CONSENSUS STATEMENT

Clinical development of new drug–radiotherapy combinations

Ricky A. Sharma[1], Ruth Plummer[2], Julie K. Stock[3], Tessa A. Greenhalgh[4], Ozlem Ataman[5], Stephen Kelly[6], Robert Clay[7], Richard A. Adams[8], Richard D. Baird[9], Lucinda Billingham[10], Sarah R. Brown[11], Sean Buckland[6], Helen Bulbeck[12], Anthony J. Chalmers[13], Glen Clack[14], Aaron N. Cranston[15], Lars Damstrup[16], Roberta Ferraldeschi[17], Martin D. Forster[1], Julian Golec[18], Russell M. Hagan[19], Emma Hall[20], Axel-R. Hanauske[21], Kevin J. Harrington[20], Tom Haswell[12], Maria A. Hawkins[4], Tim Illidge[22], Hazel Jones[3], Andrew S. Kennedy[23], Fiona McDonald[20], Thorsten Melcher[24], James P. B. O'Connor[22], John R. Pollard[18], Mark P. Saunders[22], David Sebag-Montefiore[11], Melanie Smitt[25], John Staffurth[8], Ian J. Stratford[22] and Stephen R. Wedge[2] on behalf of the NCRI CTRad Academia-Pharma Joint Working Group

Abstract | In countries with the best cancer outcomes, approximately 60% of patients receive radiotherapy as part of their treatment, which is one of the most cost-effective cancer treatments. Notably, around 40% of cancer cures include the use of radiotherapy, either as a single modality or combined with other treatments. Radiotherapy can provide enormous benefit to patients with cancer. In the past decade, significant technical advances, such as image-guided radiotherapy, intensity-modulated radiotherapy, stereotactic radiotherapy, and proton therapy enable higher doses of radiotherapy to be delivered to the tumour with significantly lower doses to normal surrounding tissues. However, apart from the combination of traditional cytotoxic chemotherapy with radiotherapy, little progress has been made in identifying and defining optimal targeted therapy and radiotherapy combinations to improve the efficacy of cancer treatment. The National Cancer Research Institute Clinical and Translational Radiotherapy Research Working Group (CTRad) formed a Joint Working Group with representatives from academia, industry, patient groups and regulatory bodies to address this lack of progress and to publish recommendations for future clinical research. Herein, we highlight the Working Group's consensus recommendations to increase the number of novel drugs being successfully registered in combination with radiotherapy to improve clinical outcomes for patients with cancer.

[1]UCL Cancer Institute, University College London, 72 Huntley Street, London WC1E 6DD, UK.

Correspondence to R.A.S.
ricky.sharma@oncology.ox.ac.uk

Although cancer mortality is declining in some European Union countries, lifestyle factors and the ageing population mean that cancer incidence will continue to rise[1]. Cancer survival gains will result from improved curative treatment[2], and among those cancer patients who are cured, it has been estimated that 49% are cured by surgery, 40% by radiotherapy alone or combined with other modalities, and 11% by chemotherapy alone or combined with other modalities[3]. Radiotherapy is also a highly effective treatment for palliation and symptom control in patients with advanced-stage or recurrent cancer[4].

Radiotherapy is a very cost-effective component of cancer care. The estimated total cost of radiotherapy in the UK was only 5% of the estimated total cost of cancer care, which is representative of other developed countries[5,6]. Significant technical advances, such as image-guided radiotherapy, intensity-modulated radiotherapy, stereotactic radiotherapy, and proton therapy have enabled, when compared with conventional radiotherapy, the application of higher radiation doses and more precise cancer targeting with considerably lower doses to non-malignant surrounding tissues. These advances have improved patient outcomes[7,8]. Moreover,

there is clear (Level 1) evidence that drug-radiotherapy combinations improve overall survival[9]. Apart from the combination of traditional cytotoxic chemotherapy with radiotherapy, however, limited progress has been made in using potential synergies between targeted systemic therapies and radiotherapy. Specifically, very few new drug–radiotherapy combinations are registered[10,11].

There is an unmet need for intelligent and rational approaches to drug–radiotherapy combinations on the basis of our molecular understanding of radiobiology and increased ability to develop agents that can be combined with radiotherapy in preclinical models. To define the most rational clinical approaches, the National Cancer Research Institute Clinical and Translational Radiotherapy Research Working Group (CTRad) formed a Working Group with representatives from academia, industry, patient groups and regulatory bodies to address this lack of progress and to publish recommendations for future research and development. This article explains the consensus recommendations of the CTRad Working Group, which aim to increase the number of novel agents being successfully registered in combination with radiotherapy to improve outcomes for patients with cancer.

Methods
CTRad was established in 2009 by the UK National Cancer Research Institute (NCRI) to focus on clinical and translational issues relating to radiotherapy and radiobiology. The CTRad Working Group has developed a portfolio of practice-changing trials and actively promotes translation of new discoveries into practice[12]. In September 2014, the CTRad Working Group formed at a meeting in London, UK, to identify both barriers

and solutions to increase the number of clinical trials of drug–radiotherapy combinations and to design realistic registration strategies for these combinations. The organizing committee approached all pharmaceutical and biotechnology companies in a list of contacts collated by the Experimental Cancer Medicine Centres (ECMC) and Cancer Research UK (CRUK) Combinations Alliance. The Working Group decided to provide clear guidelines for researchers and pharmaceutical companies working in the field, by publishing a Consensus Statement to highlight important opinions about the issue of drug–radiotherapy combinations, and recommend a particular course of action. Based on the summary of the discussions at that meeting, the issues were divided into eight topics, with the intention of agreeing eight consensus recommendations. It was made clear to the Working Group members that the consensus recommendations would be eminence-based, and should present a balanced view of the field based on the current evidence base.

The follow-up meeting in London in September 2015 was held with the specific intention of reaching consensus on the eight recommendations from the previous year. Invitations were sent to all Working Group members who had attended the previous meeting, plus additional members of the radiotherapy community who had shown interest in discussions at CTRad meetings subsequent to the previous meeting, as well as additional biotechnology and pharmaceutical companies contacted via the ECMC/CRUK Combinations Alliance, and regulatory contacts at the European Medicines Agency (EMA) and Medicines and Health products Regulatory Agency (MHRA). The aim was to be as broad and inclusive as possible to maximise the impact of the recommendations from the Working Group.

Of the 54 people invited to the meeting in September 2015, 37 attended and several others contributed with comments on the draft consensus statements and figures, before and after the meeting. All delegates worked in small groups to agree on the eight consensus statements: drug–radiotherapy combinations; route to registration; clinical trial end points; changing the standard of care; clinical trial methodology; radiotherapy quality assurance; preclinical dataset and target population; and patient and consumer involvement to raise awareness (BOX 1). All delegates rotated through all eight groups. All authors were given the opportunity to comment on the manuscript and approve the final version before publication. Agreement was reached for the Joint Working Group to reconvene in 5–10 years from the publication of this article in order to assess progress achieved in the advancement of drug–radiotherapy combinations.

Consensus recommendations
Drug–radiotherapy combinations
Principles of radiobiology. Ionizing radiation is most often delivered as photons in the X-ray wavelength of the electro-magnetic spectrum, but it can also be delivered as particles in the form of electrons or protons. The effect of radiotherapy includes direct damage to DNA

Author addresses

[1]University College London, London, UK.
[2]Newcastle University, Newcastle upon Tyne, UK.
[3]Cancer Research UK, London, UK.
[4]University of Oxford, Oxford, UK.
[5]Eisai, Hatfield Business Park, UK.
[6]Pfizer Ltd., Surrey, UK.
[7]Kinapse Ltd, London, UK.
[8]Cardiff University and Velindre Cancer Centre, Cardiff, UK.
[9]University of Cambridge, Cambridge, UK.
[10]University of Birmingham, Birmingham, UK.
[11]University of Leeds, Leeds, UK.
[12]National Cancer Research Institute, UK.
[13]University of Glasgow, Glasgow, UK.
[14]AstraZeneca, Cheshire, UK.
[15]*MISSION* Therapeutics Ltd, Cambridge, UK.
[16]Merck KGaA, Darmstadt, Germany.
[17]Astex Pharmaceuticals, Cambridge, UK.
[18]Vertex Pharmaceuticals (Europe) Ltd, Abingdon, UK.
[19]BTG International Ltd, London, UK.
[20]The Institute of Cancer Research/The Royal Marsden NIHR Biomedical Research Centre, London, UK.
[21]Eli Lilly and Company, Indianapolis, Indiana, USA.
[22]University of Manchester, Manchester, UK.
[23]Sarah Cannon Research Institute, Nashville, Tennessee, USA.
[24]J&J Innovation, Menlo Park, California, USA.
[25]Genentech Inc, South San Francisco, California, USA.

