

1 SURVIVAL IN HEMATOLOGICAL MALIGNANCIES IN THE NORDIC COUNTRIES THROUGH
2 A HALF CENTURY WITH CORRELATION TO TREATMENT

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23 ABSTRACT

24 Studies of survival in the hematological malignancies (HMs) have generally shown an improvement
25 over time, although most of these studies are limited by a short follow-up period. Using the NORDCAN
26 database with data from Denmark, Finland, Norway and Sweden, we follow periodic increases in
27 relative survival in 7 HMs through half a century up to 2015-2019. Five-year survival improved in all 7
28 HMs, reaching 90% for Hodgkin lymphoma (HL), myeloproliferative neoplasias and chronic
29 lymphocytic leukemia (CLL), 60% for multiple myeloma (MM) and the chronic myeloid leukemias
30 (CMLs), 50% for the myelodysplastic syndromes and 30% for acute myeloid leukemia (AML).
31 Improvements in survival over 50 years ranged from 20% to more than 50 % units across the different
32 HMs. The likely reasons for such progress include earlier diagnoses, improved risk stratification and
33 advances in treatment. We observed differing temporal trends in improvements in survival. The gradual
34 increase observed in HL, CLL and AML highlights the impact of optimization of existing therapies and
35 improvements in diagnostics and risk stratification, whereas the rapid increases observed in the CMLs
36 and MM highlight the impact of novel therapies. Recent therapeutic advances may further improve
37 survival in HMs where survival remains low such as in AML.

38 INTRODUCTION

39 The major aim of oncology is improving the quality of life and survival of patients whilst minimizing
40 treatment-related toxicity. In the hematological malignancies (HMs), there is a reliance on the
41 administration of systemic anti-cancer therapies to achieve this goal. The different systemic treatment
42 modalities now used to treat many cancer types were first pioneered in the HMs. These include systemic
43 chemotherapy (*e.g.* vinca alkaloids in Hodgkin lymphoma (HL) and acute lymphoblastic leukemia
44 (ALL)), targeted therapies (*e.g.* tyrosine kinase inhibitors in chronic myeloid leukemia (CML),
45 hematopoietic stem cell transplantation (HSCT, *e.g.* autologous and allogenic stem cell transplantation
46 in multiple myeloma (MM) and the leukemias), monoclonal antibodies (*e.g.* rituximab in B-cell non-
47 Hodgkin lymphomas (NHL)) and immunotherapies (*e.g.* CAR-T-cell therapy in ALL) (1-5).

48 The development of these therapies, as well as to optimization of existing therapies and supportive care,
49 has resulted in improvements in survival in the HMs in economically developed countries (6-8).
50 However, a limitation in existing HM survival data is its relatively recent duration and case selection of
51 specific populations. The Nordic cancer registries are a powerful resource as they are the oldest cancer
52 registries in the world and have almost complete case ascertainment, allowing for the study of cancer
53 survival over 50 years with minimization of bias introduced through ascertainment (9). Grouped data
54 from these registries are accessible as the NORDCAN database, which has been the source of numerous
55 survival studies, including those on HMs starting from the 1960s (10-12).

56 Here, we use the NORDCAN database to analyze survival in all available specific HMs from Denmark
57 (DK), Finland (FI), Norway (NO) and Sweden (SE). We follow the periodic increases in survival and
58 try to match these with known changes in the diagnosis and treatment of HMs. The organization of
59 health care is largely similar in these countries offering widespread access to the population. However,
60 economic resources differ between the countries. As a comparator, health care expenditure per capita in
61 year 2000 was \$2,496 (8.8% of GNP) in DK, \$1,723 (7.1%) in FI, \$2,949 (7.7%) in NO and \$2,173
62 (7.3%) in SE (www.macrotrends.net). During the period from 1970 to 2019, demographic changes have
63 taken place and life expectancy has increased in FI by 11.6 years and in other countries by 8 years. We
64 show data on 1-year and 5-year relative survival between 1970-74 and 2015-19 and survival difference
65 between these periods.

66 METHODS

67 The data originate from the NORDCAN database which is a compilation of data from the Nordic cancer
68 registries as described (9, 13). The database was accessed at the IARC website
69 (<https://nordcan.iarc.fr/en/database#bloc2>). The analysis included specific HMs, defined by the
70 International Classification of Diseases (ICD) version 10 codes: NHL C82-86, HLC81, MM C90,
71 myelodysplastic syndrome (MDS) D46, myeloproliferative disease (MPN) D45+D47.1,3-5, chronic
72 lymphatic leukemia (CLL) C91.1, acute myeloid leukemia (AML) C92.0+C93.0+C94.0+C94.2+C94.4-5
73 and the CMLs C92.1+C93.1+C94.1. The ICD-10 classification does not distinguish disease subtypes
74 that exist for each HM. Moreover, C93.1 (chronic myelomonocytic leukemia, CMML) is now
75 recognized to belong to the MDS/MPN HMs) (14). Data for unspecified HMs were not considered.
76 NHL was included only in the first tabulation as a reference, as it was not possible to distinguish

77 between specific subtypes with large survival differences. Data for ALL were not included as it was not
78 possible to distinguish childhood and adult disease.

79 Survival data were available from 1970 through 2019 and the analysis was based on the cohort survival
80 method for periods from 1970–2014 and a hybrid analysis combining period and cohort survival in the
81 last period 2015-2019, as previously detailed (13, 15). Age-standardized relative survival was estimated
82 using the Pohar Perme estimator (16). Age-standardization was performed by weighting individual
83 observations using external weights as defined on the IARC web site (17). National general population
84 life-tables stratified by sex, year and age were used in the calculation of expected survival. Death
85 certificate only cases were not included. Patients 90 years or older were excluded. Groups were analyzed
86 if minimum 30 patients were alive at start and with minimum 3 patients in any one of age-groups used
87 for weights. Periodic 5-year survival data were plotted for the 7 HMs. The underlying data were
88 tabulated in 5-year intervals for common HMs and in 10-year intervals in rarer HMs. In the tabulations,
89 95% confidence intervals (CIs) were included and significant periodic increases (defined as non-
90 overlapping 95% CIs) were indicated with an asterix. Age-specific survival data were not available in the
91 current NORDCAN release and these data were obtained from an earlier version of NORDCAN,
92 extending follow-up to the end of 2016.

93 We also calculated the difference in relative survival percentage between year 1 and year 5 of the early
94 (1970-1979) and late (2010-2019) time periods (18). A small difference indicates favorable survival
95 between years 1 and 5 after diagnosis. Smoothing was used for graphical representation.

96 Information on the treatments applied for subtypes of HMs was collected from the relevant publications,
97 marketing authorization documents of the Swedish Medical Products Agency or from the European
98 Medicines Agency approval dates.

99 RESULTS

100 In **Table 1** we show recent data (2012-2016) on overall 5-year survival and survival in age group 70 to
101 89, with the underlying case numbers and age-standardized (world) incidence for men and women in the
102 four countries. Greater than 50% of HMs, excluding cases of HL and MPNs, occur in this older age
103 group. However, relative survival was markedly lower in these older patients and with particularly low
104 relative survival in AML, MM and MDS. Incidence rates are similar between the Nordic countries with
105 the exception of a higher incidence of CLL, MDS and MPN in DK. Male incidence rates were generally
106 higher than female rates and the difference was about 2-fold for CML and somewhat less for MDS.

107 Five-year relative survival in 1970-74 and 2015-19 for men and women in each Nordic country is shown
108 in **Fig. 1**. Male and female survival data appeared similar. The largest improvements were observed for
109 NHL (from 30% to 80%), for CLL in men (40% to 90%) and for CMLs (from 15% to 65%). For most
110 other HMs the improvement varied between 20-30% units. Country-specific differences were small for
111 NHL and HL but were larger for other HMs (note that early datapoints were missing for MDS and for
112 MPNs in DK and NO). For many of the HMs, relative survival was lowest in DK in 1970-74. However,
113 in 2015-19 relative survival in DK was the highest and FI tended to be the lowest.

