Title: Radiotherapy Trial Set up in the UK: Identifying inefficiencies and potential solutions

Article Type: Original Article

Keywords: Radiotherapy; Trials; Cancer

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Manuscript Region of Origin: UNITED KINGDOM

Abstract: Introduction

Radiotherapy clinical trials are integral to the development of new treatments to improve the outcomes of patients with cancer. A collaborative study by the NCRI CTRad and NIHR was performed to better understand if and why inefficiencies occur in the set-up of radiotherapy trials in the UK.

Methods

Two online surveys collected information on the time taken for UK radiotherapy trials to reach key milestones during set-up and the research support currently being provided to radiotherapy centres to enable efficient clinical trial set-up. Semi-structured interviews with project managers and chief investigators identified better ways of working to improve trial set up in future.

Results

The timelines for set up of 39 UK radiotherapy trials were captured in an online survey showing that the median time from grant approval to trial opening was 600 days (range 169-1172). Thirty-eight radiotherapy centres responded to a survey asking about the current support provided for radiotherapy research. The majority of these centres have more than one type of staff member dedicated to supporting radiotherapy research. The most frequent barrier to radiotherapy trial set-up identified was lack of physicists' time and lack of time for clinical oncologists' to perform research activities. Four main themes around trial set-up were identified from semi-structured interviews: the importance of communication and building relationships, the previous experience of the CI and CTUs, a lack of resources and having the time and personnel required to produce trial documentation and to process trial approval requests.

Conclusions

This unique, collaborative project has provided up to date information about the current landscape of trial set-up and research support in the UK and identified several avenues on which to focus future efforts in order to support the excellent radiotherapy trial work done across the UK.

Title

Radiotherapy Trial Set up in the UK: Identifying inefficiencies and potential solutions

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	Keywords: Radiotherapy; Trials; Cancer.
1 2	
3 4	Introduction
5 6 7 8	Radiotherapy clinical trials are integral to the development of new techniques and
9 10	the testing of new treatments to improve the outcomes of patients with cancer. There
11	have been many excellent examples of radiotherapy trials that have made an impact 12 13 clinical practice (1). However, it has previously been recognised that there is
16	scope for shortening the time it takes to set up non-commercial trials in the United 17 18 gdom (UK)(2). In order for UK radiotherapy trials to deliver timely answers to
21	relevant clinical questions, and ultimately, to have the desired impact on clinical 22
23 24 25	practice and patient care, trial set-up must be efficient and streamlined. There is
26 27	growing focus on increasing the impact from research to ensure maximum return for
28 29 30	funder investment and for participating patients' efforts and time (3, 4).
31 32 33	We present the results of a project carried out to better understand if and why
	inefficiencies occur in the set-up of UK radiotherapy trials in order to improve this 35
36 37 38	process in future. This was a collaborative project undertaken by two national
39 40	organisations in the UK: the National Cancer Research Institute (NCRI), through its
	Clinical and Translational Radiotherapy Research Working Group (CTRad), and the 42 43 tional Institute for Health Research (NIHR) which supports the national
46	Radiotherapy Trials Quality Assurance group (RTTQA) and also has responsibility to
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8 9 47	support the timely set-up and delivery of clinical research studies in
49	England.
50 51 were: 52 53	The specific objectives of this project
54	(i) to better understand barriers to timely set-up of radiotherapy trials in
	the UK;
	(ii) to better understand research support currently provided to radiotherapy
	centres to enable clinical trial set-up and delivery;
	(iii) to identify better ways of working to improve set-up times.
	For the purposes of this project, the "central site" refers to the co-ordinating Clinical
10 11 12	Trials Unit (CTU), the "recruiting site" refers to the sites recruiting patients into a trial
13 14	and the "radiotherapy centre" refers to a centre that is providing a radiotherapy
15 16	service.
17 18 the 19	Improving clinical trial set-up times is not a UK only challenge. Therefore,
20 21 22	lessons learned from study will be of interest to both UK and international clinical
23 24	trialists.
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Methods

Two online surveys collected information about radiotherapy trial set-up times and

the current research support available at radiotherapy centres in the UK.