Box 1 | **Consensus statements**

1. Drug–radiotherapy combinations
Approximately, 4 out of 10 patients with cancer who are cured by treatment receive radiotherapy. Combining novel drugs with radiotherapy has clear potential to significantly improve patient outcomes. When companies are considering testing a novel combination for an agent, they should consider drug–radiotherapy combinations as important as drug–drug combinations. Collaborative groups involving academia and pharmaceutical companies should prioritise the evaluation of appropriate novel drug–radiotherapy combinations early in the clinical development plan of a drug to potentially improve response and survival rates. Proposed combinations should have a sound scientific basis in radiobiology, immuno-oncology, molecular biology and pharmacology.

2. Route to registration
Currently, there are no published guidelines on how to design studies using novel drug–radiotherapy combinations and there is limited guidance on regulatory aspects. In the absence of specific guidance, drug–radiotherapy combinations should be viewed as similar in concept to novel drug–drug combinations. There should be a strong scientific rationale for the combination based on an understanding of mechanisms of action and a clear line of sight to registration for the combination, based on clinical need.

3. Clinical end points
Early communication between regulators and researchers with regard to the most meaningful clinical end point(s) for a specific tumour site and patient population will accelerate development of novel combination therapies. Inclusion of clinically relevant early and intermediate end points will accelerate clinical development by generating compelling data in a timely and cost-effective manner. Regulators should recognize that end points must be pragmatic, relevant to patients and applicable in a 'real world' setting, and should reflect (i) the important clinical benefits of durable locoregional control, and (ii) the balance of effects on tumour control and normal tissue toxicity. Composite or co-primary end points might be necessary or advantageous. Secondary end points should usually include assessment of effects on normal tissues.

4. Changing the standard of care
The treatment intent and the current standard of care for each disease being treated must be defined by the investigators, including any potential variation across countries. Potential changes in the standard of care must be predicted by clinical experts if the path to registration is to succeed.

5. Clinical trial methodology
Radiotherapy–combination research requires use of appropriate trial designs and robust statistical strategies based on appropriate end points at each stage in the development plan. Studies that take advantage of gaps between planning and starting radiotherapy, or between radiotherapy and surgery, are opportunities for early-phase trials and related pharmacokinetic, pharmacodynamic and imaging studies.

6. Radiotherapy quality assurance
Quality assured radiotherapy is critical to the success of drug-radiotherapy studies. The components include detailed development of the protocol resulting in a transparent description of the chosen technique. Target volume definition and the minimization of irradiation to surrounding normal tissues must be described. Pretrial and trial-specific review of radiotherapy treatment planning and treatment delivery is essential and should be determined for each study.

7. Preclinical dataset and target population
Similar to novel drug–drug combinations, a standard for a minimum preclinical dataset for justifying early-phase clinical development of a new drug–radiotherapy combination does not currently exist. However, it is recommended that the dataset should address four considerations: i) demonstrate that the novel drug improves the efficacy of radiotherapy in clinically relevant models; ii) define an effective dose schedule; iii) provide an assessment of normal tissue toxicity for the drug–radiotherapy combination to identify potential clinical risks; and iv) identify potential responsive patient subpopulations and the associated candidate biomarkers.

8. Patient and consumer involvement and raising awareness
Patients and consumer groups should be involved from the concept stage onwards for a clearer understanding of patient priorities and what will be considered acceptable by patients who may or may not wish to participate in a clinical trial. Efforts to raise public awareness of the efficacy of radiotherapy and drug–radiotherapy combinations should include clear statements of the potential benefits of the research to improve cancer treatment.

in cells, or indirect damage caused by the X-rays colliding with molecules within the target, from primary and secondary ionisation events. For example, free electrons cause damage to molecules other than DNA within the cell or in other cells, or can interact with water molecules, leading to the generation of hydroxyl radicals or other reactive oxygen species[13]. Conventional radiotherapy is given with curative intent in fractions of 1.8–2.0 Gy daily on weekdays up to 35 times. The purpose of fractionation is to maximize the killing of cancer cells, while minimizing effects on normal tissue in and around the target volume. This concept is called the Therapeutic Index (FIG. 1). Hypofractionation refers to giving a lower number of fractions larger than 2.0 Gy, which is more effective per unit dose owing to the curvature of the ionizing radiation dose–response curve, but carries greater risk of toxicity to non-malignant tissues. Several large-scale clinical trials have found that giving a higher (>2.0 Gy) dose of radiotherapy per fraction, and a fewer (<35) number of fractions in total, can be as safe
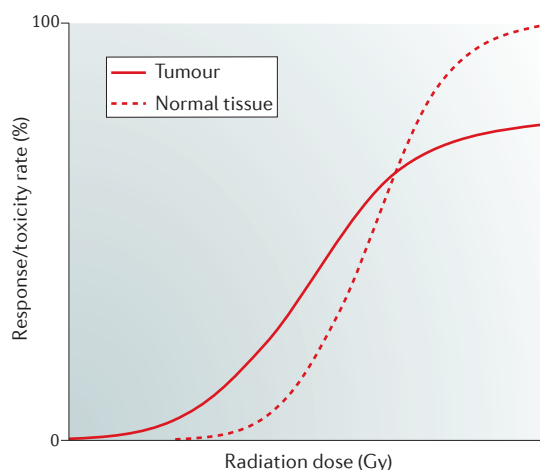
Figure 1 | **Concept of the therapeutic index.** A variety of strategies have shown promise in ameliorating ionizing radiation damage to normal tissues, including protection with radical scavengers, stimulating recovery with cytokines, modifying the p53 response, reducing the negative effects of inflammatory cascades and oxidative stress, and the use of stem-cell therapy. Of note, the slopes of clinical dose–response curves (the relationship between the probability of tumour control and the ionizing radiation dose) indicate that increasing the effective ionizing radiation dose by just 10% (a dose enhancement factor of 1.1) will increase tumour control rates by 5–30%, depending on the tumour site and whether control rates are already low or high[121,122].

as conventional radiotherapy, resulting in a change in the standard of care for common cancers, such as breast cancer and prostate cancer[14,15].

The lethal effects of radiotherapy primarily arise from damage to DNA. Radiation-induced DNA lesions include base pair damage, single-strand breaks (SSBs) and double-strand breaks (DSBs), which are considered to be the most lethal. SSBs are more rapidly repaired by cells than the DSBs, which are more likely to cause mutagenesis or lethality. Approximately, 1 Gy of photon radiotherapy results in 1×10^5 ionization events per cell, producing 1,000–2,000 SSBs and 40 DSBs, with the majority of DSB repair occurring within the first 2 h of the fraction of radiotherapy[16].

Certain biological features of tumours can affect outcomes after radiotherapy; for example, the extent and degree of hypoxia[17], the ability of the surviving cells to repopulate within the treatment time (typically 6–7 weeks for conventionally fractionated radiotherapy)[18], and the intrinsic radioresistance of the tumour cells[19]. In addition, the microenvironment, the immune environment, and cellular energetics can also affect responses to radiotherapy (FIG. 2), which illustrates the multiple biological consequences of radiotherapy.

Novel drug–radiotherapy combinations. Combining novel drugs with radiotherapy has clear potential to considerably improve patient outcomes. Moreover, several agents in development target each of the radiobiological effect categories (FIG. 2). Collaboration between industry

and academia is essential for progress in this field, and should occur as early as possible when a new drug is being developed. For industry to invest in new drug–radiotherapy combinations, a robust scientific basis for the combination in preclinical models needs to be demonstrated, and a route of registration must be defined for each drug–radiotherapy combination in terms of patient selection and clinical trial end points.

