


Targeted PET/MRI Imaging Super Probes: A Critical Review of Opportunities and Challenges

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Abstract: Recently, the demand for hybrid PET/MRI imaging techniques has increased significantly, which has sparked the investigation into new ways to simultaneously track multiple molecular targets and improve the localization and expression of biochemical markers. Multimodal imaging probes have recently emerged as powerful tools for improving the detection sensitivity and accuracy—both important factors in disease diagnosis and treatment; however, only a limited number of bimodal probes have been investigated in preclinical models. Herein, we briefly describe the strengths and limitations of PET and MRI modalities and highlight the need for the development of multimodal molecularly-targeted agents. We have tried to thoroughly summarize data on bimodal probes available on PubMed. Emphasis was placed on their design, safety profiles, pharmacokinetics, and clearance properties. The challenges in PET/MR probe development using a number of illustrative examples are also discussed, along with future research directions for these novel conjugates.

Keywords: medical imaging, bioresponsive probes, targeting, contrast agents, relaxivity, clearance

Introduction

Efforts to improve the earlier diagnosis of cancer are multifaceted. Standard laboratory tests are beneficial due to their accessibility, relatively low costs, and specificity, but their routine use requires clear guidelines.¹ With the shift to non-invasive disease diagnosis and novel treatment regimens, molecular imaging has gathered remarkable momentum in practical applications over the past few decades and has played a profound role in monitoring disease progression and facilitating drug research. Imaging modalities allow for the non-invasive, real-time visualization and quantification of physiological and pathological processes at the cellular and molecular levels, allowing for the better management of cancer treatment.

Currently, molecular imaging uses mainstream technologies such as X-ray computed tomography (CT), magnetic resonance imaging (MRI), positron emission tomography (PET), and single-photon emission computed tomography (SPECT), as well as optical and ultrasound (US) imaging. These techniques require highly-sensitive instruments and specific imaging probes that link the imaging signal with a molecular event. Each of these modalities has pros and cons. For example, CT is widely available, has a fast acquisition time and high spatial resolution, but

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due to its poor sensitivity ($10^{-2} - 10^{-3}$ mol/L), it is sometimes combined with SPECT or PET to capture biochemical and physiological processes.² Moreover, CT is associated with high radiation exposure and provides relatively low-contrast images of soft tissues. MRI does not use ionizing radiation,³ has a high spatial resolution (~ 100 μm),⁴ and delivers information about soft tissues, but it also has a low sensitivity. In contrast, PET has an extremely high sensitivity ($10^{-11} - 10^{-12}$ mol/L), limitless depth of penetration, and quantitative capabilities, but it lacks anatomical parameters to identify molecular events.⁵ Tremendous improvements have recently been made in the development of imaging modalities (eg, PET/MRI systems) and image reconstruction algorithms, and also in the design of novel imaging agents. Among these are probes that can directly recognize and bind to the targets of interest, as well as probes that are conjugated in a multivalent fashion to the surface of nanoparticles. Some probes may leverage natural processes for uptake or retention, and some be activated by disease-related processes. Our experience in the design and characterization of MRI and PET contrast agents has prompted us to critically review some of the benefits and possible pitfalls of the recently reported bimodal probes.

Herein, we discuss how we can use physicochemical properties to predict major *in vivo* effects such as the clearance route and undesired deposition in various systems and how to assess the dose required to achieve signal enhancement in the region of interest.

Imaging Techniques

Specificity of MRI and PET

MRI is a tomography technique based on nuclear magnetic resonance (NMR). In some atoms (such as ^1H , ^{13}C , ^{31}P , or ^{19}F), nuclides (often miscalled as isotopes)⁶ adopt different energy states in a high magnetic field. In medical practice, the field strength ranges from 1.5 to 3.0 T (B_0), which is a hundred thousand times stronger than that of the Earth. After the radiofrequency (RF) pulse is applied to excite the nuclei, the nuclear magnetic spins rapidly return to their original equilibrium energy levels in a process called relaxation (Figure 1). There are two types of relaxation—longitudinal and transverse—which are expressed by the time constants, T_1 and T_2 , respectively. Additionally, the intrinsic imperfections of the magnetic field lead to relaxation faster than T_2 recorded as T_2^* .⁷ Fortunately, many biogenic substances contain MRI-active nuclides, where

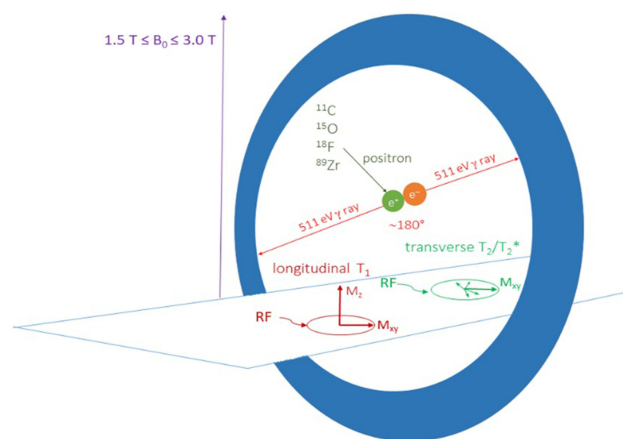


Figure 1 Graphical representation of the principle of the MRI and PET techniques.

^1H is the most common; therefore, MRI scanners are tuned to ^1H in water, which makes up 73% of the fat-free mass of human bodies, but also in fat, proteins, and sugars.

The outlines of tissues, organs, and all abnormalities are revealed in the images due to the specific mobility of ^1H present in these organic molecules. MRI is a superior imaging modality for visualizing soft tissues like the gastric tract, cardiovascular system, and, most commonly, the brain and central nervous system.⁸ Some MRI sequences can differentiate between water and fat, which is useful for the evaluation of adrenal tumors. Similar fat-suppression sequences (eg, CHESS, fat-sat) are used to enhance the contrast resolution and improve the visibility of lesions to determine their lipid contents and remove artifacts. Furthermore, MRI's good temporal resolution allows the monitoring of dynamic changes, eg, angiography and functional MRI (fMRI), which can be used to track blood flow and brain activity as a function of signal change vs time.

In PET imaging, the detected signal originates from the radioactive decay of neutron-deficient radionuclides (eg, ^{11}C , ^{15}O , ^{18}F , and ^{89}Zr). These specific atoms emit positrons from unstable nuclei. When traveling, the particles rapidly lose their kinetic energy by spreading around the tissue before finally being annihilated by a nearby electron. This process leads to the emission of two 511 keV photons emitted in almost opposite directions (180° apart,⁹ (Figure 1)). Subsequently, scintillation detectors surrounding the patient convert the electrical signal into sinograms that are subsequently rebuilt into tomographic images.⁵ The radiotracers (in this work interchangeably referred to as radioligands, radiopharmaceuticals, and for unification with MRI – contrast agents) used in PET consist of

a radioactive tag bound to an organic ligand (a targeting agent). The ligand of each radiotracer interacts with a target molecule, resulting in a characteristic distribution of the radiotracer throughout the body. From a chemical point of view, radioligands are identical to their non-radioactive equivalents, so they show the same in vivo behavior. In contrast to conventional modalities (eg, US, CT, MRI) PET provides a functional or metabolic assessment of normal tissues or pathological conditions because biochemical changes usually occur before anatomical and structural changes become evident in MRI or CT.^{10,11}

In the last 20 years, the idea of combining both MRI and PET into a single device that can simultaneously acquire both datasets has raised interest. The potential benefits of PET/MRI compared with PET/CT include an improved detection rate in selected cancers and an overall reduced radiation exposure, which may be particularly beneficial for pediatric patients. In line with this, several groups have focused on the development and characterization of PET/MRI bimodal contrast agents.^{12–14}

Probe Characteristics

MRI Probes

The diagnostic value of MRI is enhanced by the possibility of changing signals using contrast agents (CAs). At least 1/3 of all examinations using MRI in the US and Europe are performed by administering magnetically-active substances, which shortens the relaxation times. CAs such as paramagnetic ion complexes or superparamagnetic particles contain lanthanide elements such as gadolinium (Gd^{3+}) or the transition metal manganese (Mn^{2+}). Most paramagnetic contrast agents are positive agents that shorten the T_1 relaxation time, leading to increased signal intensity in T_1 -weighted images (the enhanced region appears brighter). On the contrary, superparamagnetic agents are negative CAs, which reduce the signal intensity in T_2 -weighted images (the enhanced region appears darker).