Survey 1 was developed by a multidisciplinary team from work stream 3 (WS3) of

11 CTRad and piloted for content and face validity by one clinical trial co-ordinator. A list 12 13 of all UK radiotherapy trials that had required RTTQA approval between January

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16	2013 and November 2016 was generated from a RTTQA database and the survey 17 18 was sent to both the CTU project managers (PMs) and chief investigators (CIs) for
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21	each of these trials. Although not mandatory, since 2010 it is strongly encouraged 22
23	and an expectation of CTRad and funders that all radiotherapy trials in the UK have
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25 26	RTTQA assessment. Survey 1 collected information on the type of trial, its 27
28	radiotherapy complexity and funding source and asked respondents to report key
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31	milestone dates from grant submission through to site opening and recruitment.
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33	Radiotherapy complexity assessment was based on the QA activity as described in 34 35
	/ RT QA memoranda.(5, 6) One open-ended question asked respondents how
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38	future trial set-up could be improved. The survey was developed and
50	distributed
39	40 using Survey Monkey and all analyses were done using Microsoft
	Excel.
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47	Survey 2 was developed by the NIHR and piloted internally. There were two main
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49	sources of potential survey participants. Firstly, the survey was sent to all 50 51
	liotherapy Leads and Research Delivery Managers (RDMs) in the fifteen Local
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54	Clinical Research Networks (LCRNs) in England. Those recipients were asked to
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distribute the survey to clinical oncology consultants in their local radiotherapy
centres. Secondly, the RTTQA group sent the survey to all Heads of Radiotherapy
Physics and the associated RT service manager in radiotherapy centres in the UK,
with the aim of capturing both the physics and radiographer perspectives. The main
objective of this survey was to gain an understanding of the radiotherapy research
support that exists at radiotherapy centres in the UK. This survey was developed
using Google forms and analyses were done using Microsoft Excel.
Both surveys were online only and were distributed via embedding an online link into
email correspondence. Descriptive statistics were used to report the results.
To address the third objective for this project the CIs, and/or their assigned clinical
rch fellow or CTUPM, of eight UK radiotherapy trials were invited to take part in 22
a semi-structured interview to discuss the set-up process for their particular trial. The
were purposively selected by CTRad WS3 to cover a range of disease sites, 27
radiotherapy complexity and a mixture of pharmaceutical and investigator led trials.
Three CIs, one senior research fellow and two project managers were interviewed.
interviews were face to face and two were via telephone (one being a joint 34 35 with a CI and project manager). Interviews were carried out using a topic

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38 guide but the interviews w	ere informal and participants were able to lead the 39 40
conversation to explore issues o	utside those on the topic guide if relevant. Thematic
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43 analysis (7) using a fra	amework approach (8) was undertaken by two researchers.
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46 Figure 1 provides a de	etailed overview of the methods used in this study.
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Results

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Survey 1 to Radiotherapy Trial Project Managers to elucidate current timelines.

Responses from the CI or trial co-ordinator of 35/55 (71%) trials were received.

Table 1 shows the trial characteristics and time taken to reach key set-up

¹¹ milestones. Figure 2 shows the time to achieve these milestones based on the ¹² ¹³ complexity of radiotherapy treatment.

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17	Survey 2 to radiotherapy research staff to understand current research
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⁹ Thirty-eight responses to survey 2 were received overall, 37 from 13 LCRNs and one
²² I hirty-eight responses to survey 2 were received overall, 37 from 13 LCRNs and one
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25 from Scotland. Four centres submitted more than one response so in total 34 26
27 individual centres out of a possible 62 centres responded. The professional roles for 28 29
individual respondents were not captured.
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33 Thirty (76%) respondents indicated that they were working at radiotherapy centres 34
that recruited to clinical trials. Thirty-five (92%) indicated they had dedicated
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research staff within their radiotherapy departments and most of these (33/35) had
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40 more than one type of staff member (Table 2). The majority of staff, regardless of 41 42
type, were funded by the NIHR Clinical Research Network or by other means such
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45 as commercial trial income. The number of whole time equivalent (wte) staff for 46 47 each
type of post is in Figure 3. The majority of centres have between 0-1 wte of
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50 each staff type in post.
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53 Table 2 outlines the time for key milestones in the process of radiotherapy QA. Most 54
respondents rated the quality and responsiveness of RTTQA as 3-5 out of 5 (28/29 responses
(97%)). Out of 30 responses, 20 respondents indicated that they had experienced a delay in

trial set-up due to processes related to their local research

and development (R&D) department but the majority (25/29 responses (86%)) still rated the quality and responsiveness of their department between 3 and 5.