114 To assess the change in survival over the 50-year period from 1970 to 2019, we collated relative survival
115 in the first and the last 10-year period in **Table 2** by sex and country. We use the ratios of survival

116 between 2010-19 and 1970-79 to assess the temporal trend in survival. The relative survival ratios were
117 larger for 5-year compared to 1-year relative survival. The ratios were below 2 for 1-year relative
118 survival for all HMs, except for AML ranging up to 3. The ratios for 5-year relative survival were below
119 2 for HL, MDS and MPN; they were slightly higher for CLL, and reached 4 for MM and CML, and up
120 to 8 for AML.

121 In addition to the ratios of relative survival, we calculated the difference between 1- and 5-year survival
122 in the early (1970-1979) and late (2010-2019) time periods (**Table 2**). For the majority of HMs the
123 difference between survival was greater in 1970-79 when compared to 2010-19. This was most marked
124 in HL where the difference was 20% units in 1970-79 and 5% units in 2010-19. Exceptionally for AML
125 and MDS, we noted an increase in the difference in survival from 1970-79 to 2010-19.

126 Relative 5-year survival for HL and MM is shown **Fig. 2A and 2B** and the underlying data are tabulated
127 in **Supplementary Table 1**. 5-year relative survival in HL in 1970-74 was over 60% for women and
128 somewhat less for men and reached approximately 90% for both sexes in 2015-19. Country-specific
129 differences were generally small. Periodic 10-year survival figures increased monotonically (increase in
130 each 10-year period without exception) with decreasing steps for men and women (**Supplementary**
131 **Table 1**). For MM, the starting 5-year relative survival was lower than that of HL and improvement was
132 slow until 2000, where a marked increase was noted; significant periodic improvements in 5-year
133 survival took place after year 2000 (asterix in **Supplementary Table 1**). Whilst relative survival in DK
134 for MM started lower than that of other countries, by the end of the study period it exceeded that of
135 other countries. Relative survival of MM in FI was lower than that of other countries in the last time
136 period (**Supplementary Table 1**).

137 Relative 5-years survival in CLL demonstrated a consistent improvement over the 50-year period (**Fig.**
138 **3A, Supplementary Table 1**). The increase was close to linear, and for NO and SE, survival in each 5-
139 year period demonstrated a consistent increase. The 5-year relative survival reached 95% in DK and NO
140 women, but just exceeded 80% in FI men and women. For MDS and MPN the SE data were most
141 complete and were therefore plotted in **Fig. 3B**; however all available data are shown in **Supplementary**
142 **Table 1**. For SE and DK, 5-year relative survival in MDS increased to over 40% (DK women 57%), but
143 survival in NO and FI was lower. Survival in MPN was far better than that in MDS, and female 5-
144 survival reached over 90% and male survival was over 80% (FI men and women below 80%).

145 Survival in AML was markedly low in the 1970s, with a 1-year relative survival of approximately 20%
146 and 5-year survival <5% (**Fig. 4A and Supplementary Table 1**). However, constant improvement took
147 place and in SE, patients with AML reached a 5-year relative survival of 34% in 2015-19. For the other
148 groups, survival varied between 25 and 30% but in FI men it was barely over 20% with little
149 improvement since 2000. Survival in CML has been much better than that for AML, with significant
150 improvements noted since 1990 (**Fig. 4B**).

151 **Table 2** shows the highest survival rate for each HM in each Nordic country (emboldened) by sex for
152 the most recent 1- and 5- year survival period. DK had the largest number of HMs with the highest 1-
153 year relative survival (3 male and 4 female), followed by SE (4 male and 2 female) and NO (1 female).
154 DK had the largest number of HMs with the highest 5-year survival (4 male and 4 female) followed by
155 SE (3 male and 3 female). Survival percentages differed minimally between countries, but there was

156 some consistency, as the country with the highest relative survival for a given disease was most often
157 sex-concordant.

158 DISCUSSION

159 This is a unique survival study of HMs capturing high-quality data from four countries spanning half a
160 century. To achieve such an analysis, there are a number of compromises to ensure the results are robust
161 and meaningful. Firstly, although all main HM entities contain clinically distinct subgroups, we have
162 omitted NHL and ALL due to the well-recognized heterogeneity in disease characteristics in different
163 subgroups and age groups. Secondly, time-dependent diagnostic drifts are possible for HMs although a
164 SE study, including NHL, HL, MM and CLL over years 1964 through 2003, found that 97.9% of the
165 reported tumors fulfilled the diagnostic criteria and the completeness of the cancer registry data varied
166 between 95 and 99% (19). However, the classification of MDS and many types of MPNs (and reporting
167 to cancer registries) has evolved since the introduction of 2001 WHO classification of HMs (14). We
168 therefore report data on MDS and MPN in **Fig. 3B** only for SE where data collection has been stable
169 over decades; for example, high familial risks were reported for polycythemia vera from 1975 onwards
170 which is only possible when diagnostic data are reasonably reliable (20). The refined diagnostic criteria
171 has allowed for the development of defined treatment guidelines to entities such as CML (21).
172 Unfortunately, NORDCAN includes CMML among the codes of CML, instead of grouping it in
173 MDS/MPN (14). The incidence in CMML has been estimated at 0.57/100,000 in men and 0.25/100,000
174 in women (European age standard) in Switzerland (and in USA) (22). Our CML incidence figures from
175 **Table 1** (1.1/100,000 for men 0.7/100,000 for women, world standard) would translate to 1.6/100,000
176 for men and 1.1/100,000 using the European standard population. Thus in the NORDCAN CML
177 population about 1/3 of men and 1/4 of women may be CMML patients. Relative 5-year survival in
178 CMML, according to the above Swiss/USA study, was about 25% which was much below the present
179 55 to 65% survival for CML (**Table 1**) implying that survival in CML was underestimated in the
180 NORDCAN data because of CMML contamination.

181 From 2000, Nordic countries were included in the set of European collaborative studies covering 11
182 types of HMs for over a decade (6, 7). For most HM types, Nordic countries showed the best survival
183 but essentially all countries were able to improve survival within the short observation period. The
184 survival results showed strong age-dependence for almost all HMs. In the present study we could
185 confirm the positive survival development and the age-dependence for the 7 types of HMs, and could
186 extend the observation period for a half century up to year 2019. A number of factors are likely to
187 explain the progress: centralization of care, earlier diagnoses, enhanced risk stratification, including
188 more sensitive disease detection, the use of novel therapies, optimization of existing treatments and
189 better supportive care. During this study period, a wide-range of technological advances have been made
190 that has transformed the diagnosis and management of HMs. These include new imaging modalities
191 (e.g. computed tomography, magnetic resonance imaging, positron emission tomography), flow
192 cytometry, chromosomal techniques (e.g. cytogenetics and fluorescence in situ hybridization) and
193 techniques in molecular biology (e.g. Sanger sequencing and high-throughput sequencing) (23-25). This
194 50-year time series showed notable HM-specific temporal features, and below we consider the possible
195 contributing factors to improvements in survival. We are aware of the recent introduction of numerous
196 novel therapies in hematology practice in the form of immunotherapy and small molecule inhibitors

197 which may not be captured in the 5-year survival in the last time period (2015-2019) in NORDCAN
198 because the survival method generates the data for the last 5-year period by comparing to the previous
199 period (26).