Proposed drug–radiotherapy combinations should have a sound scientific basis with regards to radiobiology, immuno-oncology, molecular biology and pharmacology. Traditionally, strategies for combining drugs with radiotherapy have focused either on hypoxia modification (BOX 2) or on altering the intrinsic radiosensitivity of the irradiated tumour(s) within the target volume for radiotherapy (BOX 3). Local control of the tumour is not the only end point to consider when designing a drug–radiotherapy combination strategy (FIG. 2). Radiation-induced bystander effects are biological effects caused in cells that have not been directly irradiated[20]. Such effects include DNA damage, chromosomal instability, mutation, and the induction of apoptosis[21]. For example, irradiation of the tumour microenvironment (that is, within and around the tumour) might be an important determinant of the efficacy of radiotherapy[22].

A growing interest is placed in combining radiotherapy with immunotherapy[23,24].This particular drug–radiotherapy combination is emerging as a new field of research, termed immuno-radio-oncology (BOX 4). Ionising radiation causes immunogenic cell death of cancer cells, modulates antigen presentation by cancer cells and alters the microenvironment within the irradiated field[25–27]. Importantly, this approach might promote enhanced anticancer responses to a systemic drug therapy, such as a monoclonal antibody against cytotoxic T-lymphocyte-associated protein 4 (CTLA-4)[28]. Local radiotherapy can enhance responses to immune-modulating agents at sites distant from irradiated areas. This phenomenon is known as the abscopal effect, and represents an important and exciting development in the potential role and scope of radiation therapy, as demonstrated in an important proof-of-principle clinical trial with results published in 2015 (REF. 29). In the next few years, improvements in viral and bacterial gene-delivery systems[30,31] and in oncolytic virotherapy vectors[32] might result in significant advances in the safety and efficacy of gene and viral therapies to target the interaction between cancer cells and their microenvironment[33].

The route to registration

Existing regulatory guidance on the development of chemotherapy and radiotherapy combinations is very limited, and early discussion with and scientific advice from regulatory agencies is recommended through pre-Investigational New Drug (IND) discussions. The Committee for Medicinal Products for Human Use (CHMP) Guideline on the evaluation of anticancer medicinal products in man acknowledges the importance of combination therapy by combining compounds with non-overlapping toxicities and/or mechanisms of
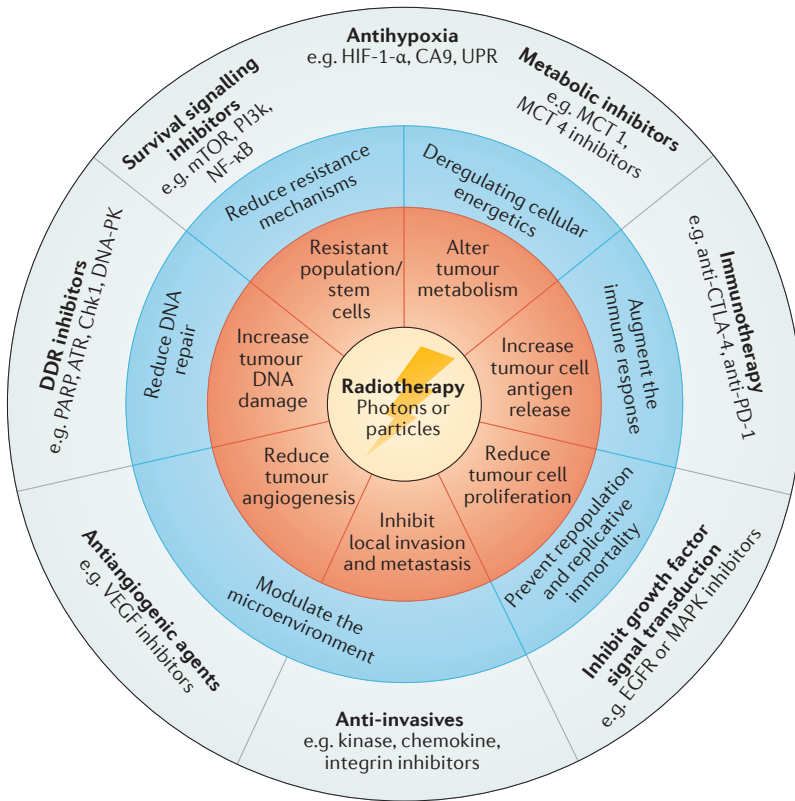
Figure 2 | **Combination strategies to augment the biological effects of radiotherapy.** Irradiation of the tumour causes a variety of biological consequences, which can be exploited by combining radiotherapy with novel agents that target the relevant pathways[123]. ATR, ataxia telangiectasia and Rad3-related protein; CA9, carbonic anhydrase 9; Chk1, checkpoint kinase 1; CTLA-4, cytotoxic T-lymphocyte-associated protein 4; DDR, DNA damage response; DNA-PK, DNA-dependent protein kinase; HIF-1-α, hypoxia-inducible factor 1-alpha; MCT 1, monocarboxylate transporter 1; MCT 4, monocarboxylate transporter 4; mTOR, mechanistic target of rapamycin ; PARP, poly(ADP-ribose) polymerase; PD-1, programmed cell death protein 1; PI3K, phosphoinositide 3-kinase; NF-κB, nuclear factor-kappa-B; UPR, unfolded protein response.

resistance or activity[34]. The CHMP guideline mentions the use of radiotherapy and/or chemotherapy sensitisers; however, given the limited regulatory experience of such combinations, early interactions with regulators need to be undertaken. The FDA published guidance on co-development of two or more IND for use in combination[35]. Although the European Medicines Agency CHMP guideline does not address the specific issue of the combination of drugs and radiotherapy, it is highly relevant in the development of combination therapies in general and provides a helpful framework for discussions with the FDA, EMA and other regulators.

Oncology drug development differs from most other therapy areas in the early involvement of patients (rather than healthy volunteers), usually from first-in-human dose-finding study development onwards, and in the wide range of academic and collaborative groups involved in partnership with the drug developer. This scenario should provide early opportunities for consideration of combinations of radiotherapy with chemotherapy in patients with cancer. We suggest that, in

cases with a good biological and therapeutic rationale, studies on radiotherapy combinations should be considered as part of the design of early-phase studies in patients (FIG. 3). These protocols might be designed in an adaptive manner to support the early initiation of combinations once the maximum tolerated dose (MTD) or biologically effective dose (BED) for a single agent has been established. A clinical development plan for a new drug–radiotherapy combination should define 'go/no go' and potential acceleration criteria (biomarker/efficacy/toxicity) for each decision point, which can be the move from preclinical to phase I, the end of the dose escalation part of a phase I study, any cohort expansions in phase I, or the move to phase II and phase III trials[36].

The early introduction of radiotherapy combinations, either simultaneously or soon after initial marketing authorisation, is dependent on the early initiation of combination modality studies and a clear pathway to registration. Ideally, the initiation of combination studies should involve agreement on the tumour site, clinical end points to be studied and acceptable clinical trial designs from phase I to III. The apparent lack of a clear pathway to registration might be a disincentive for the developer to undertake early studies. Regulatory agencies, however, provide numerous opportunities to engage and encourage development of drug–modality combinations[34,37]. For example, EMA Scientific Advice can be sought at any stage of development and can provide the study sponsor with access to a European network of both academic and regulatory experts through Scientific Advice Groups (SAG), which include SAG-Oncology. Such discussions might include the review of the biological rationale, clinical study designs or relevant clinical study end points. Similar opportunities are provided by the FDA and other national regulators. Such advice is applicable to drug–radiotherapy development as well as to new drug–drug combinations.

Given the high number of unmet needs in oncology, new agents might possibly be approved under accelerated regulatory procedures, such as the FDA accelerated approval scheme, which allows a new drug approval owing to intermediate end points — provided subsequent confirmatory studies are ongoing to study conventional, long-term end points. The EMA Priority Medicines scheme proposed in 2015 will provide "enhanced scientific and regulatory support to companies developing new therapeutic options to patients who currently have no treatment options, or a major therapeutic advantage over existing treatments" (REF. 38). Early engagement with regulators, the academic community, patients and stakeholders should occur in the development of new therapies to ensure that access to new treatments and consequent health improvements are achieved in the shortest possible time frame.