- Finally, respondents chose factors that they identified as the biggest barriers to efficient trial set-up in their centre. Overall, 72 responses were generated (Table 2).
- There was also a free text box to allow respondents to describe other barriers they encountered that were not pre-specified in the survey. These free text responses were analysed thematically alongside the responses to the open questions. Semi-structured interviews with trial CIs, clinical co-ordinators and 17 18 PMs. Four main themes relevant to trial set-up were derived from the interviews. The 20 21 themes are summarised in Figure 4 and direct quotations from the interview transcripts that are relevant to each theme are in Appendix1. During analysis, 29 barriers were identified that occurred at the central site and the recruiting sites, 30 31 however the themes that emerged are cross-cutting, with relevance at both. This finding indicates that common strategies can be used to tackle these barriers. Theme 1: Establishing and maintaining relationships and pathways of communication with key individuals and organisations. 40
- $_{\rm 41\ 42}$ This theme encompasses the value of constructive relationships between individuals

- 45 and the importance of efficient communication. At the CTU level, establishing and 46 47 maintaining strong pathways of communication with individuals and teams such as 55

medical physicists, laboratory personnel and pharmaceutical companies, was important.

"I did not have any links in the medical physics department to help push this part of the work forward."

"There are inevitable delays when dealing with a large corporationforming good relationships will make this easier for future projects."

At recruiting sites, communication between the CTU, recruiting sites, local R&D teams and RTTQA group was an issue. Communication problems were occasionally attributed to "one off" issues such as an organisational change or changing staff members but more frequently, there were broader issues of knowing whom to

10 contact, having effective pathways of communication and agreeing designated roles

- and responsibilities in advance of set-up.
- "...very difficult to get information from the (RTTQA) website and you really need a contact there to get any 16
 information."

"No-one had spoken to radiology to ask if they would have the capacity to report all of the central research scans

21 to RECIST criteria."

Making use of the skills and resources associated with organisations such as CTRad and RTTQA and identifying key individuals, involving them in key meetings such as

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29	those of the trial management group (TMG) and keeping pathways
	of communication
30	open through active efforts were important solutions.
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34	"There was a physicist and a radiographer on the TMG who interacted with the RTTQA team."
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37	Once established, the advice was to foster relationships formed to build a "network".
38	39 One example of extremely efficient trial set-up was attributed to the work
	done by the
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42	CTU, CI and RTTQA for a previous, similar trial, in building relationships with sites
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44	and providing support in the set-up and RT QA of a novel radiotherapy technique.
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46 47	Finally, incorporating set timelines into RT QA reviews was proposed to improve the
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50	current challenge of effective and timely feedback on radiotherapy test cases.
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53	Theme 2: Role and previous experience of the CI, CTU and recruiting sites.
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The second theme identified was the role and previous experience of the CI, the CTU and the recruiting sites. There was a perceived correlation between inexperience and a lack

of insight into the work required. The issue of the CI having time within their normal job plan allocated specifically to trial related activities was raised.

"It would be difficult to imagine how this workload would feasibly fit with a CI who does not have dedicated research time – it would be impossible."

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11	12 It was suggested that it helps to choose a CI, CTU or recruiting sites with experience
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15	n the particular type of trial being run, but where this is not possible, encouraging 16
17 18	experienced individuals and sites to mentor others can build an environment in which
10 19	
20	more junior researchers, and sites with less trials experience, can flourish. In
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	articular, using resources and contacts provided by CTRad, the use of a deputy CI 23 24 a buddy system between principal investigators (PIs) at recruiting sites were
25	a buduy system between principal investigators (113) at recruiting sites were
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27 28	mentioned.
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30	"CTRad has created a network of people who I could approach for advice." 31
32 33	"Chief Clinical Coordinator Role (Associate CI). This helped communication between the sites/trial team and
34	RTTQA."
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37	The personal attributes of the CI or their delegate, such as the ability to be flexible, 38 39
	mitted and willing to dedicate time to the set-up were recognised as important
40 41	
42	and for the CTU, having robust administrative abilities is important.
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44	Finally, finding avenues of support for recruiting sites that are not always reliant
	on
46	47 the CI or the CTU was offered as a possible solution to improve trial set-
48	up.
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50	"Use the RTTQAThis gives another avenue rather than always having to ask the CI".
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Theme 3: Resources: funding, staffing and infrastructure.