Positive CAs are used to evaluate lesions and tumors because they increase the signal intensity in vessels and tissues, especially where there are perfusions or disruptions. Negative CAs highlight, eg, damages in capillary membranes and gastrointestinal bleedings;¹⁵ however, in this case, the strong magnetization often causes undesired signal disappearance and blurring, known as susceptibility artifacts; therefore, positive contrast agents are generally favored.^{16,17}

MRI CAs affect the local magnetic field of water protons, leading to a specific acceleration in their relaxation, known as proton relaxation enhancement (PRE);¹⁸ therefore, magnetic species are not directly recorded by the MRI scanner, but rather their consequent interactions with water molecules. Accordingly, understanding the relaxation mechanisms and specific influence of the magnetic species on water is crucial for designing and developing CAs. The relaxation mechanism of water protons accelerated by small-molecule paramagnetic complexes, which constitute the majority of the positive CAs, has been precisely described.^{19–21} Two factors are directly related to the interaction of water molecules with CAs: the number of water molecules coordinated to the paramagnetic center q , and the rate of water exchange by the center, expressed as the residence lifetime of coordinated water T_M . Two other specific features of the probe contribute to the relaxation mechanism, ie, tumbling, expressed as rotational correlation time T_R , and the relaxation of the paramagnet's electrons, T_{1e} (Figure 2).

Indirect, weaker, more distant interactions have been identified and exploited during the design of CAs, but major efforts have been expended to control the tumbling of paramagnetic species. One of the most spectacular effects has been observed for interactions with protein molecules such as albumin. Tumbling can be limited by anchoring the

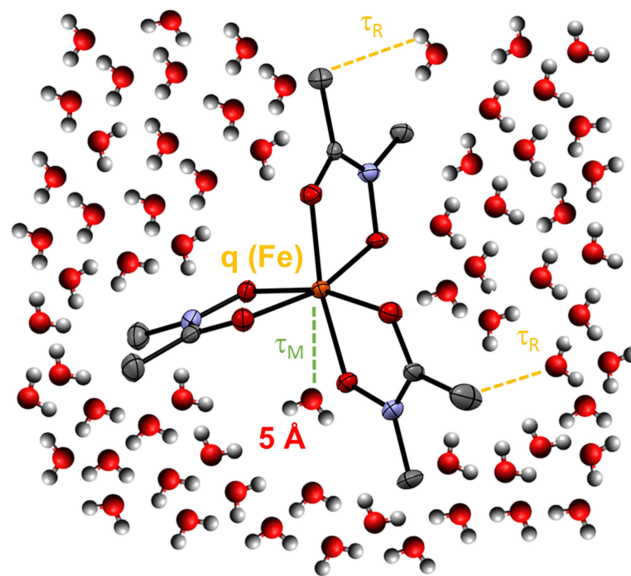


Figure 2 Solvent molecules (H_2O) and the Fe(III) and *N*-methylacetohydroxamate (NMA⁻) complex, as well as the specific chemical interactions. The ORTEP view [source: Mercury program 3.10.1 (Build 168220).] of the $[Fe(NMA)_3]$ crystal structure²² was generated using atomic coordinates taken from the CSD database (structure code: CCDC 1538337).

probe onto a large protein globule, leading to a much more efficient acceleration in the water relaxation. This effect greatly brightens the MRI images due to the interactions with macromolecules and is known as receptor-induced magnetization enhancement (RIME, (Figure 3)). Interestingly, the results of interactions are not yet mathematically described and have rather experimental nature. This is the major reason why the observed *in vivo* effects are not precisely designable yet,⁷ however, this review, supported by large amounts of experimental data from the literature, aims to identify the main relationship between the chemical or physical factors of CAs and their visual effects in the imaging techniques.

Nanoparticles (NPs), which belong to the negative CAs group, fall into a completely different field of relaxation theory, whose description is much more general, yet suffers from the identification of precise factors. Thus, the features contributing to their relaxation mechanism mainly include the following physical properties: size (often presented as a distribution), shape (mostly globular), and magnetic moment (in the range of superparamagnets). Although size is one of the most important parameters, its determination is often ambiguous. TEM images can visualize single-particles, while the hydrodynamic radius (reaching up to 140 nm)²³ can be used to reveal agglomeration in dispersions. Surface functionalization reduces the description of the mechanism back to the molecular level; therefore, NPs have also been well-studied for molecular imaging applications (Figure 4).¹⁵ An interesting discussion of the complexity of the relaxation mechanism for gadolinium complexes anchored on NPs has been presented by Verwilst.²⁴ This is an essential approach for understanding the impact of both NPs, as the massive component—which are not limited to the function of a support—and the small molecules introduced on the surface of NPs.

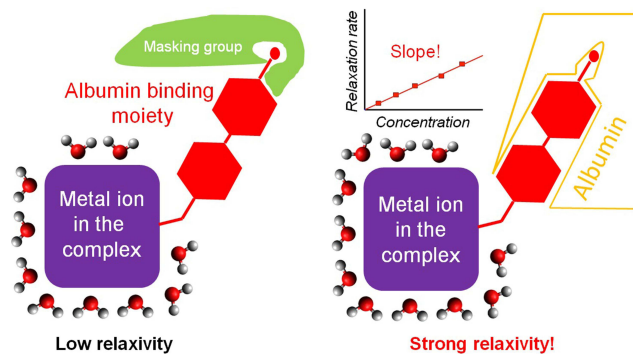


Figure 3 RIME (receptor-induced magnetization enhancement) effect.

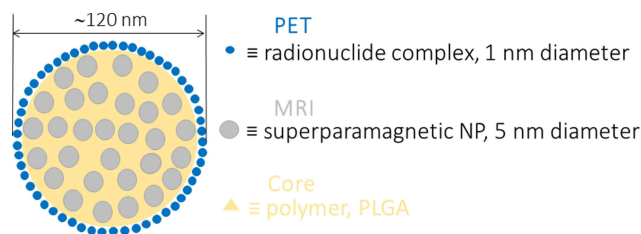


Figure 4 Ideological presentation of an MRI/PET probe based on chelated radionuclides (metal complex for PET imaging) and superparamagnetic iron oxides (SPION for MRI contrast).