The commercial opportunities of novel treatment combinations cannot be overlooked (BOX 5). These opportunities include repurposing drugs to be used as radiosensitisers, for which extensive phase I to IV clinical experience of the drug might already exist from their use in other indications[39]. The development route for a new drug could include changes to the patent life of candidate

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Box 2 | Hypoxia modification

Hypoxic cells are approximately twofold to threefold more radioresistant than normoxic cells. Altering oxygenation, for example by 'normalisation' of tumour blood flow[103], would be expected to influence the effectiveness of radiotherapy. Phase II and III clinical trials are ongoing in which (chemo)radiation is combined with different vasoactive or antiangiogenic drugs. Most of these trials use the two main types of antiangiogenic drugs: monoclonal antibodies targeting growth factors or growth factor receptors, or small-molecule tyrosine kinase inhibitors. To optimise the 'normalisation window' for these drugs, non-invasive imaging methods have been developed that can monitor blood flow and hypoxia within the target volume (for example, dynamic contrast enhanced MRI or positron emission scanning with 18F-misonidazole). Similarly, the ability to combine drugs with radiotherapy to improve the therapeutic index will depend on the bioavailability of the drug or its active metabolites within areas of poor tumour blood flow, for which imaging might assist in assessment.

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drugs when they are combined with radiotherapy, that is, a new indication for the drug. Data exclusivity, market protection or patent extensions might be sought on the basis of orphan designation or new therapeutic claims in many jurisdictions, including the USA and European Union (EU)[40,41].

Clinical end points

Outside of the palliative setting, the aim of radiotherapy treatment is to achieve local and regional tumour control, either as the primary treatment modality, or as adjuvant or neoadjuvant therapy in combination with surgery. In the absence of metastatic disease, locoregional control should translate into improvements in disease-free survival and/or overall survival. In the presence of micrometastatic disease, locoregional tumour control might still translate into improvements in overall survival, symptom-free survival and quality of life (TABLE 1).

The selection of the most meaningful clinical end point(s) requires consideration of several factors, which include the tumour site, disease stage and target patient population. Early or intermediate end points can add predictive value, particularly in the context of cancers with a better prognosis. The pathological complete response (pCR) is the best validated end point for some solid cancers in the neoadjuvant setting, such as rectal cancer and breast cancer[42,43]; nevertheless, this surrogate end point is not measurable in all disease sites and standardisation of histopathology procedures requires careful quality assurance.

Box 3 | Altering intrinsic radiosensitisation of irradiated tumours

Intrinsic radiosensitivity is mainly attributable to genetic and epigenetic factors, and to the tumour's capacity to avoid cell death following irradiation. This parameter can be studied *in vitro*, but it can also be modulated *in vivo* by factors such as oxygenation. When used in combination with radiotherapy, traditional radiosensitising drugs typically exert their effects by augmenting DNA damage. Significant interest exists in developing radiosensitisers that more selectively radiosensitise tumours, but not normal, healthy tissues. In particular, signal transduction pathways that regulate intrinsic radioresistance, such as the EGFR pathway, have resulted in the efficacy of cetuximab when combined with radiotherapy in phase III clinical trials[84,104].
An alternative strategy to widen the therapeutic index for radiotherapy has been to radioprotect normal tissues to reduce radiation-induced adverse effects, such as xerostomia. Amifostine is an example of this type of drug–radiotherapy combination[105].

When considering drug-radiotherapy combinations, end points that enable evaluation of non-malignant tissue toxicity should be included to ensure that improvements in tumour control and survival end points do not occur at the expense of unacceptable increases in such toxicities. Guidance on dose constraints for organs at risk (OARs) is based on historical data for radiotherapy alone; international guidance should be followed in assessing non-malignant tissue toxicities for new drug–radiotherapy combinations (BOX 6). Whereas the studies from Emami *et al.*[44] have historically been used to estimate the dose of radiotherapy deliverable to non-malignant tissues when radiotherapy is used alone, these conservative estimates are not specifically applicable to drug–radiotherapy combinations except as a general guide. The need for a systematic approach to data collection on non-malignant tissue toxicities is emphasized by the QUANTEC reviews[45]. For example, in one article from this series, the authors emphasize that the biological determinants of the risk of non-malignant tissue toxicity vary between individuals, and the factors that influence it are specific to a given radiation pathogenesis[46]. This is also the case for drug–radiotherapy combinations, emphasising the need for the collection of accurate data in order to inform predictive models that might be developed in the future

The addition of concomitant cytotoxic chemotherapy to radical radiotherapy has resulted in increases in overall survival and/or disease-free survival in a broad range of tumour types (such as cancers of the head and neck, lung, cervix, rectum, glioblastoma) and addition of molecular targeted agents to radiotherapy has improved overall survival and disease-free survival in head and neck cancer[47,48]. Regarding the interests of individuals with cancer, regulatory agencies increasingly recognize the value of patient-reported outcomes as end points of clinical trials[49].

Changing the standard of care

For a drug–radiotherapy combination treatment to change clinical practice, it is paramount that the combination has demonstrated improved outcomes over the existing standard of care. This standard of care can vary geographically, and might depend on each country's judgement of factors, such as clinical efficacy, cost-effectiveness and the balance of toxicities of alternative treatment options. Ideally, investigators should ensure that the results of the proposed clinical development plan are applicable widely, rather than specific to a particular geographical region; for example, acknowledging the widespread use in most countries of platinum-based chemotherapy concomitantly with radiotherapy for non-small-cell lung cancer (NSCLC) or head and neck cancer[50]. Indeed, one challenge for investigators is that clinical trial designs might need to consider how to incorporate data on the changing standard of care during the study progression.

The key objective of phase I studies of new potential anticancer treatments is to determine a recommended phase II dose (RP2D) to take forward into further clinical studies. The fundamental assumption that has traditionally underpinned drug development in oncology

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Box 4 | Immuno-radio-oncology

Evidence suggests that radiotherapy can generate clinically significant antitumour immunity[29,106]. Radiotherapy-induced tumour cell death leads to release of 'danger signals', such as ecto-calreticulin, high mobility group box 1 and damage-associated molecular patterns, which recruit antigen-presenting cells that prime tumour antigen-specific T-cell responses[107]. Therapeutic strategies to overcome the body's inhibitory immunosuppressive networks provide an opportunity to generate T-cell priming in combination with radiotherapy, inducing antitumour responses outside of the radiotherapy field as well as within the target volume (abscopal effect). In particular, understanding the role of immune checkpoints in reversing the downregulation of antitumour immunity has led to the development of immune-stimulating drugs or antagonists of immune suppressor molecules. Both classes of drugs are being combined with radiotherapy in clinical trials to broaden the potential scope of radiotherapy beyond its traditional use to achieve local control or cure. Specifically, radiotherapy is currently evolving from being solely a locoregional treatment to becoming a key component of the systemic therapy plan for patients with metastatic disease.

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is that 'more is better'; that is, the higher the dose, the greater the potential for antitumour activity. This dogma has resulted in the RP2D of anticancer treatments usually being the MTD — the highest dose of a drug or treatment that does not cause unacceptable adverse effects[51]. This concept is not necessarily applicable to molecularly targeted agents, which are associated with different adverse effects to cytotoxic chemotherapy drugs, as lower drug doses than the MTD can be used to achieve synergy for some molecularly targeted agents[52]. In situations in which synergy is expected from the combination of two treatment modalities, the minimal biologically effective dose (MBED) of one or both of the treatments might be lower than that required for that agent administered as monotherapy[53,54]. Clinically relevant antitumour activity (the MBED, or even the maximum therapeutic effect (MTE)), might occur at doses significantly lower than the MTD[55]. The ability to use drugs at lower doses in drug–radiotherapy combinations than when used as a single agent, and possibly for shorter periods of time, can reduce drug costs for the combined treatment modality, with potentially fewer adverse effects than with the drug alone.