200 For HL and CLL, 5-year survival increased throughout the 50-year period; for CLL the increase was
201 approximately linear but for HL the rate of improvement plateaued in later time periods. For both of
202 these diseases, the difference between 1- and 5-year relative survival decreased over time (**Table 2**)
203 indicating progress in care also improved longer-term survival. HL treatment traditionally has been
204 based on multi-drug chemotherapy (marked as MOPP, nitrogen mustard, vincristine, procarbazine and
205 prednisone and ABVD, adriamycin, bleomycin, vinblastine, dacarbazine in Fig. 2) and radiotherapy
206 (27). Later, the BEACOPP (bleomycin, etoposide, adriamycin, cyclophosphamide, vincristine,
207 procarbazine, and prednisone) regimen was developed to improve treatment results (28). The treatment
208 regimens based on risk stratification have been introduced to reduce rates of long-term complications
209 whilst maintaining a high cure rate. Novel agents such as drug-antibody conjugates and checkpoint
210 inhibitors (Brentuxmab and Nivolumab in **Fig. 2**) have offered treatment options for individuals
211 refractory to first-line combination chemotherapy (27). In CLL, the addition of rituximab to purine
212 analogues and alkylating chemotherapy became a standard of care from the early 2000s. Another
213 monoclonal antibody, alemtuzumab was reserved for patients with the chromosomal defect del(17p) as
214 they respond poorly to chemotherapy (29). More recently, novel therapies such as PI3K δ , BTK and
215 BCL2 inhibitors have transformed the management of patients with CLL, although their impact on
216 survival may only be seen in the later years of this study (30). Despite advances in therapies, a watch
217 and wait strategy remains the standard of care for early stage CLL and approximately 30% of cases will
218 never require treatment for their CLL. As we consider survival in all CLL patients (treated and not
219 treated), the positive effects of improved treatments will be diluted when analyzing relative survival in
220 all cases.

221 AML is distinct due to the low 5-year survival in the 1970s. Traditional intensive chemotherapy
222 approaches incorporating anthracyclines and cytosine arabinosides (CYTA in **Fig. 4**) have remained the
223 mainstay of treatment for the majority of AML cases during the study period and HSCT has been used
224 in patients younger than 70 years (31, 32). More accurate risk stratification, enhanced disease detection
225 and improved supportive care including infection prophylaxis have likely led to the constant
226 improvement in relative survival till 2015. However, since 2017, there has been an unprecedented
227 growth in the number of approved therapies, such as monoclonal antibodies and FLT3, IDH1, IDH2,
228 and BCL2 inhibitors, which, along with the above advances, has likely led to recent increases in 1-year
229 relative survival (33). However, the prognosis in older patients has remained poor (1 or 2% 5-year
230 survival) and represents an area of unmet need (34).

231 The third group of HMs included MDS and MPN for which progress was observed throughout the
232 observation period but data were somewhat limited for countries other than SE. The progress we
233 observed in MDS was driven by 1-year survival. It is possible that diagnostic classification was not
234 consistent in all countries as we observed large fluctuations in survival rates. MDS is a clonal bone
235 marrow stem-cell disorder resulting in impaired hematopoiesis which may be secondary to cancer
236 treatment (chemotherapy or radiotherapy) (35). Patients suffer from cytopenias which may be
237 responsive to hematopoietic growth factors; lenalidomide (for lower-risk transfusion-dependent

238 MDS with del(5q), while high-risk patients may receive hypomethylating agents and allogeneic HSCT
239 (35). Even though 5-year survival reached 57% in DK women, it was lower in the other groups and in FI
240 men it was only 21%. MPNs are disorders of the hematopoietic system that include myelofibrosis,
241 polycythemia vera, and essential thrombocythemia, collectively known as Philadelphia chromosome-
242 negative MPN. These diseases are characterized by thrombohemorrhagic complications and, as with
243 MDS, are associated with a risk of transformation to AML (36). Although the disease manifestations can
244 be different, the subtypes can share common driver mutations in *JAK2*, *CALR* and *MPL* (36). The risk of
245 thrombotic complications can be reduced by low-dose aspirin treatment or by cytoreductive therapy
246 using hydroxyurea, interferon alfa or peginterferon alfa (36). As novel agents become available, care for
247 individuals with advanced MPNs such as myelofibrosis may improve.

248 The final group of HMs in our analysis was MM and the CMLs (see first paragraph of Discussion:
249 survival in CML was somewhat underestimated). Both show a two-phase development in survival, an
250 initial phase of slow development (lasting to about 2004 in MM and to 2000 in the CMLs) which was
251 followed by a rapid improvement. The development of treatment for MM is described in detail
252 elsewhere (37). Magnetic resonance imaging has become an important tool for the characterization of
253 bone lesions. The main changes in SE included adoption of high-dose melphalan and HSCT from the
254 late 1980s, and from the early 2000, vincristine, adriamycin, and dexamethasone as induction treatment.
255 Agents with novel mechanisms of action were then employed, including immunomodulatory agents (*e.g.*
256 thalidomide, lenalidomide) and proteasome inhibitors (*e.g.* bortezomib) which have transformed the
257 management of MM and coincide with large improvements in relative survival (2005-2014). In SE from
258 year 2010, bortezomib and thalidomide became part of standard induction therapy (38). According to the
259 data from 2008, only 31% of the MM patients had received thalidomide, bortezomib or lenalidomide but
260 the proportion increased to 68% by 2012 (38). These therapeutic changes were considered important in
261 boosting survival in USA (39, 40). An earlier SE study emphasized the beneficial effects of autologous
262 HSCT (41). Novel proteasome inhibitors and immunomodulatory agents have been introduced, and
263 more recently immunotherapies have become available. CML is characterized by the t(9;22)
264 chromosomal abnormality resulting in a BCR::ABL1 fusion protein (42). Before the 1980s treatment
265 consisted of an alkylating agent with hydroxyurea, while HSCT with interferon alfa was used soon after
266 (42). In 2000 the first tyrosine kinase inhibitor, imatinib mesylate was introduced specifically targeting
267 the BCR::ABL1 oncoprotein and blocking its action. It has revolutionized the treatment of CML and
268 serves as a paradigm for targeted therapy in oncology (21). Its use was started in SE in 2001 and was
269 associated with remarkable improvements in survival (42).

270 The first analyses of NORDCAN data for HMs concluded that DK survival data were consistently
271 below those of other countries (9). The present NORDCAN analysis confirms inferior survival of HMs
272 in DK in the 1970s, particularly for MM, CLL and CML. However recent data suggest a large
273 improvement in relative survival in DK, which started towards the end of the 1990s, resulting in DK
274 being ranked best in 1- and 5- year survival in 2015-2019 in most of the HMs. FI showed modest
275 development, with a notably low improvement in relative survival over the past 10 years. Finland
276 experienced a deep economic crisis in the beginning of 1990s from which recovery was slow; in 2011
277 purchase power corrected health expenditure per capita was \$3374 in FI, while in NO, DK and SE it was
278 \$5669, 4448 and 3925 (<https://www.oecd.org/els/health-systems/Health-at-a-Glance-2013.pdf>). Funding
279 may be one of many explanations as we show a discrepancy between NO expenditure and survival.

280 The NORDCAN database uses the ICD-10 classification for cancer types which for some HMs, such as
281 NHL and ALL limits analysis because of diverse subtypes. Even for other HMs, it is not possible to
282 specify the exact disease subtype, which may have distinct risk and survival profiles. NORDCAN is
283 lacking information on disease-specific stage, which is an important determinant of survival. Treatment
284 information is also lacking and we therefore only discuss the general trends in treatment using data from
285 the literature or, for newer medication, from approval dates of the Swedish or the European medicines
286 authorities. Even with such weaknesses, NORDCAN is the only database that offers high-quality nation-
287 wide cancer data over a half century.