The magnetic properties of the probes encompass different factors, which are particularly complex in NPs. In practice, magnetic species accelerate both T_1 and T_2 relaxation times. If the T_1 effects are dominant or at least not overwhelmed by T_2 acceleration, then such a probe is a promising positive contrast agent. Such an assessment might be done using the r_2/r_1 ratio.²⁵ When it falls into the range of 1–2, brightened images are observed and are not distorted by T_2 effects; however, a good negative contrast agent should express a ratio of at least 20. Due to the assumption of the universality of the contrast agents with respect to the strength of the magnetic field (B_0) and the predictability of the influence of B_0 on r_1 and r_2 , NMRD (nuclear magnetic relaxation dispersion) experimental studies have been performed.²⁶ Designing new probes with an appropriate r_2/r_1 ratio should be one of the criteria, which should be validated using experimental data. In radiological practice, susceptibility to artifacts causes a high deviation in this range, particularly for positive contrast agents (Table 1). In a large series of MRI candidates, there are examples of such a well-thought-out design. Kellar proposed iron oxide NPs with an oxidized starch coating as a T_1 CA with $r_2/r_1 = 1.69$ (0.47 T, 35 °C).²⁷ Another relaxometric measurement of Fe_2O_3 in an aqueous dispersion did not exceed an r_2/r_1 ratio of 2 in a low magnetic field,²⁸ but most low-diameter iron oxides have high r_2/r_1 ratios.²⁹ An interesting approach was published by Gazeu, where gadolinium was chelated on carbon nanotubes, where the resulting r_2/r_1 ratio was close to 1 and almost field-insensitive.³⁰ Carbon nanotubes are known for their strong effect on T_2 .³¹

Another factor compared in MRI contrast agent studies is the relaxivity (Table 1). This value is relatively easy to determine *in vitro*. It is assumed that high relaxivity values will directly cause an explicit, clear image in the region of interest. Most often, it is expressed in units of $\text{mM}^{-1}\text{s}^{-1}$, which initially came from gadolinium complex

Table I Relaxivity of MRI Contrast Agents

Entry	r_1	r_1	r_2	r_2	B_0	t [°C]	Paramagnet Content [%]	Size [nm]	Remark, Ref.
	$\text{mM}^{-1}\text{s}^{-1}$	$(\text{mg}/\text{mL})^{-1}\text{s}^{-1}$	$\text{mM}^{-1}\text{s}^{-1}$	$(\text{mg}/\text{mL})^{-1}\text{s}^{-1}$	[T]				
Discrete complexes									
GdDOTA-4AMP-F	7.4–3.9	10–19			1.4	37	14% (Mw)		[40]
Gd-NPep-FI (MRI or PET probe)	21.2	16			1.4	37	12% (Mw)		[41]
[GdDO3A-SA-Ga(AAZTA)] ⁻	3.7–10.1	9–24			0.47	25	13% (Mw)		[42]
Gd-PCTA-Lys(ZW800-I)-OAI	5.47	6			9.4	37	18% (Mw)	0.31	[43]
Nanoparticles (NP)									
Commercial SPIONs									
Feridex [®]	23.9		151.9		3	20		80–150	[36,44]
Feraheme [™] (ferumoxytol)	10	75	89	667	4.7; 3	37	41.21% Fe	17–35 nm	[45,46]
New hybrids									
MnMEIO			321.6	4400	1.5		75.25 Mn+Fe %	32 (hydro)	[37]
Jarrett2008-ADIO	14.46	129	72.55	659	1.4	37	50%	32.3	[47]
Lee2008-PASP-IO			105.5	2134	3	20	72.3% (X-ray Fe ₃ O ₄)	45±10	[36]
DOTA-mSPIO			209		0.47			20.3 (hydro)	[48]
EP-2104R	41				3		Gd 100000 Da protein		[41]
SPIO_cRGD			101.9	204	4.7	18	11.2%Fe	10	[49]
CAN-Magh	0.2	2	72	601	1.5		64.4% Fe	44–55(hydro)	[50]
DIO/Cu	17.1		135.8		1.4	37		45.7	[51]
NOTA-OA-IONP			157		4.7			66	[34]
SPION@PAA			93.8		4.7	37			[35,52]
PEM			265.0	261	3		5.5%Fe	140	[23]
Fe ₃ O ₄ @Al(OH) ₃	3.7	49	121.9	279	3		7.92	49.8	[53]
SDIO	18.1	36	95.8	194	1.4	37	11.34%Fe	62.4	[39]
DIO	15.7	49	89.2	279	1.4	37	17.53%Fe	38.1	[39]
AGuIX	10.3		13.4		1.4		12.42% (ICP-MS)	2.5 (hydro)	[54]
NOTA-IO-Man			449.9					10.12 (hydro)	[55]

(Continued)

Table 1 (Continued).

Entry	r_1	r_1	r_2	r_2	B_0	t [°C]	Paramagnet Content [%]	Size [nm]	Remark, Ref.
	$\text{mM}^{-1}\text{s}^{-1}$	$(\text{mg}/\text{mL})^{-1}\text{s}^{-1}$	$\text{mM}^{-1}\text{s}^{-1}$	$(\text{mg}/\text{mL})^{-1}\text{s}^{-1}$	[T]				
DOTA-IO-GUL			185		9.4			11.01	[56]
68Ga-C-IONP	5.7	51.7	22.2	201.3	1.5	37	50.6% Fe	20.6	[57]
s-SPION25			953		11.7	rt		25	[58]
NPs-dopa-PEG-DOTA/RGD			267.5	1609	7.0		32.5%Mn&Fe	26.4	[38]
NOTA-FA-FI-PEG-PEI-Ac-Mn3O4	0.57	4.04			0.5	37	40% Mn	476.5 (hydro)	[59]
AGuIX	13.5	12	18.2	16	1.4	37	14% Gd (Mw)	4.6	[60]
SPION-LDOPA-PEG-MANOTA			360	3965	3		61.5% Fe	119	[60]
FH	10–20		57–60						[61]
Au-Fe ₃ O ₄ @PDA-PEG-DTPA-Gd T1/T2/ dual model	6.14		71.88		3.0		22800 Gd/NP	70.89	[62]

characteristics by measuring their acceleration effect (T_1 or T_2 shortening – $T_{1/2}(\text{obs})$) with units of millimolar concentration ([Gd] - mM). There is also a diamagnetic factor derived from the natural relaxation rate of water $T_{1/2}(\text{diam})$ – Equation 1.

$$T_{1/2}(\text{obs}) = r_{1/2} * [\text{Gd}] + T_{1/2}(\text{diam}) \quad (1)$$

This way of expressing relaxivity is simple, useful, and can be used to directly evaluate a potential candidate. The calculation of the molarity of the paramagnet is necessary, which is not a problem for discrete molecular complexes. Additionally, the impact of the paramagnet is crucial, however even if its content in the final complex is 20–30% (for example 28% Gd in gadoteric acid) due to the size (<1 nm) the majority of the mass, a kind of securing ballast is not regarded to be a burden the clearance mechanisms. However, when it comes to NPs the size is already 1–2 orders higher, and taking into account their spatial, mostly globular nature, their weight is already a great difference. For example, a 100 nm SPION has a mass of about $2.5 * 10^{-12}$ g. For comparison, globulin in the blood can reach a size of 50 nm, 10^{-18} g,³² while a red blood cell in humans is about 6000 nm;³³ therefore, it is worth normalizing the relaxation enhancement to the mass of the nanomaterials. This is usually not provided in reports, perhaps due to the assumption that the majority