One option to allow delivery of a drug–radiotherapy combination in a timely manner is to conduct the dose-escalation part of phase I studies of the drug as a single agent alongside studies of the drug–radiotherapy combination. Data on safety, tolerability and pharmacokinetic (PK) end points from each dose level of the single agent study can be incorporated into the parallel study of the drug–radiotherapy combination. The choice of dose(s) to be explored further with radiotherapy are likely to be driven by modelling of the clinical PK data with the preclinical efficacy studies to define the expected minimal biologically active dose (MBAD) and, if relevant and feasible, tumour tissue sampling of putative biomarkers of the MBED (such as serological markers, circulating tumour cells or imaging readouts), which can be mandated in all patients during the dose escalation part of the clinical trial[56]. These approaches are likely to find the correlation between dose and proof-of-mechanism (PoM) or proof-of-principle (PoP) biomarkers, giving a better assessment of MBAD[57]. However, it should be noted that

the inherent variability of these biomarkers might require more than 3–6 patients per cohort for a meaningful result to be obtained.

Phase I oncology studies frequently include small expansion cohorts to explore biological activity; the end points can be clinical, such as objective response rate (ORR), or biomarker-driven, such as paired tumour biopsies for PoM or PoP biomarkers. The doses explored in these expansion cohorts are usually at, or close to, the MTD, but rarely allow determination of MBED. A more robust approach is to consider expanding cohorts to determine MBAD and test at least one dose between MBAD and MTD; such an approach might be triggered by significant tumour responses seen in the MBAD phase.

Clinical trial methodology

Early-phase trials are required to determine the optimal way to give a novel drug in combination with radiotherapy. Several types of trial design exist and are used according to the specific setting and research question under evaluation[47,58].

Acute toxicity from radiotherapy is not generally a good predictor of late toxic effects, with the exception of particularly severe or durable acute reactions that can have consequential late effects. On account of the risk of sub-acute or late toxicities from radiotherapy, clinical trials of drug–radiotherapy combinations might require extended follow-up periods, or monitoring of patients beyond the routine follow-up period (BOX 7). Extending the cohort follow-up period before dose escalation would provide a more robust RP2D, and could minimize delay by the use of a modification to the continual reassessment method (CRM), the time-to-event (TITE)-CRM[59]. This method incorporates late toxicity events that emerge after the typical short-term dose-limiting toxicity (DLT) period. The TITE-CRM includes the TITE for each patient — the event being a DLT and therefore including data from patients whose required follow-up period has not yet completed — and also allows the potential for patients to be recruited continuously in parallel[60]. Other adaptive study designs might enable more robust RP2D decisions than those determined using more traditional trial designs, thereby reducing overall timelines to reach the primary end point[61].

Clinical trial designs that incorporate measures of both efficacy and toxicity to identify the correct dose[62], might offer advantages over traditional dose-escalation designs that identify only the MTD. Alternatively, in settings where the risk of toxicity to the OAR with a drug–radiotherapy combination can vary, alternative approaches to dose cohort allocation should be considered, such as stratification by risk group or isotoxic radiotherapy dosing. Isotoxic dosing allows for personalised radiotherapy by maximising dose to tumour while remaining within pre-defined normal tissue constraints. This potentially identifies subgroups of patients more likely to respond to therapy and consequently informs the design of subsequent phase II and/or phase III trials. Early-phase trials of isotoxic dosing in NSCLC have demonstrated promising survival results with limited
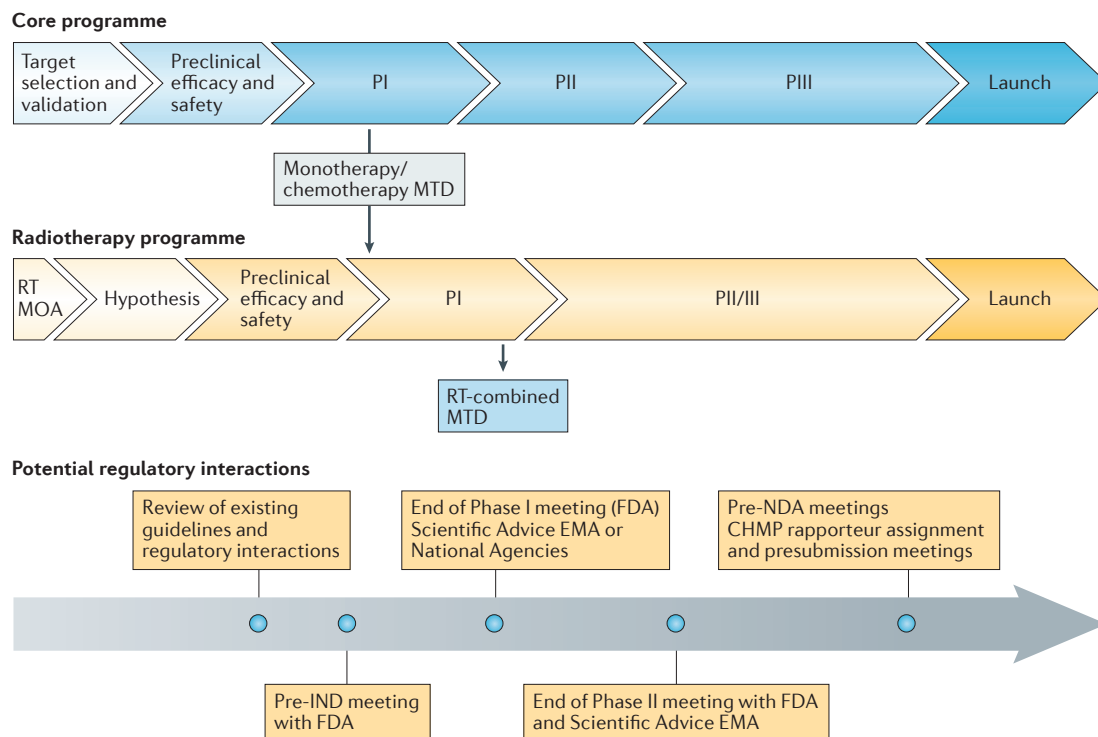
Figure 3 | **Regulatory considerations in trial development of drugs combined with radiotherapy.** Early interactions with regulatory agencies are recommended because of the limited published regulatory guidance. CHMP, Committee for Medicinal Products for Human Use; EMA, European Medicines Agency; IND, investigational new drug; MOA, mechanism of action; MTD, maximum tolerated dose; NDA, new drug application; PI/PII/PIII, phase of development of clinical trial; RT, radiotherapy.

toxicity[63,64]. Further trials looking at isotoxic intensity-modulated radiation therapy (IMRT) in NSCLC are focusing on feasibility, MTD and toxicity[65]. Research into newer techniques such as stereotactic ablative radiotherapy might benefit from using isotoxic dose prescription derived from experiences of conventionally fractionated radiotherapy[66].

As more drug–radiotherapy combinations are developed, the need to consider more than simply drug-dose escalation will arise. Emerging methodologies developed for drug–drug combinations could be applied to drug–radiotherapy combinations for which the 'dose' of radiotherapy might relate to scheduling or sequencing of the drug–radiotherapy combination (BOX 8). Multidimensional approaches, such as the proposed Product of Independent beta Probabilities dose Escalation (PIPE) design, could be used to identify the most promising combinations to take forward to phase II trials[67]. PIPE is an example of a non-parametric design for a dual agent clinical trial, in which the model parameters are the probabilities of toxicity for each of the dose combinations. Some prior knowledge of likely toxicities is required to create the model, which can then be rapidly updated when toxicity data are obtained in the clinical trial. Alternatively, in cases in which multiple drugs might be combined with radiotherapy for the first time, and recruitment is likely to be steady, cohort allocation could take the form of a FLIP-FLOP design. In this design, dose escalation of each drug occurs in alternate

cohorts of patients, enabling continued recruitment during the toxicity observation period of the previous cohort and maximising patient recruitment rates[47].

Scenarios in which a run-in period of single agent can precede a drug–radiotherapy combination would support efficient evaluation of any changes in the pharmacokinetic and/or pharmacodynamic (PK/PD) effects of the drug in the presence of radiotherapy. Enrichment trial designs could be employed to further develop biomarkers or to support appropriate phase III trial design[68–70]. Tissue, biofluid or imaging biomarkers have an important role in drug development, particularly in preclinical studies and in early-phase clinical trials[71]. Biomarkers can enable the identification of potentially successful drugs early on, thus accelerating market approval for some therapies. Biomarkers can also enable the identification of ineffective or toxic compounds at the earliest opportunity[72]. Relatively few combination studies, particularly combinations of drug–radiotherapy, have incorporated biomarkers to alter decision making in early-phase studies, and this represents an important area for future research. Earlier consideration of potential radiotherapy-related biomarkers or biomarkers associated with mechanisms underpinning a synergistic drug–radiotherapy combination might help reduce the risk of failure in the phase III setting. 'Window of opportunity' clinical trials permit the development of tissue and imaging biomarkers in a short period of time before surgery or other definitive treatment[73,74]. As gains in the

therapeutic index can be achieved by improving efficacy or reducing toxicity, phase II designs that support co-primary end points could be useful[75].