The third theme addressed the resources required for efficient trial set-up. This recognised the challenge of identifying all funding needs at the outset, and securing funding to cover all aspects of the trial no matter how small. Infrastructure at a national level affected the ability of central (CTU) sites to proceed with core trial setup activities. Once the trial had opened at its first recruiting site, additional sites that were affected by poor national infrastructure, such as a lack of specialist

radiotherapy equipment, were slower to open. Lack of staffing at recruiting sites, in 11
 particular research nurses, clinical oncologists and medical physicists, was a 13

14	in the set-up process.
15	common frustration that led to
	"bottlenecks"
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17	- not enough linacs at some sites to absorb this trial."
18	"There was a lack of
	radiotherapy resources at sites
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20	"Some consultants were working aloneand did not have time to do the voluming."
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23	Some interviewees felt that there was "no slack in the system" and there were "no
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25	solutions" to address national infrastructure and staff capacity. Others identified
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28	using national commissioning programmes (Commissioning through Evaluation) in
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30	England or employing additional staff to do specific tasks in the CTU as possible 31 32
	solutions.
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	Theme 4. Time and nerconnel needed to preduce trial decompation and to
36	Theme 4: Time and personnel needed to produce trial documentation and to
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38	process trial approval requests.
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41	The last theme identified was the work required by all parties during trial set-up. This
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44	included development of trial documentation, specifically the trial protocol and 45
46	radiotherapy aspects of the protocol or radiotherapy planning guideline document, 47 48
	the pharmacy and R&D and the RT QA documents. If there were external parties
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51	such as pharmaceutical companies involved, any iteration of
	documents such as the
52	trial protocol required approval from more key players.
52 54	ss that protocol required approval norm more key players.
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	"Each time the protocol for the trial was altered the pharmaceutical company, as well as all the other parties
	involved in the trial had to review each iteration which took time."
	involved in the trial had to review each iteration which took time."
	The advice given was to start development early, to use help from national

organisations and to avoid using irrelevant document templates.

"RTTQA acted as a "safety net" as physicists were reviewing the RT protocol.

"I would now be wary of trial protocol templates... make sure that it is appropriate for the trial that you are developing."

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11 13	12 Surveys 1 and 2 free text comments: qualitative analysis.
14	15 Free text responses to open questions in the two online surveys were coded
16 17 18 19 21 22	independently of the interview data, followed by comparison between the two different sources. The themes arising from the surveys were consistent with those
22	developed from the interview data.
24 25	
	In survey 1, a specific solution proposed to improve communication between CTUs 27 28 d RTTQA was to include all interested parties (CTU, RTTQA and recruiting sites)
31 34	into correspondence to improved transparency around timelines and review 32 33 activities. A barrier not mentioned in the interviews was the challenge of dealing with
35 36	an international trial group, particularly organising trial documents. Adapting 37
38 39 40	radiotherapy guideline documents to be used by sites across the UK with different
41 42	planning systems and differences of opinion in correct cost attribution of research
43 pic 46 47 48	related activity between CTUs and some recruiting sites were also barriers not 44 45 ked up in the interviews.
	In survey 2, the "other" barriers to set-up identified by radiotherapy research staff 50
fun	were analysed. There was a strong focus on the theme of resources. In particular, 52 53 ding for all staff and difficulties with staff capacity of data managers, trial co- ordinators, nurses, clinical oncologists and medical physicists.
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"Trials should have a funding component for centre (local) physics support that could be given to centres to support staffing."

One respondent suggested a national approach of enhancing funding and there was some cautionary advice from previous experience.