of NPs are responsible for the contrast effects. While this is true for chelator-free, poorly-functionalized SPION particles, it is not valid for advanced decoration. For example, Kim reported the use of 16.1 nm SPION, which after functionalization with oleate acid residues and NOTA chelator, formed 66.3 nm nanoparticles.³⁴ Very similar size growth was observed in Yang's models.³⁵ Another challenge to compare the relaxivity recalculated based on the mass of particles is the lack of a paramagnet percentage. To calculate classic relaxivity expressed in $\text{mM}^{-1}\text{s}^{-1}$, one must know the real paramagnet (Fe, Gd, Mn, ...) content; however, this is not directly provided in most works, or there is often no explanation of how the concentration was determined. Although IC-MS is recommended, it is possible that the researchers assume paramagnets are the main component based only on its mass, such as Fe₃O₄. Kim showed that the non-magnetic balance may be huge and, therefore, the results may carry high error; therefore, based on the provided data, as well as the indirect, but very useful and reliable information like thermogravimetric analysis (TGA) that shows the real content of the inorganic matter in probes, we compiled the relaxivity data for comparison and further discussion (Table 1). Most of the reported NPs expressed a higher T_2 relaxivity than the reference iron-containing drugs, Feridex[®] and Feraheme[™]. The high base relaxivity and

significant content of magnetic components (Fe, Mn) resulted in extremely high relaxivities calculated per mass in the range of several thousand, such as in the case of Choi, Shi, and Lee.^{36–38} Comparing two of Tu's NPs SDIO and DIO, it is clear that a similar T_2 relaxivity calculated from the molarity of iron is 40% higher as expressed by the entire mass of the NP due to a higher iron content.³⁹ Moreover, the smaller size of the more effective species may improve their biocompatibility. The limitation of r_2 comparison calculated by the classical unit $\text{mM}^{-1}\text{s}^{-1}$ is evident in the case of two completely different NP: Aryal's USPIOs (initially 5 nm), after being covered by poly(lactic-co-glycolic acid), lipids, and polyethylene glycol, had a final size of 140 nm with an r_2 of $265 \text{ mM}^{-1}\text{s}^{-1}$. The multilayer organic-polymeric shell reduced the iron content to 5%, which led to an r_2 of $261 (\text{mg/mL})^{-1}\text{s}^{-1}$. In contrast, Shi's NPs with a similar r_2 [$\text{mM}^{-1}\text{s}^{-1}$] were much smaller. They contained 32.5% of the magnetic elements, reaching $1609 (\text{mg/mL})^{-1}\text{s}^{-1}$, which means that its unit mass concentration provided a 6-fold more efficient acceleration of T_2 . There are many ways to compare the available data, but our goal is to investigate how the determined physical properties allow for a preliminary estimation of the intended effect.

PET Probes

PET imaging agents fall into two categories:

i) agents used for metabolic imaging based on small molecules, such as glucose or amino acids, which are rapidly taken up into cells by transporters and metabolized. Many of these are analogs of native small molecules and are designed to undergo limited metabolism and are afterwards retained within particular cells;

ii) agents used for receptor imaging based on monoclonal antibodies, antibody fragments, or engineered protein scaffolds.

The most commonly used PET radiotracer is [^{18}F]-2-fluoro-2-deoxy-glucose (^{18}F -FDG). It is a glucose analog that accumulates in tissues with increased glucose metabolism; therefore, increased radiotracer uptake can usually be found in high-grade tumors.⁶³ A significant drawback of ^{18}F -FDG is its lack of specificity and high physiological accumulation in organs such as the brain or heart. Receptor-based ligands specifically bind to antigens on the cell membrane. The selection of an optimal targeting agent is based on several characteristics, including its specificity, affinity, metabolism, and clearance of the molecule.

Table 2 PET Isotopes and Their Half-Lives

Isotope	^{11}C	^{68}Ga	^{18}F	^{64}Cu	^{69}Ge	^{89}Zr	^{124}I
Half-life	20.4 min	68 min	110 min	12.7 h	39.5 h	78 h	100 h

Designing a PET imaging probe is a complex process. The choice of a radioisotope, linker, and targeting vector must be carefully selected, as each can alter the radiopharmaceutical properties and, thus, the imaging results. Choosing a specific isotope suitable for a probe depends on its availability, half-life, and the chemical characteristics of the nuclide. The selected radioisotope should decay mostly through positron emission or electron capture, so the annihilation of a positron-electron pair may occur. The most frequently used PET isotopes are ^{11}C , ^{18}F , ^{68}Ga , ^{89}Zr , ^{124}I , and ^{64}Cu , all of which have different chemical properties (Table 2). The radionuclide half-life needs to match the biological half-life of the targeting molecule and should be long enough to allow for radiolabeling and imaging procedures. Finally, depending on the scientific question at hand, the targeting vector's molecular weight, radiopharmaceutical clearance characteristics, and binding affinity must be optimized. In practice, imaging agents based on intact antibodies suffer due to their large molecular size, slow pharmacokinetics, and long circulation times (up to 3 weeks); therefore, they need to be radiolabeled with longer-lived radionuclides (eg, ^{89}Zr , ^{124}I). These are less-ideal for clinical imaging due to higher associated radiation doses and longer wait times for imaging. Smaller protein scaffolds have much shorter circulation times (hours rather than weeks), deeper penetration into tissue, and they can be labeled with more clinically-relevant shorter-lived PET radionuclides, which enable same-day imaging; however, they may have lower affinities and typically display lower overall tumor uptake than full antibodies.

Real Problems Probe Preparation

Obtaining such complex molecules as bimodal probes (Table 3) involves many synthetic steps. The preparation of a nanostructure, surface functionalization, and the attachment of a targeting molecule are often long and multi-stage processes.^{34,38–40,49,50,53,57,59,60,62} More

reaction steps require more time from the operator and might affect the reproducibility; therefore, modular and one-pot syntheses are gaining in popularity due to faster tracer preparation times and often lower costs. Moon et al reported shorter one-/two-step encapsulation methods for the synthesis of iron oxide with DOTA-SA and GUL-SA moieties.⁵⁶ The first step of the synthesis—the preparation of amphiphiles for the IO core functionalization—gave a yield of 45% (for two steps) and 36% (for one step). The second part involved attaching amphiphiles to SPION, which had a yield of 85%.

Another team proposed a one-step modular solution for the synthesis of three matrices based on different nanostructures: SPION, AuNPs, and upconverting nanophosphors (UCNPs), containing aliphatic side chains.⁶⁴ Five separate modules based on BSA (bovine serum albumin), with different chelators (DOTA or DFO) or optical imaging dye (Alexa647) and a maleimide moiety, were prepared. By choosing a nanocore and a BSA-based module or modules, one-step functionalization was carried out employing van der Waals interactions between BSA and the functional groups present in the aliphatic chains of the nanostructures. This approach allowed for the creation of a library of thirteen different multimodal probes. Moreover, Yang et al demonstrated the ability of ferritin to reversibly disassemble upon pH changes.⁶⁵ At low pH (2–3), melanin NPs (MNPs) and iron ions were added to the unfolded nanostructure. When the mixture was put into an alkaline environment (pH = 8), the ferritin structure encapsulated the MNPs and iron ions. The radiolabeling of ⁶⁴Cu was carried out without reopening the structure, and the ions penetrated the interior through pores. The *in vivo* imaging post-probe injection showed accumulation in the target. The authors highlighted the prospect of using this method to load other ions or targeting motifs; however, a concern is that the low-pH environment of tumor tissues may cause partial disassembly of the probe's structure. This would be a disadvantageous effect for diagnostics, but it may have therapeutic potential. Other interesting studies confirmed the benefits of using chelator-free microwave-assisted heating for the one-step preparation of dextran-coated SPIONs containing the ⁶⁴Cu isotope.⁵¹ The authors demonstrated that the probe was less prone to radionuclide loss than when attaching copper via a chelator.

Coating

It is common to coat the surface of inorganic nanostructures with various polymers to increase their dispersibility or to incorporate functional groups that can be further modified.