A key component of successful drug–radiotherapy combinations is the use of appropriate, robust end points at each phase of assessment. To increase the likelihood of successful phase III trials, decision-making in phase II trials should focus on such end points that provide reliable information for 'go/no-go' decisions. Data on late-stage effects should be pooled, which will require collaboration between both academic and pharmaceutical partners to share trial data[76].

Radiotherapy quality assurance

Adequate quality assurance of treatment delivery within clinical trials is critical to the success of drug–radiotherapy studies[77]. The methodology is well-established for drugs (manufacture, storage, distribution, dosing and compliance) and it should be matched by the accuracy of dose delivery from the radiotherapy equipment. Quality assurance of other steps in the process of radiotherapy treatment, which is partly individualised for each patient based on their anatomy, has been harder to achieve than quality assurance of treatment delivery.

As a starting point, the numerous radiotherapy-quality assurance (RTQA) procedures and naming conventions used globally have been harmonized in a new naming convention to be used in clinical studies incorporating radiation therapy[78]. This overview will facilitate intergroup study collaboration, simplifying exchange and interpretation of RTQA results (BOX 9). The recommendation is for this process to start early in the development of drug–radiotherapy combinations, to ensure the radiotherapy component can be adopted widely if later phase trials are pursued. Streamlining of the RTQA process for these later phase trials, with a centralised credentialing process, is pursued on a trial-by-trial basis. Streamlining prevents clinical sites and central groups from being overburdened, and ensures that the level of RTQA is consistent with the level of risk and the clinical end points of the study.

The electronic data from every patient treated within every trial is collated by the UK's National Cancer Research Institute's Radiotherapy Trials Quality Assurance group (NCRI RTTQA) group to allow retrospective auditing of protocol adherence. This provides an analysable dataset to explore relationships between delivered radiation dose and acute or late organ-specific toxicity and tumour control. Data from previous trials can be used to guide future trials if patients can be stratified, allowing different cohorts to be escalated in parallel.

Preclinical dataset and target population

Appropriate preclinical translational studies are essential to provide data that enables the most promising novel drug–radiotherapy combinations to be identified and progressed. The data should support regulatory approval and inform the optimal clinical development programme. The preclinical dataset should address four important concepts: first, demonstrate that the novel drug improves the efficacy of radiotherapy in clinically relevant models (both *in vitro* and *in vivo*); second, define an effective dose schedule; third, provide an assessment of non-malignant tissue toxicity for the drug–radiotherapy combination to identify potential clinical risks; and fourth, identify potential responsive patient subpopulations and possible candidate biomarkers.

Before designing an early-phase clinical study, investigators must define the proposed treatment in instances of unmet need, and select a registerable end point that the clinical study will pursue. This will inform on the tissue type and end point for the models used in the preclinical phase. For example, if the standard of clinical care is cisplatin-based chemoradiotherapy, preclinical modelling should ensure that antagonism does not occur when the new drug is added to cisplatin-based chemoradiation. While *in vitro* studies should initially be used to examine drug–radiotherapy combinations, *in vivo* tumour models are likely to be more informative. There has been interest in using mouse models that might be more molecularly diverse or possess more complex stroma, such as patient-derived xenografts (PDX) or genetically engineered mouse models (GEMs)[79,80]. These models have considerable time/resource considerations; whether data derived from studies with these models would provide substantially more information is unclear. However, although cell line-derived tumour xenografts remain the principal model for examining efficacy, there can be significant value in establishing the effect of an intact host immune response on the efficacy of the drug–radiotherapy combination and indeed, for combinations of immunotherapies (BOX 4) and radiotherapy, syngeneic and immunocompetent mouse models are essential. Ideally, the use of small irradiators in studies involving animals would match the approach to be applied clinically[81,82].

As an end point for efficacy studies, tumour cure has been considered as the gold standard for assessing the impact of drug–radiotherapy combinations. Tumour cure is the most comprehensive method, but the generation of TCD_{50} values (the dose of radiation required to cure 50% of animals) with and without drug is extremely labour intensive and impractical for most laboratories. In addition, there are examples in which TCD_{50} data can give a distorted view of the value of drug–radiotherapy combinations. In some studies, the addition of EGFR pathway inhibitors to radiation treatment had no effect on TCD_{50}, yet substantial growth delays were observed preclinically, and clinical benefit was observed with the combination[83–85].

Box 5 | Successful drug–radiotherapy combination opportunities

Industry rarely considers drug–radiotherapy combinations if the use of the novel agent is limited to 5–7 weeks of a course of radiotherapy. However, this assumption is challenged by the concept of 'adjuvant' systemic therapy following the drug–radiotherapy combination, such as using temozolomide during and after radiotherapy to treat glioblastoma multiforme[108], by the repurposing of non-cancer drugs for use as radiosensitisers[39], and by immuno-radio-oncology (BOX 4). Moreover, the potential to improve cure rates is cost-effective at a societal level. For example, radiotherapy combined with cetuximab versus radiotherapy alone showed dramatic improvements in median overall survival and 3-year local control rates for patients with advanced-stage head and neck cancer[109,110].

Table 1 | Cancers for which new drug–radiotherapy combinations could be clinically relevant

Cancer type	Potential clinical impact of combination	Examples of potential primary, secondary or exploratory end points	Justification for choice of potential end points
Breast cancer	• Improved OS • Improved DFS • Improved QoL	DFS	DFS is an accepted surrogate end point in trials of adjuvant hormone therapy[124]
		pCR	A retrospective analysis of patients with stage IV breast cancer indicated that locoregional control, mainly with RT alone was associated with improved OS[43]
Cervical cancer	Improved OS[125]	DCE-MRI	Improvements in perfusion during radiotherapy associated with higher OS[126]
		Locoregional control	• Retrospective assessment showed clinical response (examination and CT/MRI) was associated with 5-year DFS and OS following radical CRT[127] • Residual disease following RT and surgery was a predictive factor for OS[128]
		Squamous cell carcinoma antigen (SCC-ag)	Lower levels of SCC-Ag post-treatment predicted better 3-year OS[129]
Prostate cancer	• Improved OS • Improved DFS • Improved QoL	Serum PSA	PSA level following 6 months androgen deprivation and RT, and PSA nadir >0.5 ng/ml associated with prostate-cancer-specific mortality[130]
		Detection of distant metastases	Distant metastasis at 3 years associated with prostate-cancer-specific survival at 10 years[131]
Non-small-cell lung cancer	Improved OS[132]	PFS	PFS at 2 years correlated with 5-year OS in a meta-analysis of patients undergoing RT (± chemotherapy) for locally advanced NSCLC[133]
		Locoregional control	Strict locoregional control (at least partial response, no progression within/adjacent to RT field on CT at 6 months) associated with OS[132]
		^{18}F-FDG-PET	Higher post-treatment SUV (peak or max) associated with worse survival in stage III NSCLC[134]
Small-cell lung cancer	Improved OS	PFS	PFS at 2 years correlated with 5-year OS in a meta-analysis of patients undergoing RT (standard versus modified) for locally advanced NSCLC and SCLC (10 and 2 trials, respectively)[133]
		CTCs	Absolute number of CTCs after 1 cycle of chemotherapy predictive for OS in patients undergoing chemotherapy or CRT for limited and extensive disease[135]
Bladder cancer	• Improved OS[136] • Improved QoL[137]	pCR	pCR associated with improved survival rates[138]
		Patient-reported outcomes[139]	Improved QoL[137]
Oesophageal cancer	Improved OS	R0 resection rates	Increased R0 resection[140] correlated with 5-year survival[141]
		pCR	pCR associated with improved overall survival in patients who received preoperative CRT[141]
		^{18}F-FDG-PET	FDG-PET SUV post neoadjuvant CRT correlated with 2-year survival[142]
Rectal cancer	• Improved DFS • Improved QoL	pCR	pCR after neoadjuvant CRT associated with high 5 year DFS and OS in a pooled analysis[42]
		Magnetic Resonance Tumour regression grade (mrTRG)	mrTRG was independently significant for OS and DFS in patients who received neoadjuvant long-course CRT[143]
Anal cancer	• Improved OS • Colostomy-free survival[144]	^{18}F-FDG-PET	PFS and OS associated with response on ^{18}F-FDG-PET[145,146]
		Clinical complete response	cCR after RT associated with improved DFS[147]
Pancreatic cancer	Improved PFS	Radiological response	Local progression at first post-CRT CT imaging was a significant prognostic factor for OS[148,149]