288 In conclusion, the long-term survival data correlated with the prevailing treatment approaches allowed a
289 visual assessment of the possible factors influencing 5-year survival. We need to acknowledge our
290 inability to assess the positive role of earlier diagnosis and in general diagnostic improvements,
291 techniques of disease monitoring, such minimal residual disease, control of infections and other
292 comorbidities, as well as optimization of patient care. For HMs, HL and CLL, reaching high 5-year
293 survival (80-95%), the increase has been steady and almost linear suggesting that an optimized use of
294 the existing therapeutic options and other patient care enabled the success. Increase in survival for MPN
295 has also been steady, as it has been for MDS at a lower survival level and with large country-specific
296 differences. Survival curves for MM and the CMLs showed a strong upward curvature following the use
297 of novel medication, proteasome inhibitors and immunomodulators in the case of MM and imatinib in
298 the case of CML. Survival in AML, which was <5% 50 years ago, has increased to 20 or 30% with the
299 use of chemotherapy agents. However, a number of novel therapies have been introduced recently with
300 aim of significantly improving survival rates over the next decade. Despite such advances, our analysis
301 highlights patients diagnosed with a HM >70 years of age as an area of unmet need. As these patients
302 account for half of all patients for most HMs, advances in population-level survival is dependent on
303 improvements in care for these older patients.

304

305 AUTHOR CONTRIBUTIONS

306 Design: KH
307 Acquisition of data: KH, JH
308 Statistical analysis and interpretation: KH, AS
309 Manuscript writing: KH, AS and all other authors.
310 Approval of the final text: All authors

311

312 DATA AVAILABILITY

313 Publicly available data were used from the NORDCAN database.

314 ETHICS

315 Aggregated data from a publicly accessible database were used posing no ethical issues.

316 CONFLICT OF INTEREST

317 None.

318

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446 LEGENDS TO FIGURES

447

448 **Fig. 1.** Relative 5-year survival in hematological malignancies in the Nordic countries in 1970-74 and
449 2015-19 based on the NORDCAN database. Note that the 1970-74 datapoints were missing for MDS
450 and for MPNs in DK and NO, and the symbols are marked as 0.

451

452 **Fig. 2.** Relative 5-year survival in Hodgkin lymphoma (A) and multiple myeloma (B) in the Nordic
453 countries 1970 to 2019. The underlying data are available in Supplementary Table 1 with 95% CIs
454 allowing assessment of significant improvements between subsequent periods. The introduction of novel
455 therapies is shown on top of x-axis with details in Discussion. (A) MOPP, nitrogen mustard, vincristine,
456 procarbazine and prednisone; ABVD, adriamycin, bleomycin, vinblastine, dacarbazine; BEAC
457 (BEACOPP), (bleomycin, etoposide, adriamycin, cyclophosphamide, vincristine, procarbazine, and
458 prednisone, BREN, Brentuximab; NIVO, Nivolumab. (B) HSCT, hematopoietic stem cell
459 transplantation; HD-MELP, high-dose melphalan; THAL, thalidomide; BORT, bortezomib; LENA,
460 lenalidomide; POMA, pomalidomide; PANO panobinostat; CARF, carfilzomib; DARA, daratumumab.

461

462 **Fig. 3.** Relative 5-year survival in chronic lymphoid leukemia (A) and myelodysplastic syndrome and
463 myeloproliferative disease (B) in the Nordic countries 1970 to 2019. The underlying data are available
464 in Supplementary Table 1 with 95% CIs allowing assessment of significant improvements between
465 subsequent periods. The introduction of novel therapies is shown on top of x-axis with details in
466 Discussion. (A) FLUD, fludarabine; RITU, rituximab; ALEM, alemtuzumab; OFAT, ofatumumab;
467 BEND, bendamustine; OBIN, obinutuzumab; IDEL, idelalisib; IBRU, ibrutinib; VENA venetoclax.

468

469 **Fig. 4.** Relative 5-year survival in acute myeloid leukemia (A) and chronic myeloid leukemia (B) in the
470 Nordic countries 1970 to 2019. The underlying data are available in Supplementary Table 2 with
471 95% CIs allowing assessment of significant improvements between subsequent periods. The introduction
472 of novel therapies is shown on top of x-axis with details in Discussion. (A) CYTA,
473 cytarabine+daunorubicin; HSCT, hematopoietic stem cell transplantation; CPX, CXP-351; GEMT,
474 gemtuzumab; MIDO, midostaurin. (B) HYDR, hydroxyurea; HSCT, hematopoietic stem cell
475 transplantation; IFN, interferon alfa; IMAT, imatinib mesylate; NILO, nilotinib; DASA, dasatinib.

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477

Table 1. Relative 5-year survival (%), case numbers and age-standardized incidence (world)/100,000 for all patients and for the aged (diagnosed at age 70-89 years), 2012-2016.

Men	Denmark		Finland		Norway		Sweden	
	All	Old	All	Old	All	Old	All	Old
Acute myeloid leukemia, survival, %	22	2	19	1	19	1	27	1
cases	506	267	482	246	405	185	828	392
incidence	1.9		2.0		2.0		2.0	
Chronic lymphatic leukemia, survival, %	84	64	77	44	85	60	81	53
cases	1494	750	922	500	993	475	1855	1030
incidence	5.2		3.2		4.2		3.6	
Chronic myeloid leukemia, survival, %	56	35	58	23	53	22	64	35
cases	313	147	177	74	257	122	521	239
incidence	1.3		0.8		1.2		1.2	
Hodgkin lymphoma, survival, %	89	66	86	39	84	28	86	43
cases	447	66	474	69	435	45	615	111
incidence	2.8		3.0		3.0		2.2	
Multiple myeloma, survival, %	55	25	43	16	49	24	54	20
cases	1279	675	1057	578	1190	651	2053	1126
incidence	4.4		3.7		4.9		4.0	
Myelodysplastic syndromes, survival, %	42	25	15	1	37	14	42	24
cases	887	593	407	328	500	358	951	664
incidence	2.9		1.2		1.8		1.6	
Myeloproliferative diseases; survival, %	75	46	69	36	80	45	-	-
cases	1396	586	762	368	726	302	1307	601
incidence	5.4		2.9		3.3		2.9	
Women	Denmark		Finland		Norway		Sweden	
	All	Old	All	Old	All	Old	All	Old
Acute myeloid leukemia, survival, %	22	-	26	2	20	-	25	2
cases	456	216	442	228	361	150	782	412
incidence	1.8		1.5		1.8		1.7	
Chronic lymphatic leukemia, survival, %	91	81	82	55	92	70	88	73
cases	904	500	611	388	679	404	1141	700
incidence	2.7		1.5		2.4		1.9	
Chronic myeloid leukemia, survival, %	67	20	63	26	61	12	66	38
cases	207	104	121	55	165	81	363	155
incidence	0.8		0.5		0.7		0.8	
Hodgkin lymphoma, survival, %	87	48	89	58	88	45	89	59
cases	307	53	366	71	306	47	507	109
incidence	2.1		2.5		2.2		1.9	
Multiple myeloma, survival, %	58	37	46	17	51	23	53	20
cases	981	556	1049	623	975	559	1497	884
incidence	3.0		2.9		3.5		2.6	
Myelodysplastic syndromes, survival, %	51	31	24	9	43	25	47	35
cases	549	372	358	291	327	230	650	72
incidence	1.6		0.7		1.0		1.0	
Myeloproliferative diseases; survival, %	88	70	78	55	91	73	-	-
cases	1544	797	934	536	823	407	1397	728
incidence	5.3		2.9		3.3		2.7	

Table 2. Improvements (ratios) in and the differences between 1-and 5-year survival in hematological malignancies between 1970-1979 and 2010-2019