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13	"Savings made by centres taking part in trials (e.g. leading to less RT, hypo fractionated trials leading to less
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15	costs) should be reinvested to centres/RTTQA to ensure excellent radiotherapy nationally."
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19	"When IMRT was rolled out, many centres including our own had no help or teaching in what we were doing. The
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21	same will be true of SABR and any other techniques." 22
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25	Survey 2 also asked respondents to suggest how the RT QA and R&D processes 26 27
COL	Id improve. There was a resource specific suggestion for RT QA concerning
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30	better data uploading facilities for benchmark cases, but the majority of suggestions 31
32	centred on communication. Some responded that the R&D teams did not understand
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35	the processes involved in set-up for trials involving radiotherapy, in particular the RT 36
37	QA component and the excess treatment costs required at sites. With regards to 38 39
R&	D staffing there were frustrations around holiday cover, dealing with the work
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required paperwork. Finally, delays in drafting and organising documents such as lonising Radiation Medical Exposure Regulations (IRMER) and finance approvals vere highlighted.

Discussion

was lengthy at 600 days. Whilst this is not felt to be unusual for academic cancer trials, the set-up of high quality radiotherapy trials requires some additional steps which can extend the set-up period. We used a mixed methods approach to identify by UK trial teams to make this process more efficient. The participation in this project from PMs, radiographers, physicists, clinicians and Cls shows a willingness to engage in research to find ways of improving the set-up process. Respondents highlighted their perceptions of the benefits of good quality and efficiently run radiotherapy trials.	trials, the set-up of high quality radiotherapy trials requires some additional steps which can extend the set-up period. We used a mixed methods approach to identify the challenges facing radiotherapy trial set-up and the solutions that have been used 14 by UK trial teams to make this process more efficient. The participation in this project from PMs, radiographers, physicists, clinicians and CIs shows a willingness to engage in research to find ways of improving the set-up process. Respondents highlighted their perceptions of the benefits of good quality and efficiently run radiotherapy trials.		The median set up time for the sample of radiotherapy trials included in our study
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29	"Radiotherapy research should be an essential and mandatory aspect of daily work. It is not. It is the best way to
30 31	ensure national QA and for teaching new techniques. All centres should be made to take part, if they have the
32	right support."
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34	<u> </u>
35	"Patients can then be treated close to home, knowing they are offered the latest trials and treatments."
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	uragingly, there were some examples of trials opening in less than one year 39 40
0	nt approval (an often applied expectation) and most opened within 6 months
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43	of their planned start date. Approvals from large organisations such as Health
44	45 Research Authority (HRA) and the Medicines and Healthcare products
	Regulatory
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48	Agency (MHRA) were efficient and respondents explained that this was because the
49	50 timelines for the processes involving these organisations were often
-	agreed in
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53	advance and transparent.
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	It is clear that there is a significant amount of work during trial development, this is
	resource intense and not feasible to complete before funding approval. It should
	therefore be expected that there will be considerable time between funding being
	awarded and submission for regulatory approvals to allow detailed development of

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trial documentation, including protocol development and definition of radiotherapy specific guidelines.

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¹³ 14 Many respondents reflected that if they had better understood the main tasks 15 16 involved in trial set-up, especially in relation to the radiotherapy component, they
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19 could have pre-empted the workload. There was often a lack of understanding at the 20 21
site level, local R&D and at the LCRN level about how complex radiotherapy trials
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²⁴ differ in expected local set-up time compared to clinical trials with investigational ²⁵
26 medicinal products alone. Local and national recognition of timelines, radiotherapy
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29 processes and documentation requirements would streamline progression once
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31 funding has been agreed.
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There were several examples of insufficient funding or staff at central and recruiting
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37 sites to complete radiotherapy specific tasks. This lack of funding, and realistic 38
estimates of the time required to do the tasks, was often not recognised in research
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42 applications, funding awards or trial development timelines.
43 44
45 The limitations of the project include that there is no known denominator for survey 2 46
to indicate how many individuals received the survey. For both surveys, there is no
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50 51	information on the non-responders, which means that the study is open to response
52 54	bias. There is a possibility that those who replied to the surveys had more issues 53 with trial set-up than the non-responders. A small number of interviews were
	undertaken, which covered trials with a range of radiotherapy complexity and which
	involved different members of the set-up team. Despite these small numbers
	saturation was reached and there was concordance between the survey free text
	comments and the interviews.
	In identifying and addressing these key challenges, it is hoped that set-up of UK
	radiotherapy trials can further improve, to drive forward trials that answer key clinical
10 11 12	questions for patients, and permitting the UK Clinical Oncology community to build
13 14	on its strong reputation for supporting excellent radiotherapy research. Some
15 16 17	solutions to the challenges identified are not easily surmountable and will require
18 19	time, better funding and improvements in national infrastructure and resources.
20	However, to begin the process, we have proposed a number of pragmatic solutions 21 22 at may be relatively straightforward in their implementation. Table 3 outlines
25	strategies to address the challenges cited by survey respondents and interviewees, 26
27 28 29	indicating those already in action plus possible future solutions to improve
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trial set-up in the UK.