Poly(ethylene glycol) (PEG) coatings have been shown to increase the stability of probes *in vivo* and protect them from undesirable non-specific binding due to stealth effects. There are numerous reports on nanostructures coated with this polymer.^{23,34,36,49,50,52,59,62,66} To achieve colloidal stability, the surface of nanostructures was coated with dextran, which increased the probe's stability in water, its biocompatibility, and its blood retention time.^{39,47,51,57,61,67,68} In addition, the PAA (poly(acrylic acid) (PAA),³⁵ serum albumin,³⁷ and methoxy-PEG (MPEG)⁵⁸ were also used to increase the colloidal stability and water solubility.

Radiolabeling

Apart from the modular/single-pot syntheses described above, radionuclides can be attached to molecules via both chelator and chelator-free methods. In the first approach, it is necessary to introduce a ligand into the structure or on the surface of the probe. The most commonly used chelators are: DFO for ⁸⁹Zr^{45,69} and for ⁶⁴Cu: DOTA,^{23,36,38,39,47,48,56,70} DTCBP,^{53,68} NODAGA,⁶⁰ MANOTA⁶⁶ and NOTA.^{49,59} Gallium-68 was chelated with NOTA,³⁴ NODA,^{50,54} and TRAP.⁷¹

In the chelator-free approach, ⁸⁹Zr can be directly conjugated to the feraheme (dextran-coated SPIONs) surface using heat-induced radiolabeling.^{61,67} The sorption of germanium ions onto the iron oxide surface at pH from 4 to 8 has also been reported.⁵² Radiolabeling of bimodal probes with non-metallic radionuclides such as ¹²⁴I or ¹¹C requires the formation of covalent bonds between the molecule and isotope. This can be achieved by surface functionalization with albumin.^{37,72}

Cytotoxicity

MRI is considered to be a relatively safe method compared to other imaging techniques, but MR CAs may have a negative impact on living organisms. For example, iron oxide NPs can lead to local and systemic inflammation, oxidative stress, and genotoxicity.^{73,74} The scale of these effects depends on the NP core size, synthesis method, type of coating, and hydrodynamic radius.⁷⁵ Moreover, Gd was shown to cause nephrogenic systemic fibrosis. Although this effect was strongly reduced by applying restrictive administration guidelines,⁷⁶ the deposition of Gd in the brain and other tissues has been reported.^{77–80} Recently proposed MRI-PET bimodal probes (Table 3) display biocompatibility and can possibly synergistically cancel or amplify deleterious effects; therefore, every

Table 3 PET/MRI Bimodal Probes

Molecule	Isotope	Paramagnetic	Activity per Inj.	Dose	Target (Targeting Vector)	Accumulation ^a	Clearance ^b	Ref
Liposome	⁸⁹ Zr	Gd	35–40 μCi	2.78 μmol Gd-DTPA -BiSA	Neuroendocrine tumor: SSTR2-positive transduced cell (OCT)	RES – 18% ID/g Bones – 12% ID/g Tumor – 3.5–5% ID/g @ 50 h pi	>96 h through RES	[45]
PLGA/PEG	⁶⁴ Cu	SPION	100 μCi	0.1 mg SPION	Breast tumor	Tumor - 3.5 ± 0.25% ID/g Liver 22.0 ± 6.0% ID/g Spleen, kidneys - 5% each @ 20 h pi	50 h (from blood) Renal excretion of ⁶⁴ Cu	[23]
FH	⁸⁹ Zr	SPION	185–195 μCi	~0.20–0.21 mg Fe	Muscle inflammation	Inflamed muscle - 0.95–0.12% ID/g Liver - 101.93% ID/g Spleen 132.96% ID/g @ 120 h pi Inflamed-to-control muscle ratio at 120 h pi: 9.64 ± 2.49	>120h	[67]
PAA modified SPIONs	⁶⁹ Ge	SPION	50 μCi 10 μCi (paw inj.)	7.77 mM Fe	SLN	Liver - 13% ID/g Spleen 9% ID/g @ 36 h pi SLN – 28% ID/g (paw inj.) @ 20h pi	>36 h	[52]
PAA modified SPIONs	*As	SPION	148.5 μCi 81 μCi (paw inj.)	40 μL, 7.77 mM of Fe	SLN	Liver - 25 and 11% ID/g Bladder - 12 and 3.8% ID/g @ 0.5 h and 20 h pi SLN 12.5 and 13.2% ID/g (paw inj.) @ 2.5 and 15 h pi	No data	[35]
MnMEIO	¹²⁴ I	MnFe ₂ O ₄	110 μCi 335 μCi (paw inj.)	80 μg (Mn + Fe inj.) 229 mg/kg (Mn+Fe)	SLN	No data	> 144 h	[37]
MnFe ₂ O ₄ and Fe ₃ O ₄	¹⁸ F	Fe	25 μCi	60 mg Fe				[53]

(Continued)

Table 3 (Continued).

Molecule	Isotope	Paramagnetic	Activity per Inj.	Dose	Target (Targeting Vector)	Accumulation ^a	Clearance ^b	Ref
NOTA-FA-PEG-PEI-Ac-Mn3O4	⁶⁴ Cu	Mn ₃ O ₄	200 μCi	2.5 mg/mL, inj. 200 μL	Folate receptor in cervical cancer (folic acid)	Tumor - 1.5%ID/g Liver 6%ID/g Kidneys, spleen ~2.5%ID/g @ 24h pi Tumor-to-muscle ratio: 5.35 ± 0.31 at 18 h	>24 h	[59]
PEGylated phospholipids	⁶⁴ Cu	SPION	100 μCi	10 mg Fe/kg body weight		Liver, spleen – 31 ± 18%ID/g @ 1h pi	>24h	[48]
Cu-Dota/Dextran coated SPION	⁶⁴ Cu	SPION Gd	20–25 μCi/g	18–20 mg Fe/kg	Vascular inflammation/receptor SR-A (Mal-BSA)		>24 h	[39,45,97]
SPION-NOTA-Ga	⁶⁸ Ga	SPION	100 μCi	1 mg/mL of IONP or OAeIONP	Colon cancer cells (oleanic acid)	Tumor 3.07 ± 0.76% ID/g Liver – biggest uptake @ 1h pi	>4h	[33]
DOTA-RGD-PASP	⁶⁴ Cu	SPION	100 μCi	300 μg Fe	Integrin αvβ3 (RGD)	Tumor - 10.1 ± 2.1% ID/g Liver - 22.6 ± 2.9% ID/g Kidneys - 4.9 ± 0.8% ID/g @ 4 h pi	>4h	[36]
PEGylated MnFe ₂ O ₄	⁶⁴ Cu	MnFe ₂ O ₄	100 μCi	200 μg Fe	Integrin αvβ3 (RGD)	Liver - 27%ID/g Spleen - 8%ID/g Kidneys - 7%ID/g Tumor- 6%ID/g @ 6h pi	>6h	[38]
PEG-PLGA-SPION	⁶⁸ Ga	SPION	200 ± 64.8 μCi	3.8 ± 1.3 μg of Fe ₂ O ₃	Pancreatic ductal adenocarcinoma	Liver - 1.7%ID/g Spleen - 2.1% ID/g @ >20 min pi	No data	[50]
DOTA-GUL	⁶⁸ Ga	SPION	275.4 μCi	200 μM DOTA-IO-GUL	Prostate (PSMA - GUL)	Tumor specificity	No data	[56]
TRAP (HMDA-DOTA)	⁶⁸ Ga	Gd	727 μCi	130 mg/kg		Kidneys @ 25 min pi	No data	[71]

(Continued)

Table 3 (Continued).

