRAD study presented here, have shown that standardisation is challenging
364 due to logistical differences and limitations in the ethical review process especially for
365 observational studies. The results presented here indicate that data acquired in
366 different centres may be collated even if flexible image acquisition protocols are
367 implemented as ranges of absorbed doses are comparable. Several limitations on the
368 flexibility of imaging schedules have been identified such as the lack of early imaging

369 time-points for organs with short biological retention and lack of CT for accurate
370 quantification. Further work is required to determine the level of standardisation and
371 site set-up required for clinical trials depending on the specific trial endpoints (41).

372 Multi-centre observational studies will require suitably trained medical physics experts
373 and a central dosimetry centre may be necessary for data processing to collate results
374 from centres and investigate absorbed dose-response relationships in the case of non-
375 standardised methodologies. Data processing in two dosimetry centres has proven to
376 be very helpful to compare results and should be encouraged to promote exchange of
377 dosimetry methodologies and tools while they are still under development. A limitation
378 of the current study is that dosimetry was not compared for all patients between the
379 two dosimetry teams.

380 **Conclusions**

381 Multi-centre multi-national studies to assess absorbed doses to normal organs and
382 target tissues are feasible in MRT. The results have shown that standardisation is not
383 always achievable and required. Nevertheless, minimum standards might be required
384 to achieve accurate quantification including the careful choice of imaging time-points
385 and quantification methodologies. The large range of normal organ doses reported
386 here shows the necessity for individualised dosimetry to allow recording and
387 assessment of absorbed doses delivered during treatment. Further work is required to
388 develop imaging networks and to evaluate the uncertainties associated with non-
389 standardised acquisition protocols.

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547 Authors' contributions:

548 JT, AVG, FL, UE, MLa, MLu, FAV, LV, FC, KN, MB and GF contributed to conception
549 and design of the study. JT, AVG, FL, CA, LV, LCP, SS, UE, TS, DV performed the
550 data collection and/or analysis. JT and AVG wrote the first draft of the manuscript. All
551 authors contributed to manuscript revision, read, and approved the submitted version.

552 Data availability: Data can be provided upon a reasonable request to the
553 corresponding author.

554 Ethics approval: All procedures performed were in accordance with the ethical
555 standards of the institutional and/or national research committees (see Supplementary
556 Table 1) and with the 1964 Helsinki Declaration and later amendments.

557 Consent to participate: Written informed consent was obtained from all participants in
558 the study.

559 Consent for publication: All authors read the manuscript and approved its publication.

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582 **Supplementary material:**583 **Taprogge et al: Normal organ dosimetry for thyroid cancer patients**
584 **treated with radioiodine as part of the multi-centre multi-national**
585 **MEDIRAD project**

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587 **Supplementary Table 1: Ethics approval WP3**

<i>Investigating centre</i>	<i>Ethical approval obtained</i>	<i>Ethics approval details</i>	<i>National, EudraCT or ClinicalTrials.gov Identifier</i>
<i>UKW</i>	9 th May 2019	Approved by the National Ethics Committee	EudraCT: 2019-002244-25
<i>UMR</i>	14 th May 2019	Approved by the National Ethics Committee	EudraCT: 2019-002244-25
<i>IUCT-O</i>	16 th Dec 2019	Approved by the National Ethics Committee	ID RCB : 2019-A01734-53
<i>RMH/ICR</i>	19 th March 2020	The study was approved by the East Midlands - Nottingham 1 Research Ethics Committee (20/EM/0022) and the institutional review board at the Royal Marsden Hospital	ClinicalTrials.gov: NCT04391244

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590 **Supplementary Table 2: Acquisition parameters used for ¹³¹I imaging as part of the MEDIRAD WP3 study.**

<i>¹³¹I acquisition protocol</i>	
<i>Collimator</i>	High Energy
<i>Photopeak energy window</i>	364 keV ± 10% or ± 15%
<i>SPECT(/CT) Matrix</i>	128 x 128
<i>SPECT movement</i>	Body contour
<i>Projections</i>	2 x 30 (6° projection) or 2 x 36 (5° projection)
<i>Time per projection</i>	Adjusted based on measured count-rate for patient acquisition
<i>CT</i>	Standard low-dose protocol (if applicable)

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594 **Supplementary Table 3: SPECT (/CT) reconstruction parameters used for ^{131}I imaging as part of the**
 595 **MEDIRAD WP3 study.**

^{131}I reconstruction protocol

<i>Reconstruction</i>	OSEM (4 iterations, 10 subsets)
<i>Attenuation correction (AC)</i>	CTAC (One centre: Chang with 0.11 cm^{-1} @ 364 keV)
<i>Scatter correction</i>	Triple-Energy Window (TEW)
<i>Post-reconstruction filtering</i>	None

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