Conclusions

Clinical trial set-up times can be lengthy. One of the biggest barriers to efficient trial set-up at radiotherapy centres is a lack of dedicated medical physics time at sites and protected clinical time to carry out trial specific activities. We identified key

11 themes regarding the challenges faced by CTUs and recruiting sites during trial set12 13 up and have reported examples of solutions adopted to overcome these barriers. All

- stakeholders must work together to support continued delivery of practice changing 17
 radiotherapy trials in a timely fashion. We highlight areas for development and have

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	provided immediate pregmetic colutions to support timely opening of redictbergey
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Table

Table 1: Results of Survey 1

	Number n=39 trials (Percentage)
Radiotherapy trial details	
Included an investigational medicinal product Randomised	16 (41%) 33 (85%)
Complexity of radiotherapy treatment used in the trial	
Minimal Basic Moderate Complex	4 (10%) 4 (10%) 9 (23%) 22 (56%)
Treatment Intent	
Neo-adjuvant Radical Adjuvant Palliative Mixed	5 (13%) 21 (54%) 8 (21%) 4 (10%) 1 (3%)
Trial Funder	
Industry only Government including research council Charity Charity and Industry	1 (3%) 5 (13%) 31 (79%) 2 (5%)
Trial Milestones (n=number of completed responses to each question)	Median Time in days (range)
Grant approval to ethics approval (n=32) Grant approval to radiotherapy planning document finalisation (n=18) Grant approval to first recruiting site opening (n=30) Ethics submission to ethics approval (n=37) Ethics approval to first recruiting site opening (n=34) MHRA submission to MHRA approval (n=13) Time between planned start date and actual start date (n=28) First site opened to patient recruited at that site (n=29)	375 (16-1169) 365 (128-1238) 600 (169-1172) 72 (16-133) 203 (75-431) 51 (24-374) 175 (7-353) 36 (0-202)

Radiotherapy centres with a research strategy	20 (53%)
Patient and public involvement	Number of responses (20 replies to this question)
Patient and public involvement in the research strategy	12 (60%)
Number of trials open at each Radiotherapy Centre	Number of responses (30 replies to this question)
None 1-5 trials 6-10 trials 11-20 trials >20 trials	1 (3%) 11 (37%) 6 (20%) 9 (30%) 3 (10%)
Types of radiotherapy research staff*	Number of responses (100 responses from 38 respondents)
Radiographer Physicist Research nurse Data manager Other (e.g. clinical oncologists, PhD students, clinical fellows, statisticians and clinical scientists).	31 (31%) 23 (23%) 16 (16%) 17 (17%) 13 (13%)
Biggest barriers to efficient radiotherapy trial set up*	Number of responses (72 responses from 38 respondents)
Lack of clinical oncologists' time Lack of physicists' time Lack of radiographer or research nurse support Lack of local R&D support Other	16 (22%) 19 (26%) 13 (18%) 8 (11%) 16 (22%)
Important milestones in radiotherapy QA process	Number of responses (percentage)
Time for clinical oncologist to volume test case (30 responses) 2 weeks 1 month 2 months >3 months	5 (16%) 12 (40%) 9 (30%) 4 (13%)
Time from physics department receiving to physicist completing benchmark case (29 responses) 1 week 2 weeks 1 month 2 months >3 months	2 (7%) 3 (10%) 16 (55%) 6 (21%) 2 (7%)
Time for feedback from central RTTQA after benchmark case submission (29 responses) 1 week 2 weeks 1 month 2 months Table 2: Results of Survey 2	3(10%) 12 (49%) 10 (34%) 4 (14%)