Molecule	Isotope	Paramagnetic	Activity per Inj.	Dose	Target (Targeting Vector)	Accumulation ^a	Clearance ^b	Ref
Dextran coated SPION	⁶⁸ Ga	SPION	405 μ Ci	0.11 mg Fe	Melanoma (RGD)	Tumor, heart – 9% ID/g each Spleen, kidneys 10% ID/g Liver - 25%ID/g	No data	[57]
BP-based ⁶⁴ Cu-(dctbp) ₂ and dextran-coated SPION	⁶⁴ Cu	SPION	54 μ Ci	44 mg Fe	SLN	SLN	No data	[68]
–COOH and –NH ₂ functionalized SPION	¹¹ C	SPION	100 μ Ci			Liver	> 5 h	[72]
Silicone-DOTAGA-Gd	⁶⁴ Cu ⁶⁸ Ga	Gd	270 μ Ci			Kidneys - 35%ID/g Liver - 15%ID/g Spleen - 5%ID/g Tumor - 2%ID/g @ 24 h pi	>24h Renal + hepatic clearance	[60]
LDOPA-PEG-MANOTA	⁶⁴ Cu	SPION	67.5–100 μ Ci	0.8–1.2 μ mol Fe		Liver - 9%ID/g Lungs, spleen- 6% ID/g each Kidneys 5% ID/g @ 48h pi	> 48 h	[66]
DOTAGA-Gd + NODAGA-Ga	⁶⁸ Ga	Gd	25 μ Ci	20 μ mol AGuIX		Kidneys, bladder	> 2h	[54]
⁸⁹ Zr-DFO-labelled ferumoxytol	⁸⁹ Zr	SPION	35 μ Ci	0.25 mg Fe	Tumor-draining lymph nodes, prostate	Liver – 23%ID/g Lymph nodes >40% ID/g @ 24 h pi	>48 h	[45]
EP-2104R (DOTA)	⁶⁴ Cu	Gd	530 \pm 186 μ Ci	46 mmol Gd per kg	Fibrin, (six amino-acid cyclic peptide)		>2h	[41,98]
DOX conjugated SPION	⁶⁴ Cu	SPION	135–270 μ Ci		Integrin α v β 3 (RGD)	Tumor 5.6 \pm 1.7%ID/g Liver 9.7 \pm 2.7%ID/g @ 6 h pi	>48h	[49]
NOTA-IO-Man	⁶⁸ Ga	SPION	324 μ Ci		SLN (Man-SA)	SLN accumulation	No data	[55]
Gadofullerene-PEG-RGD	⁶⁸ Ga, ⁸⁹ Zr	Gd	432 μ Ci	20 μ mol Gd	Integrin α v β 3 (RGD)	Tumor 2.4 \pm 0.2% ID/g @48 h pi	>720h	[95]

(Continued)

Table 3 (Continued).

Molecule	Isotope	Paramagnetic	Activity per Inj.	Dose	Target (Targeting Vector)	Accumulation ^a	Clearance ^b	Ref
⁸⁹ Zr-DFO-RGD-BSA-SPION	⁸⁹ Zr	SPION	1 mCi		Integrin αvβ3 (RGD)	Tumor 1.5%ID/g Liver 22%ID/g @72 h pi	>72h	[64]
Melanin-apoferritin	⁶⁴ Cu	Fe	100 μCi	10 nmol of NP	Colon cancer cells (TfR1)	Tumor 7.34 ± 0.93% ID/g @4 h pi	>26h	[65]

Notes: ^a@ X h pi = at X hours post-injection. ^b> "X" means, that biodistribution or accumulation data is available only to certain time post-injection. *71, 72, 74, 76.

probe with clinical potential must be tested for its cytotoxicity in vitro and in vivo. Unfortunately, the majority of probes reported so far have only been tested in vitro. In vitro testing methods may be useful because they are cost-efficient, but extrapolating data to in vivo models is not straightforward. Some efforts have been made to compare the probe concentrations tested in vitro with the equivalent doses administered in vivo. (Table 4). The biggest challenge in performing these tests is the lack of information about the molar mass of the investigated probes. Consequently, it is impossible to convert the molar concentration to the mass of a potentially toxic paramagnetic agent.

For example, ⁶⁴Cu-USPIO-PLGA, a polymer-based agent containing paramagnetic iron oxide and labeled with ⁶⁴Cu, was tested in vitro in the Fe concentration range of 0.06–270 μM. The assessed cell viability was ~90%, even for the highest conjugate concentration, confirming the biocompatibility of the polymer base. The iron

concentration of the same probe injected in vivo was 14 μM, which was within the in vitro-tested concentration range.²³ The cytotoxicity assay of another probe, Fe₃O₄–LDOPA–PEG–MANOTA showed cell viability of 80–90% within the concentration range of 2.34–300 μg/mL.⁶⁶ But, in this case, there was not sufficient data to compare the in vitro and in vivo results, as only the amount of injected iron (0.8–1.2 μmol Fe), not its molar concentration, was provided.

⁶⁸Ga-C-IONP did not show cytotoxicity in vitro at concentrations as high as 100 μg/mL, but the concentration injected in vivo was 11 times greater (1.1 mg/mL).⁵⁷ The cytotoxicity of another probe, Magh-1-PNPs-NODA, was tested using different amounts (3–6 μg) of Fe on different human cell lines. The results showed a ~50% decrease in the cell proliferation rate when the highest concentration was used.⁵⁰ Also, iron oxide NPs modified with oleic acid (⁶⁸Ga-NOTA-OA-IONP) were tested in a wide spectrum of molar concentrations 0.05–515 mM

Table 4 Doses of Bimodal Probes Injected in vivo Compared with the Amounts Tested for Cytotoxicity in vitro

Bimodal Probe	Injected in vivo	Tested in vitro	Ref.
⁶⁴ Cu-USPIO-PLGA	0.73 μg Fe/mL	3.35–15 μg Fe/mL	[23]
Fe ₃ O ₄ –LDOPA–PEG–MANOTA– ⁶⁴ Cu	0.8–1.2 μmol Fe (74–111 μg SPION*)	0.3 mg Fe/mL	[66]
Magh-1-PNPs-NODA	3.8 μg Fe in 300 μL (12.8 μg/mL)	3–6 μg Fe	[50]
⁶⁸ Ga-C-IONP	1.1 mg Fe/mL	100 μg Fe/mL	[57]
⁶⁸ Ga-NOTA-OA-IONP	1 mg IONP/mL	0.5–512 mM IONP	[34]
⁶⁸ Ga-AGulX	Not injected	3 mM Fe	[58]

Note: *Calculated based on TGA.

and were shown to be toxic at concentrations greater than 64 mM.³⁴ SPIONs-based (⁶⁴Cu and ⁶⁸Ga) bimodal probes containing 3 mM Fe demonstrated no cytotoxicity.⁵⁸

The assessment of bimodal probe cytotoxicity remains a major problem during their *in vitro* characterization, and more studies are needed to fully elucidate their behavior *in vivo*.

Half-Life

The use of isotopes with a shorter half-life requires quicker labeling procedures (Table 2).