Table 1 (cont.) | **Cancers for which new drug–radiotherapy combinations could be clinically relevant**

Cancer type	Potential clinical impact of combination	Examples of potential primary, secondary or exploratory end points	Justification for choice of potential end points
Glioblastoma	• Improved OS • Improved PFS	SPECT imaging	Tc-99m (V) DMSA brain SPECT at 4–6 weeks post RT was prognostic factor for survival[150]
		T1-weighted 1D size on MRI	Linear criteria for measurement of response at 2 months correlated with PFS and OS[151]
Head and neck cancer	• Improved OS • Improved DFS • Improved QoL	PFS	3-year PFS correlated with 5-year OS in nasopharyngeal cancer treated with RT[152]
		Locoregional control and EFS	Locoregional control and EFS at 2 years was strongly correlated with OS at 5 years in a meta-analysis of patients treated with CRT[153]
		^{18}F-FDG-PET	• Low post-treatment SUV associated with better overall survival in a meta-analysis (using trial-specified cut-off values)[154] • Decrease in SUV_{max} of ≥50% from baseline to week 1 or 2 (10 or 20 Gy) of CRT was associated with higher 2-year OS[155]

Examples of some clinical parameters are provided, as they might represent useful primary or secondary end points for certain patient subgroups or for important areas of clinical need (for example, likelihood of accelerated approval by regulatory agencies). This list of end points is not exhaustive and the end points chosen do not necessarily correlate with overall survival in unselected patient groups with the same cancer[156]. cCR, clinical complete response; CRT, chemoradiation therapy; CTC, circulating tumour cells; DCE, dynamic-contrast enhanced; DFS, disease-free survival; DMSA, dimercaptosuccinic acid; EFS, event-free survival; LRC, locoregional control; mrTRG, magnetic resonance tumour regression grade; NSCLC, non-small-cell lung cancer; OS, overall survival; pCR, pathological complete response; PFS, progression-free survival; PSA; prostate-specific antigen; RT, radiation therapy; SCC-ag, squamous cell carcinoma antigen; SCLC, small-cell lung cancer; SPECT, single-photon emission computed tomography; SUV, standardized uptake values; SUV_{max}, maximum SUV.

A growth-delay end point, which evaluates the time taken for tumours to reach a defined volume (commonly a trebling or quadrupling in volume from treatment initiation), is more achievable than tumour cure and should be used routinely. After irradiation, tumours will generally regrow at the same rate as unirradiated tumours. Therefore, by analysing the rate of regrowth after treatment, important mechanistic information related to drug activity can be obtained — including the magnitude and duration of tumour regression in relation to pretreatment tumour volume. These experiments should quantify the improvement in the tumour response to radiation derived from adding the drug. For example, to determine if less radiotherapy can be delivered in the presence of the drug to be isoeffective, tumour–dose responses for radiotherapy alone must be established. We also recommend examining a novel drug–radiotherapy combination in a minimum of two relevant tumour models, and ideally examining a fractionated radiotherapy schedule.

Efficacy studies should assess drug sequencing in relation to the timing of radiotherapy treatment. If the drug is given before radiotherapy, it might function to condition the microenvironment (such as reduce hypoxia), to synchronize cells or to inhibit an immediate response target. The drug might need, however, to be present at different stages to increase the magnitude of radiation damage (for example, a hypoxic cell radiosensitiser). In some cases, the drug might need to be present after irradiation to inhibit repair or to drive cells down an apoptotic, autophagic or mitotic cell-death pathway. Scheduling experiments will be enhanced by a clear understanding of the PK/PD properties of the drug, so that rational dosing can be applied during fractionated radiotherapy. Design of subsequent clinical work will then need to take account of PK/PD observations from first-in-human studies.

A mechanistic rationale will usually indicate why tumours should be more affected than non-malignant tissue by the combined treatment in the irradiation field. Currently, there is no formal prerequisite for combination toxicology studies to support registration. However, given that drug treatment also has the potential to augment both the early and long-term toxic effects of radiotherapy, the examination of these effects in preclinical models is considered a prudent measure for new mechanistic classes of drug and those of the same class with differing PK and selectivity profiles.

A preliminary assessment of the skin can be made in the proximity of the irradiated tumour[86–91]. Furthermore, acute skin responses can be predictive of late toxicity[90,91].

Box 6 | Non-malignant tissue toxicity

Of all types of medical therapy, radiotherapy service delivery is expected to reach the highest standards of quality assurance. Generally recognized guidance on dose constraints for organs at risk (OARs) is available:

• QUANTEC[45] Emami reports[44]
• Radiotherapy Oncology Group (RTOG) protocols (https://www.rtog.org/ClinicalTrials/ProtocolTable.aspx)

End points for non-malignant tissue toxicity can be used in clinical trials, such as:

• cosmesis in breast cancer (FAST trial)[111]
• proctoscopy at 1 year for rectal toxicity post radiotherapy for prostate cancer[112]

The individual risk of non-malignant tissue toxicity to radiotherapy treatment can be assessed using markers such as serum TGF-β1 levels as a surrogate of fibrosis in breast cancer[113] and pneumonitis in lung cancer[114].

Box 7 | Follow-up of late toxicities

On account of the perceived risk of late toxicities, industry sometimes expresses concern about long follow-up periods required for clinical trials of drug–radiotherapy combinations. During the phase I assessment of anticancer treatments that include radiotherapy, it is not uncommon to follow patients for longer than one cycle of drug treatment before allowing a dose escalation: the observation can be 56 to 84 days. The rationale given for this extended period is to monitor for delayed adverse effects or delayed healing after the cessation of radiation treatment. In fact, the late effects of exposure to radiotherapy manifest after latent periods of months to years, so could be detected by post-trial monitoring of trial participants rather than extending the follow-up period for protocol therapy.

Of note, the need for observation beyond the initial 'acute' toxicity period is not unique to drug–radiotherapy combinations; it is pertinent to all drug trials. Numerous small-molecule and large-molecule anticancer treatments are associated with serious adverse advents, which have presented later than the end of the first cycle and impact safety monitoring of patients who have received the treatment[115,116]. Some well publicised examples include tamoxifen causing endometrial cancer, rofecoxib linked to cardiac events, and anthracyclines and trastuzumab leading to cardiotoxicity[117–119]. These examples of non-radiotherapy clinical trials have shown that longer follow-up of participants in clinical trials may detect toxicities earlier than phase IV post-marketing reporting.

Other non-malignant tissue assays can be prioritised based on the tumour site of interest, such as lung pneumonitis and fibrosis models for drug–radiotherapy combinations used to treat lung cancers, or mucositis models in the case of gastrointestinal tumours[92–96]. These studies must include radiation-only dose responses so that any enhancement of toxicity can be interpreted meaningfully, ideally with the same drug dose or radiation dose schedules used in complementary efficacy experiments. These studies should then give an indication of whether the efficacy of radiotherapy has been preferentially enhanced compared with toxicity, to produce a discernable increase in the therapeutic index. Current challenges for conducting such studies include a lack of standardisation of protocols and limited reporting of data. Future studies should aim to benchmark the effects of such combinations in model systems to provide guidance on the relevance of findings generated with new drug–radiotherapy combinations.

Novel oncology drugs that enter clinical evaluation are now developed from the outset with a strong hypothesis for the subset of cancer patients most likely to respond to treatment. Studies will incorporate the use of exploratory PD and patient selection biomarkers, the latter having the potential to be developed further as a companion diagnostic.