Table 2: Results of Survey 2

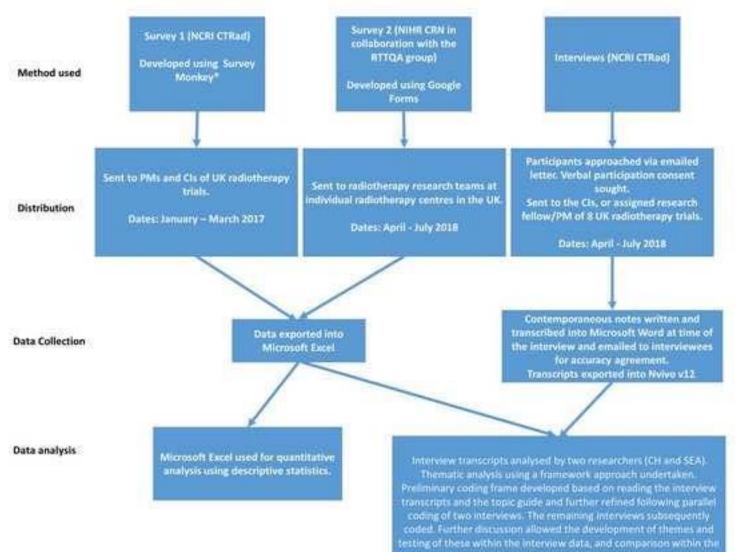
* Respondents could chose more than one answer for this question.

Table 3: Strategies to improve UK radiotherapy trial set up

	Strategy for change	Already in action or possible future solutions
Establishing and maintaining relationships and pathways of communication with key individuals and organisations		
RTTQA group responsiveness	Implement turnaround time for RT QA submissions.	Turnaround times for pre-trial and on-trial case reviews defined. All trials allocated a trial-specific generic email address for multiple user access to ensure back up for RT QA review.
RTTQA group accessibility	Improve website organisation and functionality.	Website facility being reviewed as part of the larger RTTQA group IT infrastructure development.
Role and previous experience	e of the CI, CTU and recruiting site	S
Supporting the CI and CTU	Develop radiotherapy trial protocol and planning guideline templates.	Radiotherapy protocol checklist available through CTRad to support the writing of the radiotherapy aspects of a protocol. RTTQA can provide radiotherapy planning guideline templates. Previous trial documentation available on request through the appropriate channels to support the writing of new trial protocol and guidelines.
	Develop a practical guide to setting up a radiotherapy trial to assist less experienced CIs & CTUs identify work required. This should include expected timelines with the aim of reducing the lengthy time between grant approval and	CTRad WS3 and RTTQA working group convened to promote closer relationships and standardise working practices between RTTQA and all UK CTUs. There are plans by RTTQA to routinely record and audit trial set-up times for every trial at each centre from April 2020. This will provide transparency, indicate if expected timelines are realistic and being met, and highlight areas for ongoing
	ethical approval. Supporting and educating CTU specialist staff.	improvement. CTRad & NCRI Cancer CTU Group Radiotherapy workshop to explain RT treatment, delivery and side effects to CTU staff working on RT trials.
	Improved correspondence and sharing of information between RTTQA and CTUs.	Include all parties in correspondence where appropriate but particularly in relation to site approvals.
	Invite key members of the multi- disciplinary team onto the TMG.	Incorporate this suggestion into any guidelines regarding protocol development group.
	Support recruiting centres that have less experience in setting up and running radiotherapy trials.	Set up buddying of high recruiting centres with new centres that share the same RT technology to offer support with planning aspects in the early stages.
	Encourage more junior researchers to get experience in trial set-up early in their career.	Create "Chief Clinical Co-ordinator" or "Associate CI" role for junior investigators to work under the mentorship of the trial CI. Create similar roles for trainees at recruiting sites: "Associate PI" roles. This is already in progress for UK surgical trainees.
Lack of dedicated resources	(e.g. funding, staffing and infrastru	ucture)