For example, ¹¹C is useful for probing the kinetics of certain small molecules, but its short half-life (20.4 min) requires rapid preparation and purification procedures. A protocol for attaching ¹¹C to surface-functionalized nanostructures was published by Sharma et al, who trapped gaseous [¹¹C]CH₃I, purified it, and washed it multiple times within c.a. 30 min. The decay-corrected RY depended on the tested NPs and was in the range of 0.3–7.6%. Of note, the quality control steps proposed in the paper still need to be modified and evaluated in pre-clinical and clinical studies, which might affect the final obtained activity.⁷²

⁶⁸Ga has a half-life of 68 min and decays by 89% through positron emission.⁸¹ Probes radiolabeled with this isotope are routinely used for imaging myocardial perfusions and functions, blood flow, renal or liver functions, and cancer diagnosis.^{82–87} The half-life of ⁶⁸Ga is well-matched to the pharmacokinetics of agents targeting somatostatin,⁸⁸ bombesin,⁸⁹ and melanocortin 1 receptors.⁹⁰ As radioisotopes are usually eluted from a commercially available ⁶⁸Ge/⁶⁸Ga generator, Ga-labeled agents can be produced on-site at relatively low costs. Typically, the conjugation of ⁶⁸Ga bimodal probes requires 16–30 minutes^{34,42,50,54,56} and results in a good decay-corrected RY (80–97.4%).⁷¹ Noteworthy, ⁶⁸Ga tends to form stable complexes with ligands originally meant for Gd, which may limit its application for labeling Gd-based MRI CAs.⁷¹

Although ¹⁸F-based radioligands are widely used in clinical practice,^{91,92} there are not many reports on bimodal probes labeled with this isotope. In 2010, Frullano et al presented a bimodal imaging agent based on GdMRI CA radiolabeled with ¹⁸F.⁴⁰ The labeling reaction and purification process took 235 min, which was over twice as long as the half-life of the isotope. Although the radiochemical purity was > 95%, the product activity was only 10.2 kBq, which gave 0.006% of RY (starting activity: 1.8 GBq). On the other

hand, Cui et al reported that SPIONs could be radiolabeled within 50 min with ¹⁸F and 20 min with ⁶⁴Cu, with an RY of 70% and nearly 100%, respectively.⁵³ Also, several other groups have shown that the radiolabeling of bimodal agents with ⁶⁴Cu may take longer (~1 h) but still provides the conjugates with a relatively high RY of 85–95%.^{48,59}

Chakravarty et al reported SPIONs labeled with ⁶⁹Ge.⁵² The long radionuclide half-life allowed the labeling process to be extended to 24 h, improving the RY from 75% (after 3 h) to 90% (after 24 h; values not decay-corrected).

Recently, ⁸⁹Zr has gained interest for the labeling of bimodal probes, as its half-life is well suited for the conjugation of monoclonal antibodies.⁹³ Even though the radiolabeling procedures take about 3 h, the RYs are not greatly affected by nuclear disintegration. Gholami et al⁶¹ reported an RY of ~92% (89% after decay correction) for ⁸⁹Zr-labeled SPIONs. The efficiency of labeling a lipid-based bimodal probe with [⁸⁹Zr]Zr-hydroxide chloride was reported to be 99%, only at very low concentrations of both substrates, and decreased exponentially when the lipid concentration increased.⁴⁵

To evaluate whether a radioisotope's half-life influences the labeling yield, we compared the ratio of the time required to label a molecule to the isotope's half-life (*R*) and reaction radiochemical yield (the percentage of activity remaining after the preparation of a probe) using several recent reports (Figure 5). It seems that the higher the *R*, the lower the activity after the labeling procedure due to radioactive decay of the radioisotope; however, a high *R* does not necessarily mean a low RY value, as presented in Figure 5. Moreover, extending the labeling time (ie, a bigger *R*) may improve RY.

Probes in Real-World Applications – In vivo Studies Dose

For gadolinium *T*₁ positive MRI CAs, the recommended dose is 0.1 mmol/kg,²⁶ which is a compromise between the expected visual contrast and patient safety; however, as it has been shown, this might be insufficient, especially in low magnetic fields. On the other hand, excessive concentrations (ie, 2 mmol/kg), in addition to possible toxicity, might also lead to lower contrast images due to *T*₂ effects. Gholami et al showed oversaturation of the *T*₂ effects, where initially both *T*₁ and *T*₂ acceleration of the SPION bimodal CA increased when the Fe molarity concentration reached 0.5 mFe. Subsequently, *T*₁ but not *T*₂ rapidly dropped.⁶¹ These results show the limited applicability of this probe when used at higher doses.

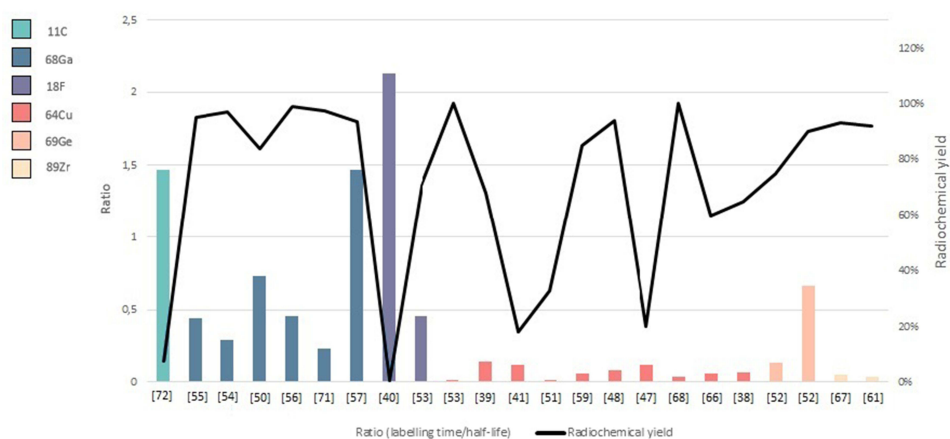


Figure 5 Ratios (*R*) of labeling time/half-life and the radiochemical yields of some reported bimodal probes. *R* was counted for probes with a known labeling time.

The sensitivity of MR scanners is still being improved, for example, a 4 T calibration spectrometer has been constructed;⁹⁴ however, to decrease the doses of MRI contrast agents, the magnetic field strength should be increased. The recently introduced 3 T MRI scanners have already enhanced the value of this technique in medical diagnosis by improving the spatial resolution and sequence portfolios; however, further leaps in the strength of the magnetic field are not expected soon. One apparently simple solution for such a mésalliance in the dose of a bimodal probe is magnetic nanomaterials, which encompasses thousands or millions of superparamagnetic units with several atoms of nuclides.

The doses of applied radionuclides in PET imaging are in the nanomolar range, which is several orders lower than that of MRI CAs.¹³ To better design bimodal probes and adjust the amount of MRI CAs and radioisotopes, magnetic nanomaterials that contain thousands or millions of superparamagnetic units with several nuclide atoms can be introduced. This approach has already been described by using nanostructures where a magnetic core was covered by a much smaller amount of radioisotope. Chen et al⁹⁵ reported a probe with a Gd: ⁶⁴Cu molar ratio of 32:1,000,000, which corresponded well with the difference in sensitivity.

Distribution, Accumulation, Clearance

The clearance of bimodal probes mostly depends on the size of the particles. Smaller molecules (≤ 60 kDa) are removed faster by the renal system, and larger ones (≥ 60 kDa) have longer circulation times and are removed via the hepatobiliary system.⁹⁶ The conjugate should

circulate in the system long enough to reach the region of interest while being rapidly cleared from normal tissues. Due to their rather large size, SPION-based bimodal probes circulate in the vascular system for at least several hours, heavily accumulating in the liver and spleen, whereas Gd complexes are quickly excreted via the kidneys.^{54,67}

So far, the pharmacokinetics studies in the majority of cases were performed up to 48 h. Mice were sacrificed, and their organ-associated radioactivity was measured via a gamma counter.^{23,57} A few studies have demonstrated longitudinal clearance (up to six days) of bimodal probes, which significantly limits our understanding of their behavior *in vivo*.^{37,46}

A longitudinal study was performed by Chen et al, where mice were injected with a ⁸⁹Zr-labeled gadofulferene-based probe and scanned at different times up to 720 h post-injection.⁹⁵ PET scans showed that majority of radioactivity accumulated in the liver, confirming the hepatobiliary clearance of this nanostructure. The low bladder uptake at 0.5 and 3 h post-injection was most likely related to the renal excretion of some small parts of the spontaneously disassembled probe; thus, the slight renal clearance of the nanostructure was observed. Importantly, after only 20 h post-injection, the uptake in other organs was negligible. This could be proof that no free ⁸⁹Zr accumulated in the bones, but the deposition of high-energy gamma particles may put a heavy strain on organ of clearance. ⁸⁹Zr-labeled probe remaining in the system for 720 h post-injection could potentially lead to severe systemic cytotoxicity.