Box 8 | Trial design that could be adapted for drug–radiotherapy combination

The design of a recent clinical study (NCT02264678) enabled increased doses of the ATR inhibitor AZD6738 in combination with chemotherapy and/or novel anticancer agent; this design could be modified to include a radiotherapy treatment. The study design allows changes of study treatment dose and schedule without requiring a protocol amendment, enabling rapid response to emerging clinical data. Further treatment combinations could be explored by submitting a protocol amendment to open an additional module, rather than having to set up a further study, allowing the study to respond to changing of standards of care. One such study has two modules: one exploring a combination with olaparib, the other a combination with carboplatin, and the design has been approved by regulatory authorities in the USA, EU and Korea[120].

A pragmatic approach to patient selection can be to examine whether the relevant tumour types also represent an established setting for the use of radiotherapy (TABLE 1). However, a mechanistic basis might exist for an enhanced therapeutic effect in the combination of a particular signalling inhibitor with radiotherapy, even if the inhibitor has little disease modifying activity alone. Such an effect can be obtained if the drug treatment modulates a key factor that limits the effectiveness of radiotherapy (such as DNA repair, cell-cycle phase redistribution, tumour reoxygenation, cellular repopulation, and intrinsic radiosensitivity; FIG. 1)[97]. Furthermore, the magnitude of enhancement can be dependent on tumour type, and might provide a patient stratification hypothesis for the combination. Given the potential for mechanistic interactions between novel drugs and radiotherapy, preclinical studies should be used to carefully assess combination regimens, using tumour models that are linked to a clinical development strategy. Clinically derived 'signatures' of prognosis following radical radiotherapy, on the basis of genomic and microenvironmental indices, might also be considered for use in patient selection once these biomarkers have been validated in prospective clinical trials[98,99].

Finally, it is important to verify that the PD biomarkers being used for drug evaluation are not adversely influenced by radiotherapy treatment. Additional biomarkers relevant to radiotherapy (DNA-damage end points, tumour vascular perfusion, or tumour hypoxia, among others) should be examined, with further elaboration using intravital imaging[100]. Inclusion of these end points can provide further mechanistic insight into the effects of combination treatment, and might influence the choice of methods incorporated into early clinical studies.

Patient and consumer involvement to raise awareness

Within the UK, patients, carers and others affected by cancer (consumers) are invited to participate in all aspects of the NCRI's work. All consumers are members of the NCRI Consumer Forum, allowing exchange of knowledge and expertise in a coordinated way. In 2015, the NCRI Consumer Forum stated its guiding principle of "working together to build a community with the common purpose of providing patient and public perspectives throughout the research process, to deliver research with better outcomes and experiences for all" (REF. 101). The involvement of patients in trial design is associated with recognized benefits; patients have better outcomes in research-active centres than in other centres, and patients involved in research know more about their condition than patients without that involvement[102]. The experience and expertise of patients and carers is unique, and can inform on trial design. This opportunity enables patients to be part of the solution to the problems faced by researchers when designing a trial. Radiotherapy and drug–radiotherapy combination clinical trials, however, bring with them added complexity. Patients might experience increased risk derived from these therapies than from standard therapy and, of course, each patient and their family will be bringing their own attitude to risk, their context and their values into the trial.

Box 9 | **Approaches to radiotherapy trials quality assurance**

The UK's National Cancer Research Institute's Radiotherapy Trials Quality Assurance group (NCRI RTTQA; http://www.rttrialsqa.org.uk/rttqa/) is one of several international groups leading this field. The NCRI RTTQA has a risk-adapted approach to RTQA, with individualized real-time case reviews of all patients treated within trials of new radiotherapy techniques or novel drug-radiation combinations mandated. NCRI RTTQA activity includes:

- Review trial submission before funding, linking investigators to previous and/or ongoing investigators in the same disease to support streamlining and consistency
- Review detailed radiotherapy protocol, involving external experts and organization of protocol development meetings if needed
- Development, circulation, assessment and feedback of pre-trial benchmark outlining and planning cases
- Development of outlines and plans of risk-adapted on-trial clinical case reviews
- Real-time review of variations from protocol
- Site visits to ensure accuracy of dose delivery and image guidance procedures for novel radiotherapy techniques
- Collation of electronic radiation dosimetry data (dose cubes) for subsequent dose volume analysis

The international requirement for harmonisation of radiotherapy quality assurance (RTQA) within clinical studies led to the formation of the *Global Clinical Trials Quality Assurance of Radiation Therapy Harmonisation Group* (http://rtqaharmonisation.org/) in 2010, with the following goals[78]:

- Collate, homogenise and distribute information regarding the RTQA standards of the clinical trial groups
- Provide a platform for prospective discussions on new RTQA procedures, software tools, guidelines and policies of trial groups
- Provide a framework to endorse existing and future RTQA procedures and guidelines across various trial groups

The fear of the unknown is present in situations in which the patient might already be feeling vulnerable and with decreased hope. The experienced utility (what the patient is living with) and imagined disutility (what might happen) affect patients; mis-imagining the future state has a significant bearing on decision-making. Clinicians bring what is possible to the discussion; the patient brings their preference and what is valuable to them as individuals. To overcome potential barriers, patients need transparency. They need to know about local control end points and end points recognized by regulatory authorities. They need to know about de-escalation, organ-sparing, tumour shrinkage and control, patient-related outcomes and quality of life. They need to be involved as early as possible in the design of the trial so that there are patient advocates who can defend and justify the trial. They require a discourse that first presents the benefits, followed by the risks. They also need support and coaching to enable them to live with uncertainty and accept their situation.

Discussion

Improving long-term control rates and overall survival rates from cancer is of significant societal benefit. We have illustrated that relatively short treatment periods for drug–radiotherapy combinations, or relatively modest changes to the therapeutic index, have the potential to be cost-effective and meaningful for society. Combinations of molecularly targeted drugs with radiotherapy have generally failed to improve overall survival rates for the small number of cancers studied with a dual modality approach. Therefore,

a robust scientific rationale to support new drug–radiotherapy combinations is of great importance. The preclinical package of data required to justify new combinations and to reduce risk from an industry perspective has been outlined in this document. Collaboration between academia and industry, and funding in public–private partnership (including academic entrepreneurship) are essential to the success of drug–radiotherapy combinations, both in preclinical development and in the clinical development plan for a new drug. The new research field of immuno-radio-oncology is likely to dramatically broaden the scope of radiotherapy in the future, beyond its use to achieve local control, organ sparing or cure, by the use of radiotherapy to stimulate responses to systemic therapy. One notable example is the abscopal effect.

We have deliberately challenged the view sometimes expressed in industry that the route to registration for a drug–radiotherapy combination is likely to be long and arduous[10]. Using positive examples, such as the global harmonisation of RTQA and the ability to include radiotherapy in existing clinical trial designs, we have demonstrated the importance of considering this particular combination treatment as early as possible during the development plan for a new drug. In addition to the well-established role of radiotherapy in treating over half of patients diagnosed with cancer, drug–radiotherapy combinations offer significant potential for improving therapy outcomes. Involving patients early in the process, and having honest conversations and explaining the benefits followed by the risks are a first step to achieving this goal. Based on our collective experience, we encourage investigators to follow the guidelines set out in this Consensus Statement in order to increase the number of novel drugs being successfully registered in combination with radiotherapy to improve clinical outcomes for patients with cancer.

Conclusions

There is an unmet need for rational approaches to drug–radiotherapy combinations based on molecular understanding of radiobiology and our increasing ability to translate the most promising results from preclinical model systems. The National Cancer Research Institute Clinical and Translational Radiotherapy Research Working Group (CTRad) formed a Joint Working Group with representatives from academia, industry, patient groups and regulatory bodies to address the recent lack of progress in the field of drug–radiotherapy combinations and to publish recommendations for future research and development. The Working Group decided to divide the courses of action required by investigators in this field in to eight topics, and they consequently agreed eight eminence-based consensus recommendations (BOX 1). The aim of this article, and the consensus recommendations contained within it, is to increase the number of novel agents being successfully registered in combination with radiotherapy to improve outcomes for patients with cancer. The Joint Working Group will reconvene in 5–10 years from publication of this article in order to assess progress achieved in the advancement of drug–radiotherapy combinations.

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Author contributions

Competing interests