HL	MEN					WOMEN				
	Denmark	Finland	Norway	Sweden	Denmark	Finland	Norway			
1970-79	78.0[75.0-80.7]	77.4[74.2-80.3]	75.7[72.4-78.6]	76.5[74.3-78.5]	79.3[75.7-82.4]	80.0[76.4-83.1]	80.1[76.3-83.3]			
2010-19	95.9[94.3-97.0]	93.1[91.4-94.6]	94.5[92.7-95.8]	94.9[93.5-96.0]	94.6[92.4-96.2]	93.7[91.3-95.4]	95.3[93.1-96.8]			
Ratio	1.23	1.2	1.25	1.24	1.19	1.17	1.19			
5 year										
1970-79	58.4[54.7-61.9]	54.2[50.2-58.0]	57.2[53.1-61.1]	56.2[53.4-58.9]	61.1 [56.7-65.2]	62.9[58.4-67.0]	64.5[59.8-68.8]			
2010-19	92.0[89.4-94.0]	88.1[85.2-90.4]	89.1[86.3-91.3]	89.7[87.3-91.6]	91.3[87.8-93.7]	88.3[84.6-91.2]	88.8[85.0-91.7]			
Ratio	1.58	1.63	1.56	1.6	1.49	1.4	1.29			
MM										
1970-79	47.4[44.1-50.6]	62.9[58.9-66.7]	64.3[61.4-67.1]	64.6[62.5-66.7]	52.8[49.2-56.3]	64.5[61.1-67.8]	72.1[69.2-74.9]			
2010-19	86.7[85.1-88.0]	79.7[77.7-81.5]	85.3[83.6-86.8]	88.6[87.5-89.6]	89.4[87.8-90.8]	83.5[81.6-85.1]	86.1[84.3-87.7]			
Ratio	1.83	1.27	1.33	1.38	1.69	1.29	1.19			
5 year										
1970-79	15.0[12.5-17.7]	29.0[24.8-33.3]	26.4[23.5-29.3]	27.3[25.1-29.6]	19.1[16.2-22.3]	27.3[23.9-30.7]	29.3[26.2-32.4]			
2010-19	60.5[57.6-63.3]	45.9[42.8-48.9]	57.2[54.1-60.2]	59.6[57.4-61.8]	65.1[61.9-68.2]	50.4[47.4-53.3]	56.3[52.9-59.5]			
Ratio	4.03	1.58	2.17	2.18	3.41	1.85	1.92			
MDS										
1980-89	72.7[58.8-82.6]	-	-	59.2[50.3-67.1]	61.8[45.2-74.6]	-	-			
2010-19	80.6[78.3-82.7]	68.6[64.0-72.8]	77.3[74.0-80.3]	78.6[76.1-80.8]	85.2[82.6-87.4]	71.8[67.0-76.0]	73.0[68.4-77.0]			
Ratio	1.11			1.33	1.38					
5 year										
1980-19	49.3[34.0-62.9]	23.4	-	29.8[21.6-38.4]	29.4	38.7[22.3-54.8]	23.1			
2010-19	48.5[44.9-52.1]	32.1	21.5[16.4-27.1]	44.1	38.0[33.1-42.9]	39.3	43.6[40.1-47.0]			
Ratio	0.98			1.46		1.48				
MPD										
1970-79	-	72.9[66.7-78.2]	-	83.0[79.6-85.9]	-	78.2[73.1-82.4]	-			
2010-19	95.8[94.7-96.7]	91.8[89.8-93.4]	95.7[94.1-96.9]	96.7[95.6-97.5]	99.1[98.2-99.6]	94.3[92.8-95.5]	97.4[96.0-98.3]			
Ratio		1.26		1.17		1.21				
5 year										
1970-79	-	50.2[42.3-57.5]	22.7	-	63.9[58.7-68.7]	19.1	-			
2010-19	80.7[77.8-83.3]	15.1	73.7[69.3-77.5]	18.1	82.4[78.1-85.9]	13.3	85.1[82.3-87.4]			
Ratio		1.47		1.33		1.4				
CLL										
1970-79	65.5[62.7-68.2]	77.4[73.7-80.6]	75.4[71.5-78.9]	78.6[76.0-80.9]	71.5[67.9-74.8]	86.9[83.5-89.7]	76.2[71.1-80.5]			
2010-19	98.1[97.1-98.8]	94.5[93.0-95.7]	97.6[96.3-98.4]	97.0[96.2-97.7]	98.7[97.5-99.4]	94.3[92.6-95.7]	98.4[97.0-99.2]			

Ratio	1.5		1.22		1.29		1.23		1.38		1.09		1.29	
	5 year													
1970-79	33.2[30.0-36.4]	32.3	49.4[44.3-54.2]	28	41.3[36.4-46.1]	34.1	44.7[41.2-48.1]	33.9	43.6[39.2-48.0]	27.9	62.0[56.6-67.0]	24.9	51.4[44.9-57.5]	24.8
2010-19	89.9[87.0-92.2]	8.2	79.9[76.4-82.9]	14.6	88.9[85.6-91.5]	8.7	87.0[84.8-88.9]	10	94.8[91.5-96.8]	3.9	81.0[76.9-84.4]	13.3	93.3[89.6-95.7]	5.1
Ratio	2.71		1.62		2.15		1.95		2.17		1.31		1.82	
AML	1 year													
1970-79	17.1[14.5-19.9]		19.4[15.6-23.5]		21.5[18.2-25.1]		16.8[14.1-19.7]		18.0[15.2-20.9]		16.6[13.5-20.1]		18.3[15.1-21.8]	
2010-19	50.2[47.0-53.3]		48.3[44.7-51.8]		47.9[44.3-51.4]		52.8[50.2-55.4]		52.8[49.1-56.2]		52.1[48.5-55.6]		45.4[41.4-49.4]	
Ratio	2.94		2.49		2.23		3.14		2.93		3.14		2.48	
	5 year													
1970-79	3.3[2.1-5.0]	13.8	1.9[0.90-3.6]	17.5	4.0[2.5-6.0]	17.5	2.9[1.9-4.4]	13.9	4.0[2.6-5.7]	14	3.6[2.2-5.5]	13	3.5[2.2-5.2]	14.8
2010-19	25.9[22.6-29.2]	24.4	22.3[19.0-25.8]	26	26.9[23.3-30.6]	21	33.2[30.5-36.0]	19.6	28.6[24.9-32.5]	24.2	25.7[22.2-29.4]	26.4	27.2[23.1-31.5]	18.2
Ratio	7.85		11.74		6.73		11.45		7.15		7.14		7.77	
CML	1 year													
1970-79	43.7[38.3-48.9]		61.1[53.3-68.1]		61.1[54.0-67.4]		60.0[54.3-65.2]		52.9[47.0-58.5]		70.3[63.3-76.2]		62.5[54.9-69.2]	
2010-19	86.0[82.7-88.8]		79.7[74.3-84.0]		86.0[82.0-89.1]		87.3[84.6-89.5]		88.7[84.8-91.6]		88.9[83.5-92.5]		85.0[79.9-88.9]	
Ratio	1.97		1.3		1.41		1.46		1.68		1.26		1.36	
	5 year													
1970-79	11.2[7.8-15.1]	32.5	17.5[11.7-24.2]	43.6	14.1[9.6-19.5]	47	19.2[14.9-23.9]	40.8	13.6[9.9-18.0]	39.3	23.0[17.3-29.2]	47.3	21.4[15.3-28.1]	41.1
2010-19	63.7[57.7-69.1]	22.3	52.6[44.6-60.1]	27.1	59.3[52.1-65.9]	26.7	65.6[60.9-69.9]	13.7	63.1[56.3-69.1]	25.6	66.1[56.0-74.4]	22.8	63.6[55.2-70.9]	21.4
Ratio	5.69		3.01		4.21		3.42		4.64		2.87		2.97	

Improvement = survival in 2010-19 divided by survival in 1970-79

Diff = difference between 1- and 5-year survival (% units) in the first and the last 10-year period.

Bolding shows the highest survival for men and women in 2010-19.