Super Probes Bioresponsive Characteristics, Theranostics

Molecular machines and other “smart molecules,” ie, species that change their physical properties upon the application of environmental stimuli, have also been developed for medical diagnoses. Thus, to build MRI-PET systems, probes were developed that had bioresponsive characteristics (Table 5). Caravan et al investigated a pH-sensitive Gd(MRI)-¹⁸F(PET) conjugate with phosphoric acid residues,⁴⁰ as these groups are responsible for reversible protonation. In vitro studies demonstrated a linear dependence of relaxivity r_1 and PET signal in the pH range 6–8. This pH range is of particular significance for the diagnosis of cancers, since tumor cells have a lower pH (<7) than healthy organs. Botta et al managed to selectively incorporate two metals Gd(MRI)-⁶⁸Ga(PET) into two separated chelating systems linked to a pH-sensitive fragment.⁴² Deprotonation of the sulfonamide nitrogen atom in the linker was responsible for an r_1 change in a similar 6–8 pH range in the in vitro studies. A more elaborate structure was designed by Notni and coworkers, where a central ⁶⁸Ga(PET) chelate was surrounded by three Gd(MRI) arms.⁷¹ The relaxivity change was registered at 25 °C and 37 °C, but only in vitro studies were provided of the bioresponsive functionality, whereas in vivo PET/MRI studies of rats were focused on classical contrast imaging. Finally, an NP “super probe” was obtained by Yang and coworkers.⁴⁹ A SPION was functionalized with chelated ⁶⁴Cu radionuclides, PEG to enhance its dispersibility, cyclic arginine-glycine-aspartic acid

(cRGD) peptide targeting integrin $\alpha v\beta 3$, and drug-releasing centers. In vitro studies showed rapid drug release within 35 min at pH = 5.3, but there was no release at pH = 7.4. MMT assays showed an improved ability to penetrate both cell and nuclear membranes due to the presence of the drug-release moieties. The in vivo biodistribution studies using mouse models showed the accumulation of the bimodal probe in tumors, liver, and kidneys.

Generally, bioresponsive contrast agents and molecular probes are the main methods to enhance species for imaging techniques.^{99,100} This enthusiasm has been driven by visions of using particles to detect abnormalities internally and visualized by scanners and tomographs; however, the last 15 years of investigations in responsive MRI contrast agents have led to a more inquisitive and critical assessment of these probes. Some problems have been found in early research in Meade’s group, where competitive interactions with carbonates were found in biofluids, which hampered the detection of MRI signal changes in some stereoisomers.¹⁰¹ However, an insightful but critical attitude with clear calculations and transfer of the in vitro data to in vivo systems was presented by Pagel and coworkers.¹⁰² The authors paid attention to the low sensitivity of MRI in examinations with respect to the magnitude of the physical changes of the responsive probes described in the literature. Their concentration (below several micromoles) in tissue with a 20% change in their properties could not be detected by current scanners. According to the authors’ view, increasing the field will not help, since the relaxivities dropped even in a stronger magnetic field. While this is generally consistent with relaxation theory,²¹ our studies have shown that non-gadolinium contrast agents are efficient in fields up to 7 T.¹⁰³ Another more optimistic scenario is focusing on PET’s high sensitivity and designing bioresponsive characteristics mainly for this modality.

Summary and Outlook

The application of imaging techniques (MRI and PET) over the last 20 years has given a much better understanding of the biological, chemical, and physical processes occurring in the human body. Importantly, both modalities provide the means to identify early diseases, differentiate benign from malignant lesions, and determine the therapeutic effectiveness of many therapeutic regimens.

Herein, we have summarized the most recent reports focusing on the development of bimodal imaging probes being used for PET/MRI. Most of these agents are far

Table 5 Bioresponsive Characteristics of MRI/PET Probes

Probe	Stimulus, Range	Effect MRI Relaxivity, PET Signal	Ref
Furillo2010-GdDOTA-4AMP-F	pH 6–8	r_1 6–8 $\text{mmol}^{-1}\text{s}^{-1}$ in vitro	[40]
Vologdin2013-[GdDO3A-SAGa (AAZTA)]	pH 6v8	r_1 4–10 $\text{mmol}^{-1}\text{s}^{-1}$ in vitro	[42]
Notni2013- TRAP (HMMA-DOTA)3	Temp. 25/37 °C	r_1 5.69/4.73 (7 T) or 7.06/5.69 $\text{mmol}^{-1}\text{s}^{-1}$ (0.5 T)	[71]
Yang2011	pH 5.3/7.4	Drug (doxorubicin) release	[49]

Table 6 Main Features of Classic Complexes and Nanoparticles as Potential MRI-PET Bimodal Probes

	Discrete Complexes	Nanoparticles
Visual effect in MRI	Brightening, no general drawbacks	Darkening, may hamper discrimination from bulk, artifacts overlap, first reports as T_1/T_2 dual CAs
Preparation	Rapid, selective	Might be even more rapid, often chelator free
Size	< 1 nm	20–140 nm
Clearance	Kidney (as long as $r < 5.5$ nm)	Absorbed by the reticuloendothelial system in the liver and spleen
Targeting	Intercellular and intracellular	Intercellular, vascular system
Advantages	Large experience based on hitherto applications – known pharmacokinetics, clearance, possible bioresponsive characteristics, higher flexibility in targeting	Great potential in parallel drug delivery and theranostic functions
Drawbacks	Limited control over the paramagnet/radionuclide ratio desired for good performance of both modalities; Radiolabelling might be not selective	Limited permeability due to size Fears of deposition Poor MRI contrast Potentially lower bioresponsive characteristics

from optimal for clinical applications; however, if mutual efforts from biologists, medicinal chemists/radiochemists, and engineers/medical physicists can be directed towards improving the characterization of these probes, they might be used in the future in the image-guided delivery of therapeutic agents. When designing these probes, there are still many factors that need to be optimized, including their biocompatibility, pharmacokinetics, targeting efficacy, acute and chronic toxicity, as well as cost-effectiveness (Table 6).

Designing bimodal probes raises completely new issues that need to be addressed, such as the cytotoxicity of these complex molecules, the ratio of radionuclide to paramagnetic agent, and the clearance of complex molecules. Clinical trials of the proposed probes are still lacking, but there is growing interest in multimodal imaging, which is confirmed by the increasing number of publications on this topic. Although the application of PET radiotracers is necessary, the development of numerical methods and quantum computers might diminish the need for MRI CAs applications; however, the detection of hepatic or stroke-originated lesions, as well as biomarker sensing, molecular imaging, and theranostics should be further investigated in the field of MRI enhancement.¹⁰⁴ Additionally, as specialists have emphasized, future developments should focus on features such as targeting and high efficiencies with low doses and multimodal characteristics.^{99,100} Such efforts should hopefully give us an “all-in-one” specific pill.

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Disclosure

The authors report no conflicts of interest in this work.

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