Efficiency of IT infrastructure	Better data uploading facilities.	RTTQA group addressing data upload and storage for clinical trials. New platform in pilot testing phase. Full implementation by 2020.	
CRNs/funding	Highlight correct cost attributions for RT QA activity.	In 2010, the Department of Health agreed that clinical trial radiotherapy QA is over and above routine QA, and therefore should be defined as a NHS Service Support cost and funded through local CRN funding. Study teams should ensure RT QA activities are clearly defined in Schedule of Events and Cost Attribution Tool (SOECAT) as Service support costs.	
Time and personnel needed to produce trial documentation and process trial approval requests			
Reduce RT QA workload	Streamline RT QA submissions with previous QA completed and define timelines for submissions and review.	Streamlining implemented on an anatomical site basis. Funding available for RT QA workshops to support implementation of new radiotherapy techniques in clinical trials.	

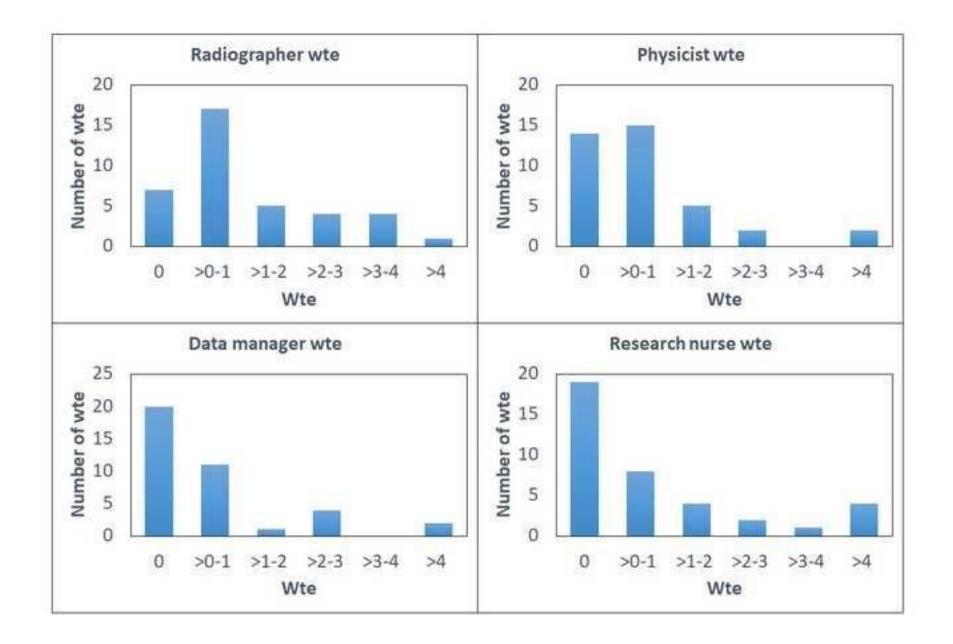
RTTQA: Radiotherapy Trials Quality Assurance Group; QA: Quality Assurance; RT: Radiotherapy; CI: Chief Investigator; PI: Principal Investigator; CTU: Clinical Trials Unit; CTRad: Clinical and Translational Radiotherapy Research Working Group; WS3: Work Stream 3 (phase III trials and methodology); TMG: Trial Management Group; IT: Information Technology; CRNs: Clinical Research Network; NHS: National Health Service, SOECAT: Schedule of Events and Cost Attribution Tool.



qualitative data derived from the surveys.

Illustrations Click here to download high resolution image





CENTRAL SITES (CTUS) R E THEME 1 THEME 2 c **Establishing and maintaining** R Role and previous experience relationships and pathways of U of the CI, CTU and recruiting communication with key sites individuals and organisations т 1 N G THEME 3 THEME 4 Lack of dedicated resources e.g. Time and personnel needed to s funding, staffing and produce trial documentation 1 infrastructure and process trial approval T requests E s

Supplementary data file Click here to download Supplementary data file: Appendix 1_for submission.docx *ICMJE Form