Sweden

Diff

78.1[75.6-80.4]

95.0[93.3-96.3]

1.22

62.6[59.2-65.9] 15.5

89.4[86.4-91.7] 5.6

1.27

69.6[67.3-71.7]

88.1[86.8-89.3]

1.27

29.4[27.0-31.7] 40.2

57.5[55.0-60.0] 30.6

1.96

61.8[51.8-70.3]

81.6[78.8-84.1]

1.32

28.4[19.8-37.5] 33.4

47.3[43.0-51.4] 34.3

1.67

88.6[85.6-91.0]

98.1[97.2-98.7]

1.11

70.0[65.3-74.2] 18.6

92.7[90.3-94.5] 5.4

1.32

82.8[79.6-85.5]

98.4[97.5-99.0]

1.19

57.1[52.7-61.4] 25.7

91.6[89.1-93.5] 6.8

1.6

20.7[17.7-23.9]

52.9[50.2-55.5]

2.56

3.7[2.4-5.5] 17

32.0[29.2-34.9] 20.9

8.65

59.9[53.7-65.5]

89.0[86.0-91.4]

1.49

16.8[12.4-21.7] 43.1

68.6[63.2-73.5] 20.4

4.08

Fig.1

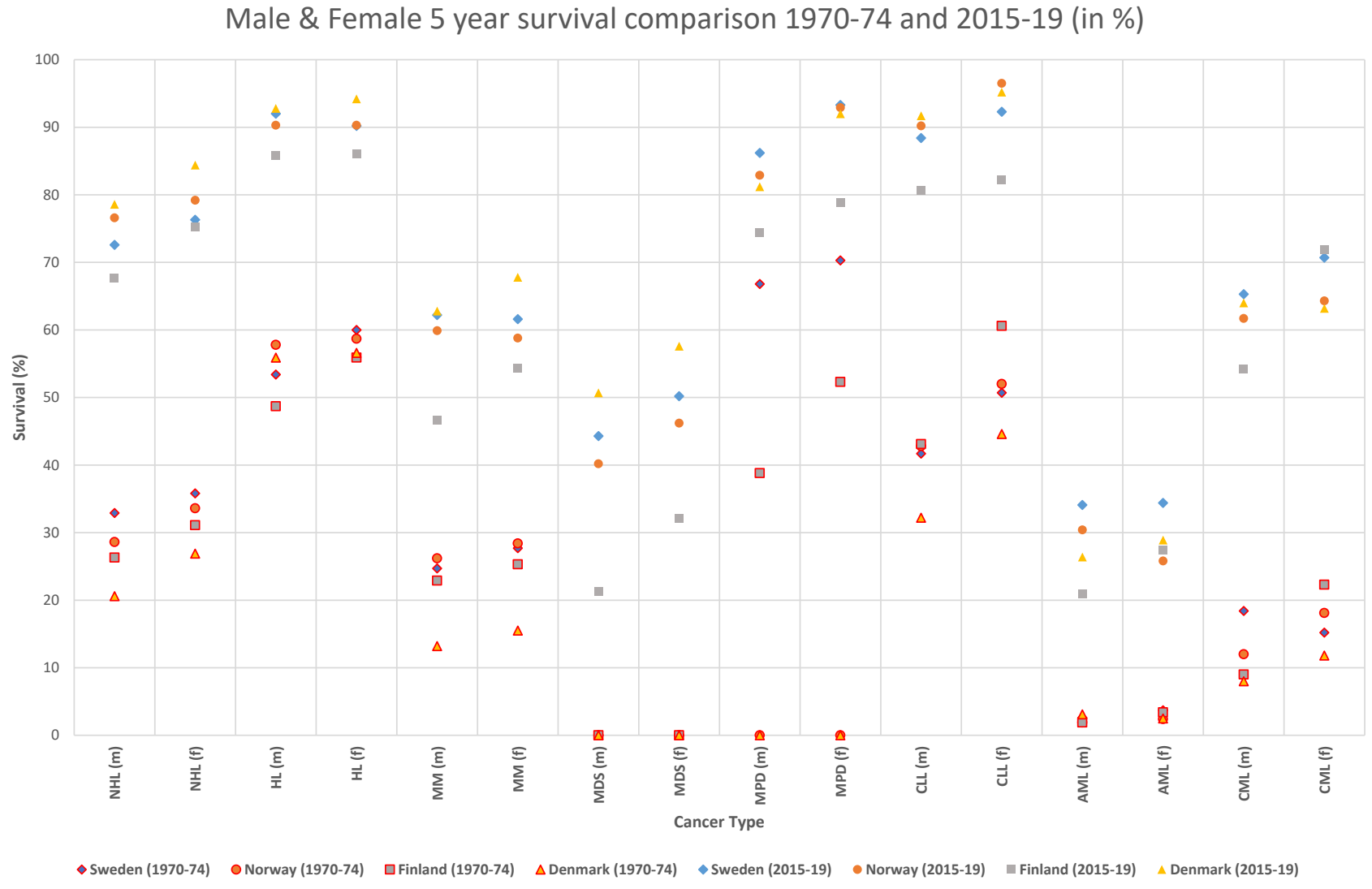


Fig. 2A

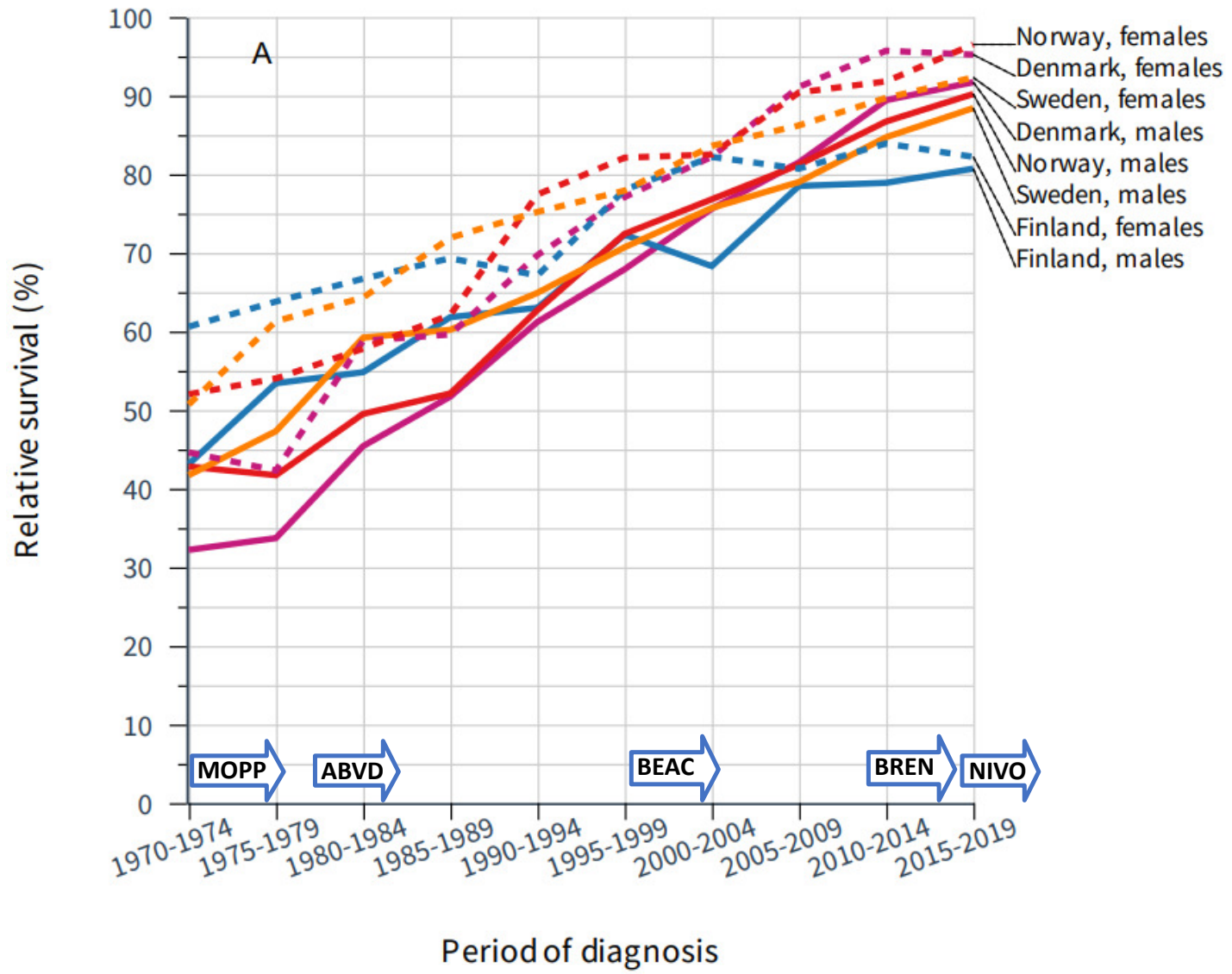


Fig. 2B

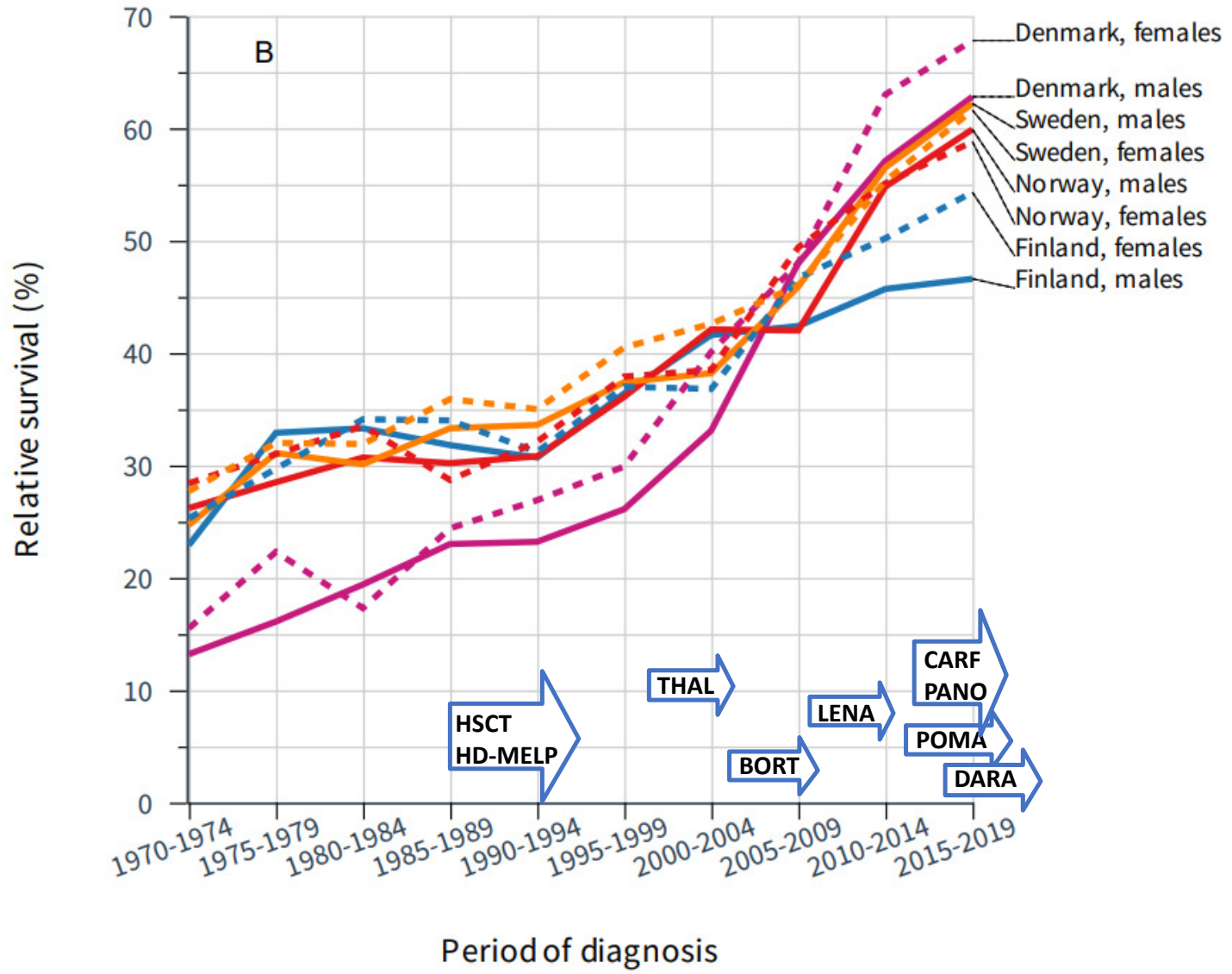


Fig. 3A

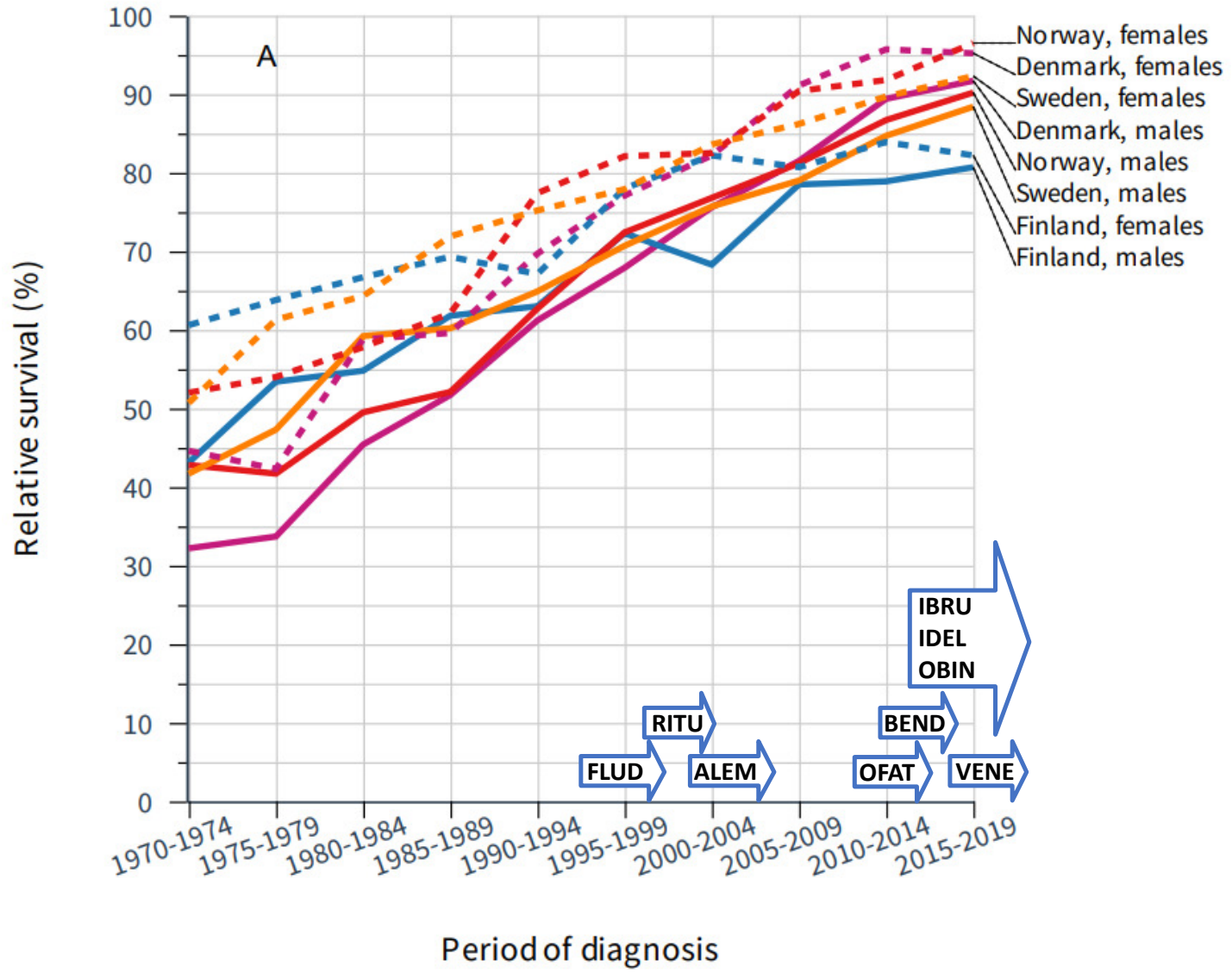


Fig. 3B

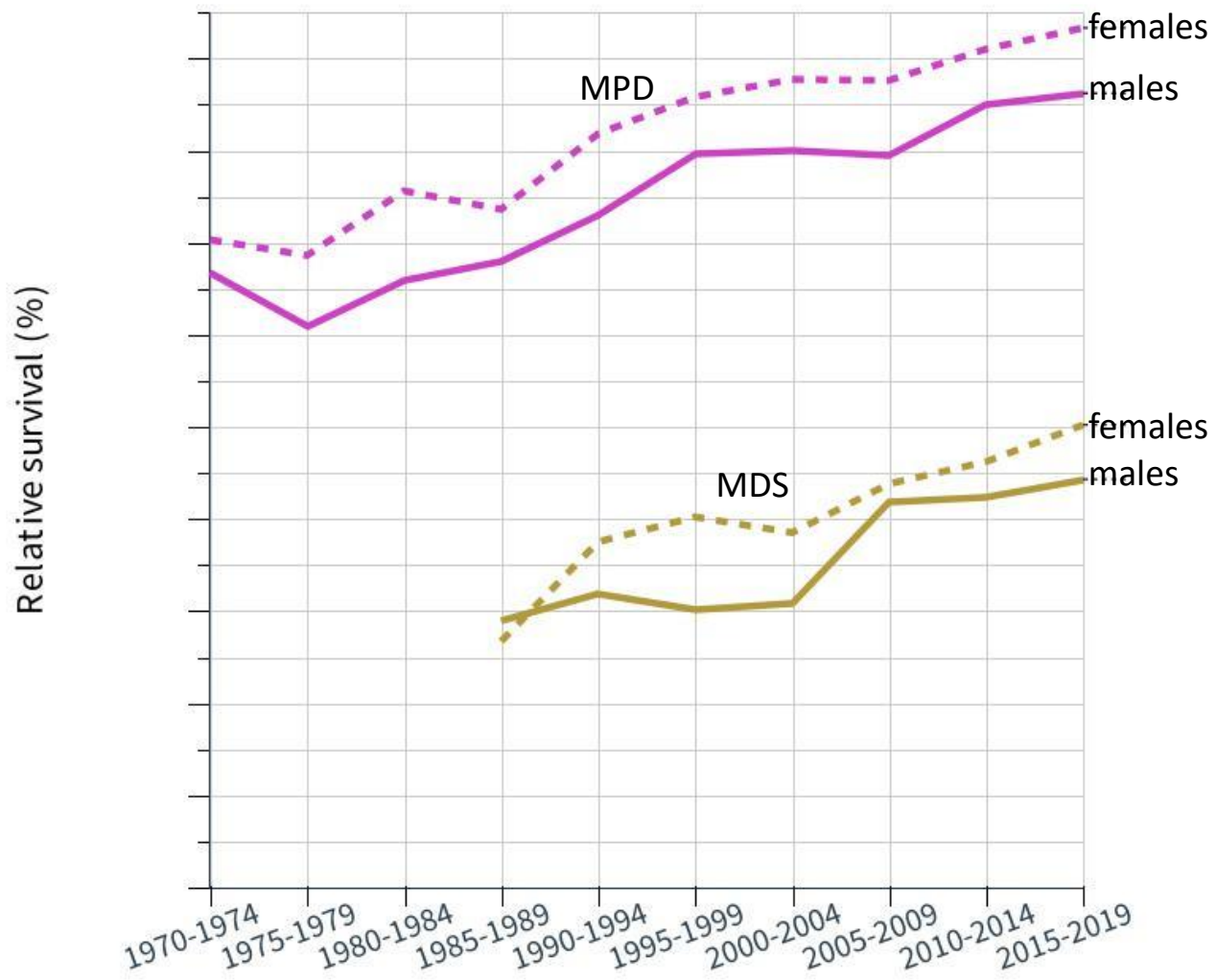


Fig. 4A

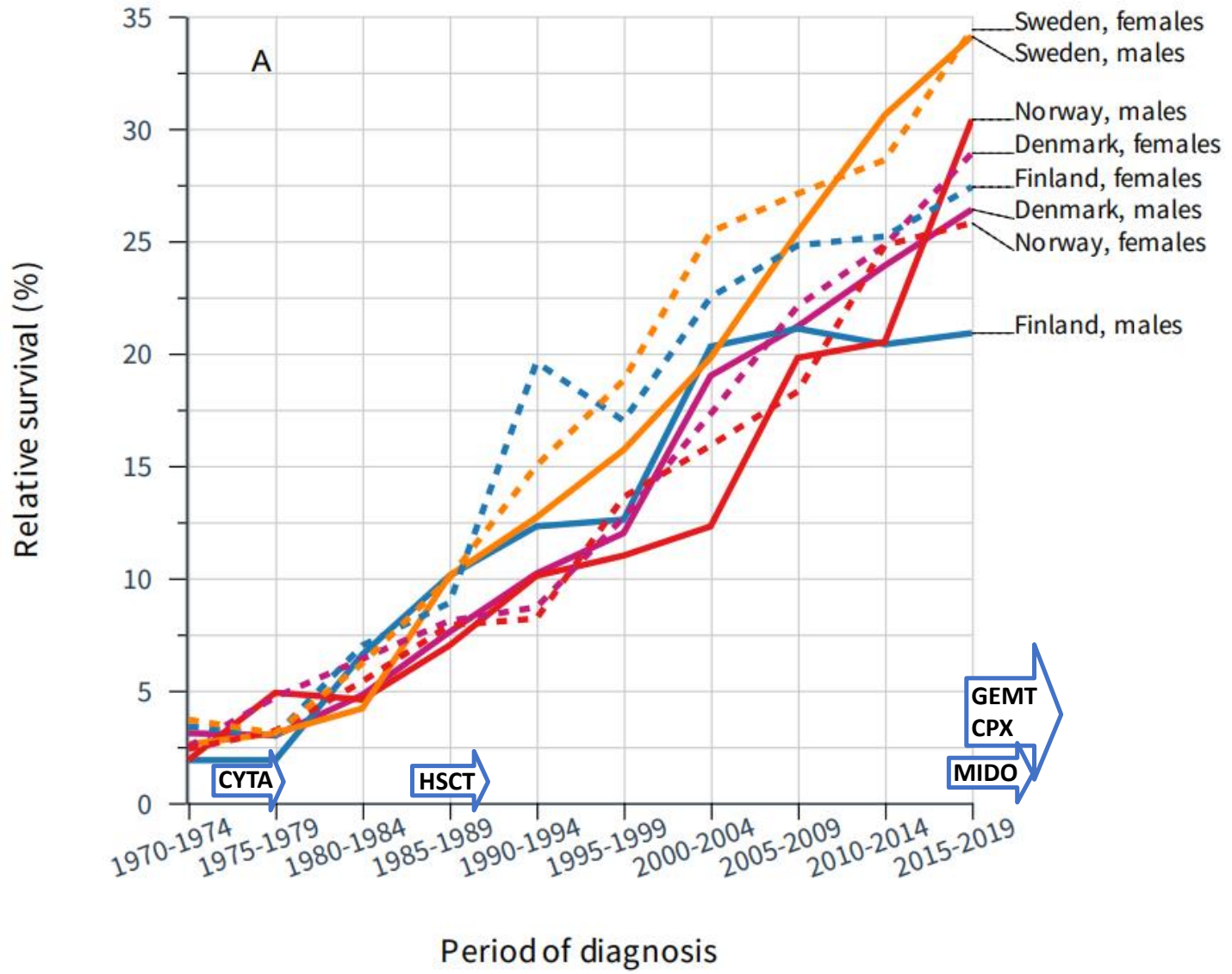


Fig. 4B

